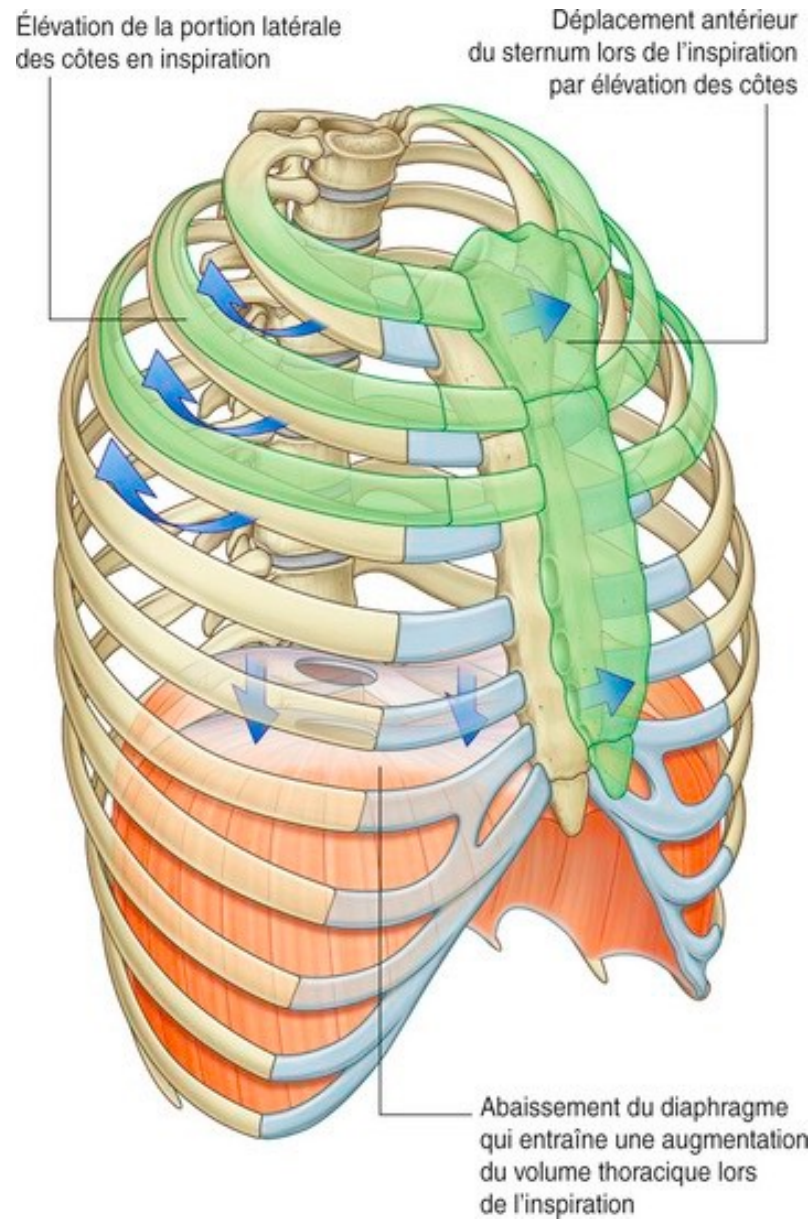
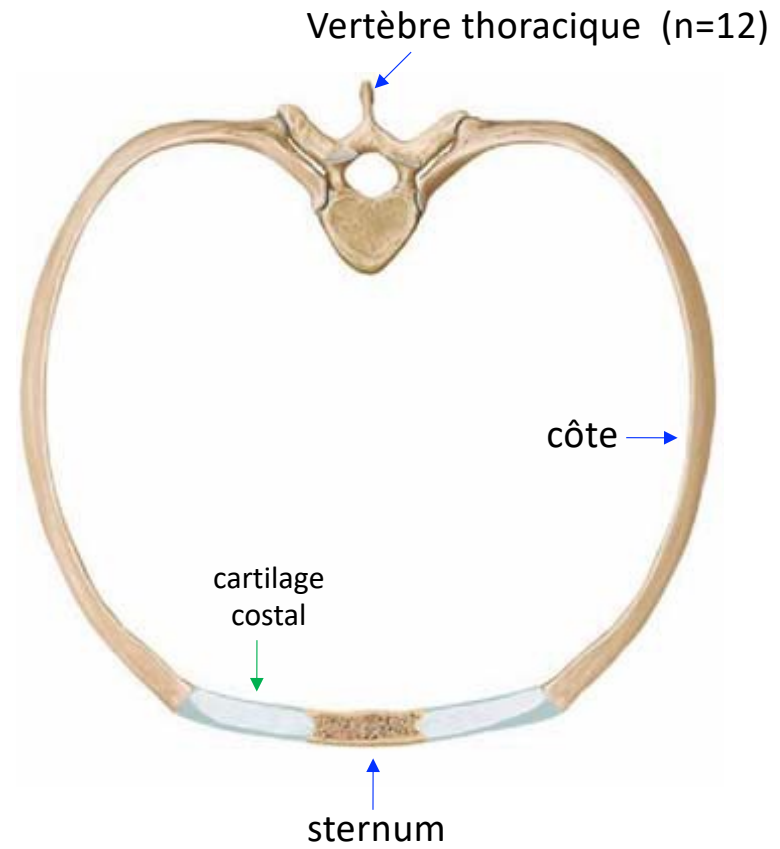
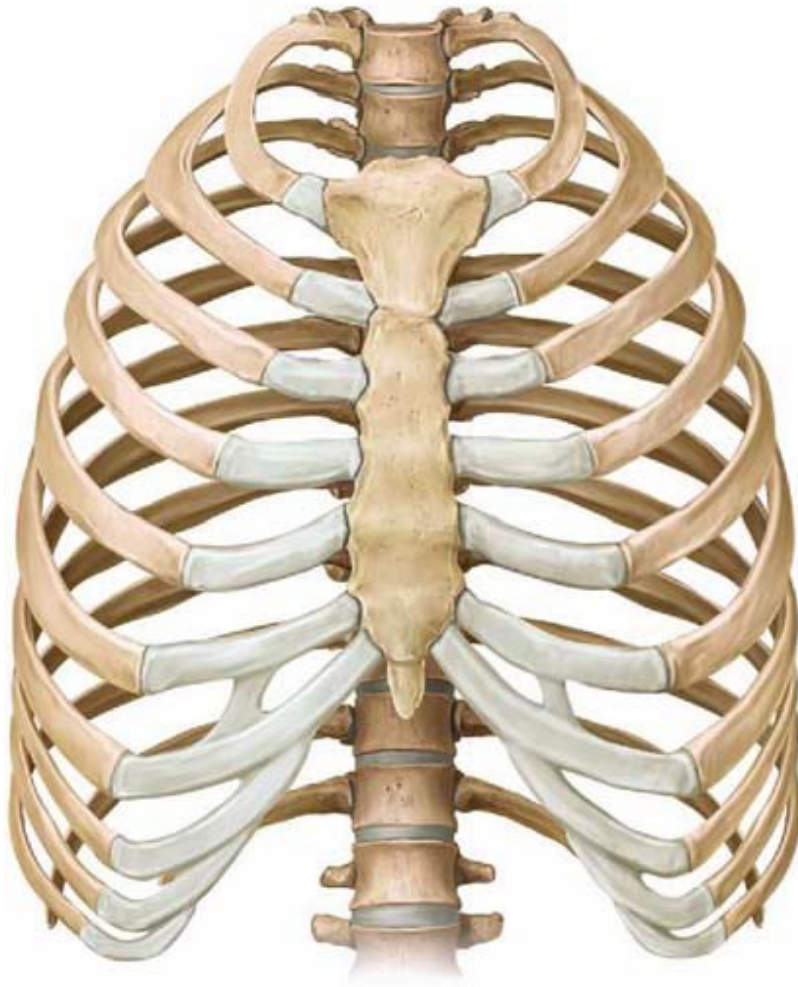


# Mécanique ventilatoire

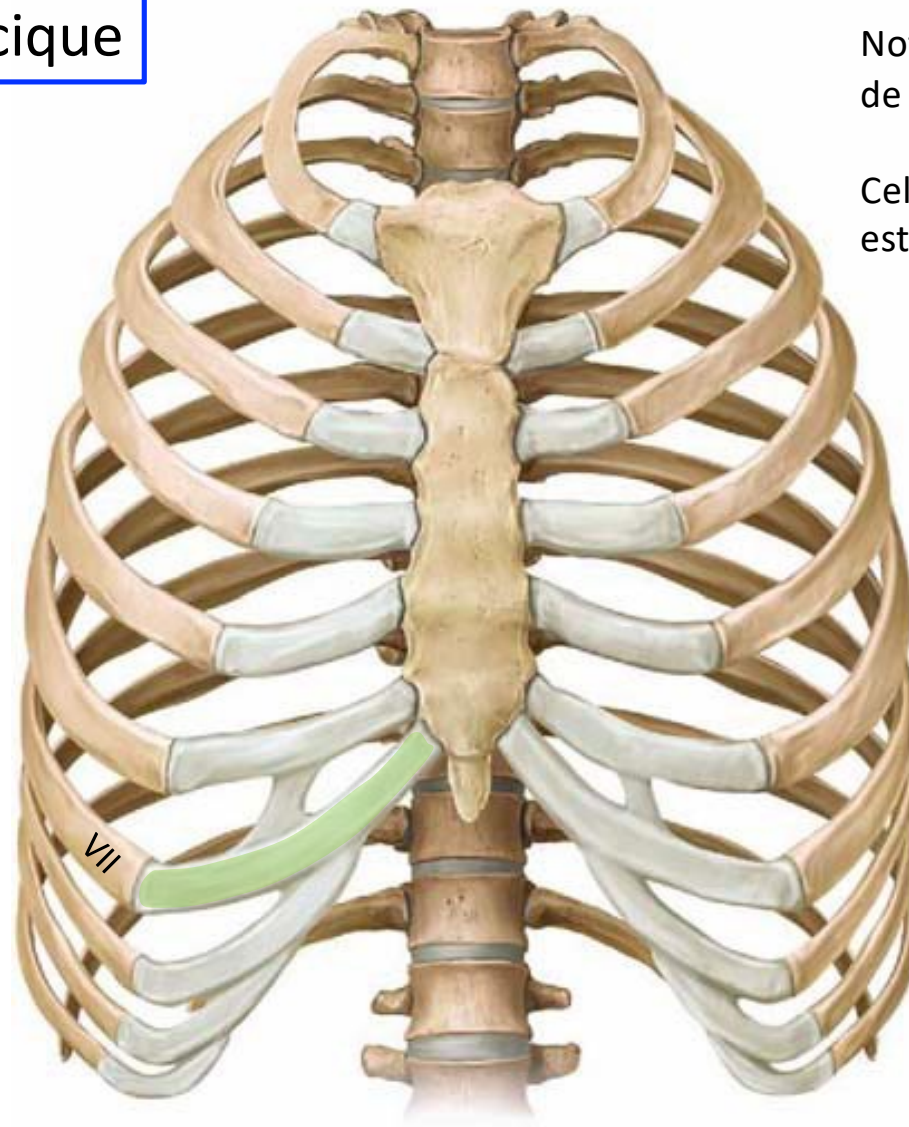
Variation du volume thoracique



# La cage thoracique



## Cage thoracique

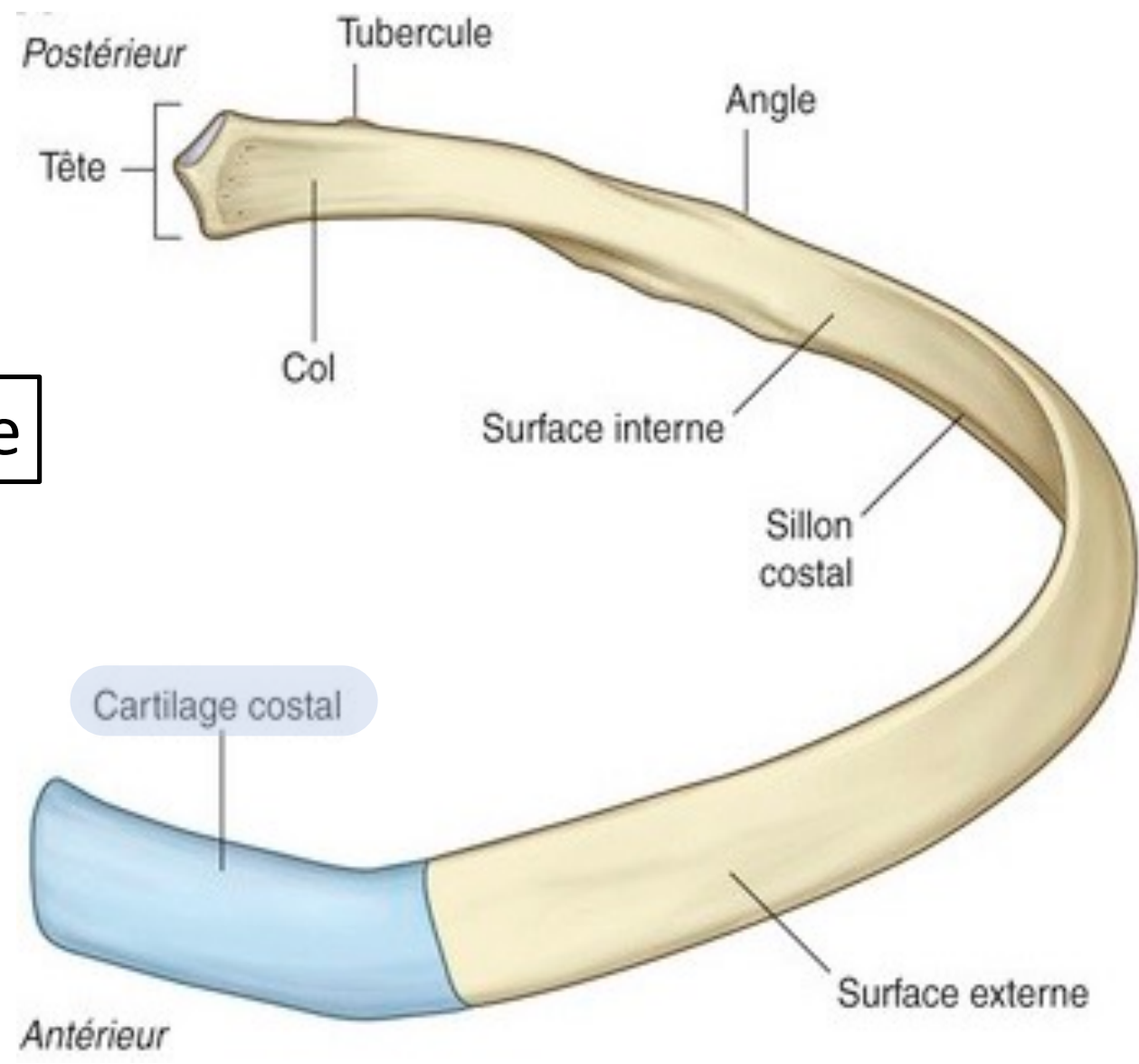


Notez que les côtes sont **obliques** de haut en bas et d'arrière en avant.

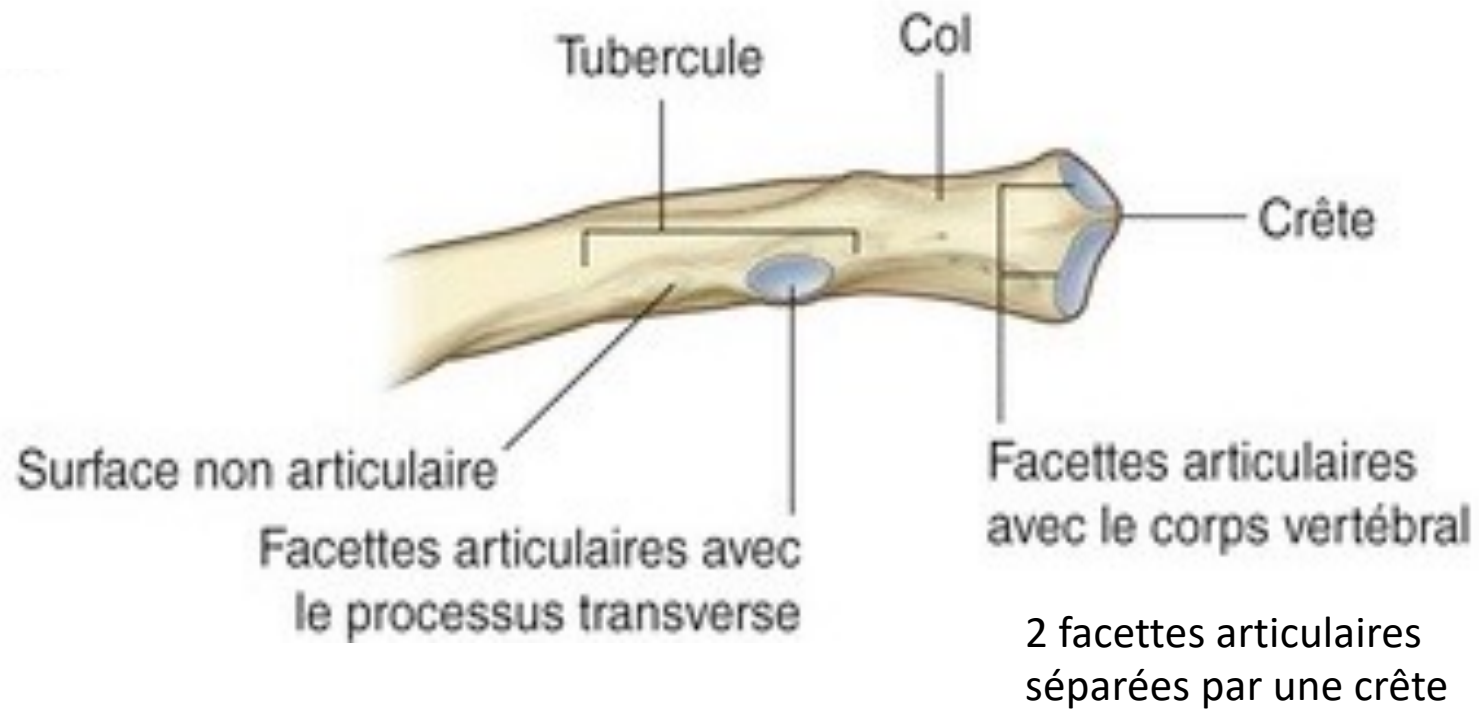
Cela signifie que l'arrière d'une côte est plus haut que son cartilage costal.

Vue antérieure

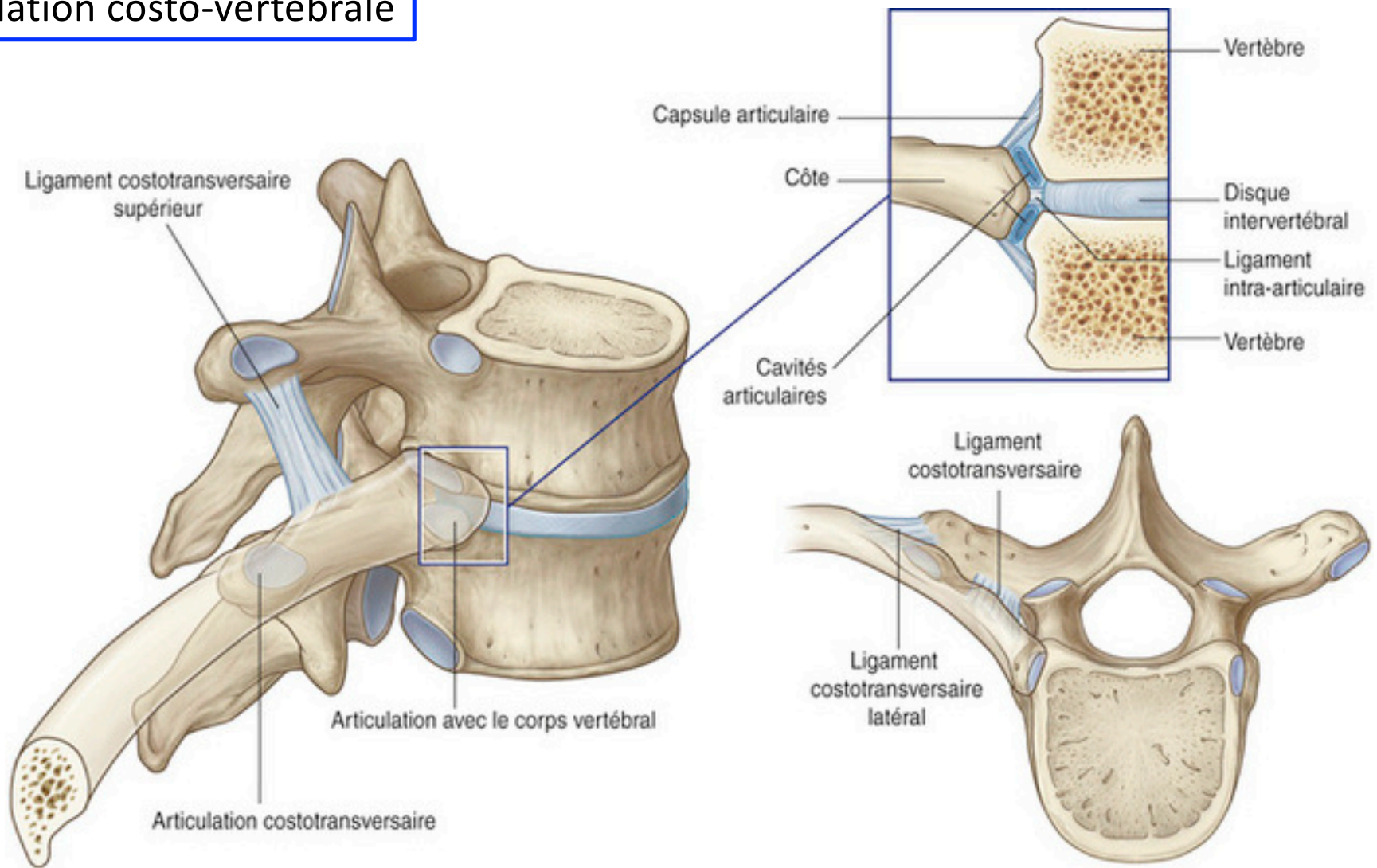
Une côte



## Côte : extrémité postérieure



# Articulation costo-vertébrale



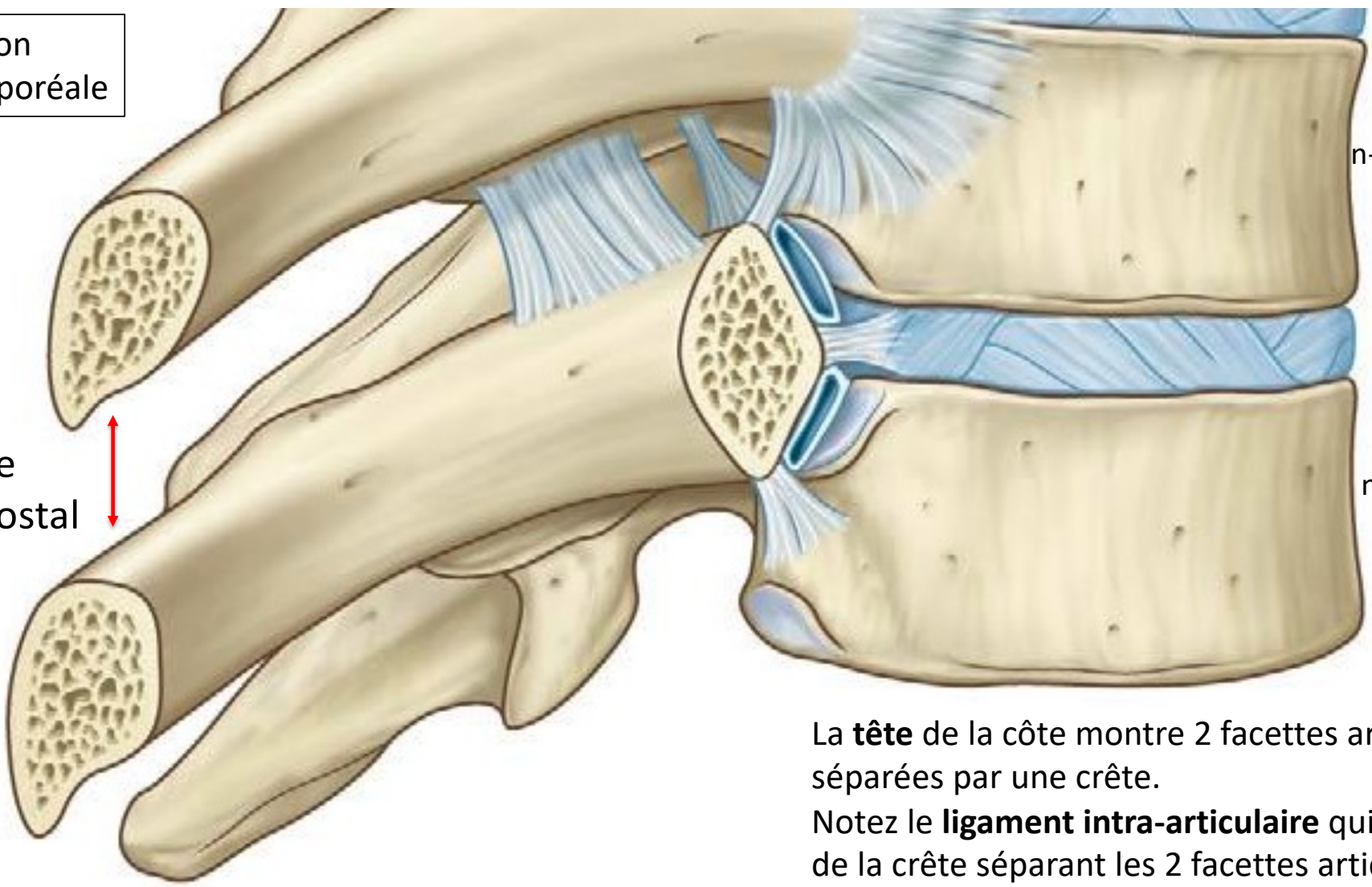
Articulation  
costo-corporéale

n-1<sup>ème</sup> vertèbre  
thoracique

Espace  
intercostal

n<sup>ème</sup> vertèbre  
thoracique

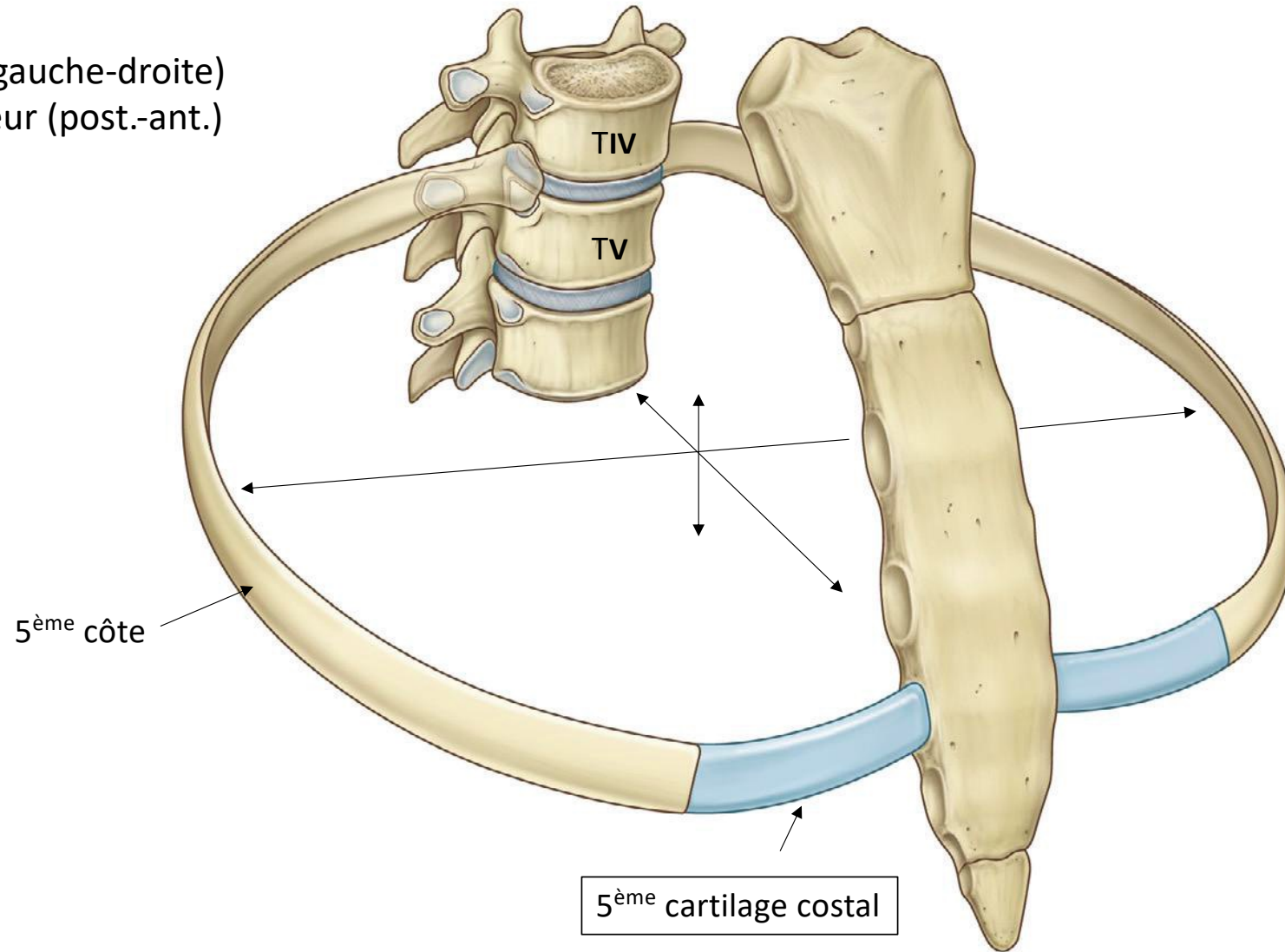
n<sup>ème</sup> côte



La **tête** de la côte montre 2 facettes articulaires séparées par une crête.  
Notez le **ligament intra-articulaire** qui va de la crête séparant les 2 facettes articulaires vers le disque intervertébral.

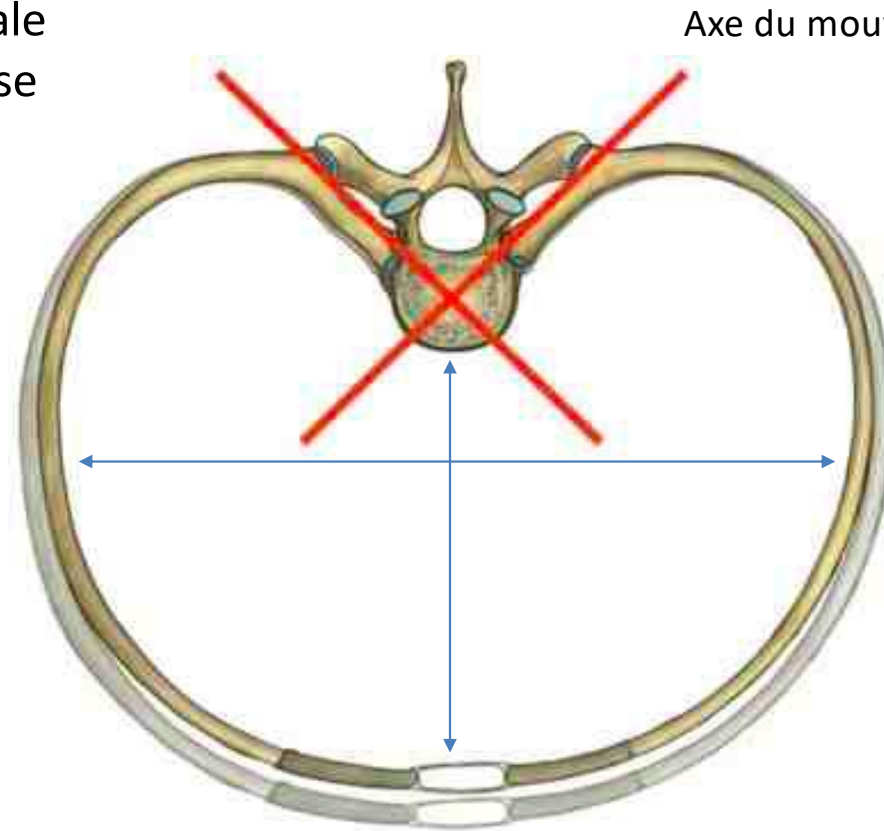
### Les 3 dimensions de la cavité thoracique:

- largeur (gauche-droite)
- profondeur (post.-ant.)
- hauteur



L'extrémité postérieure d'une côte participe à 2 articulations :  
- articulation costo-corporéale  
- articulation costo-transverse

Mouvement : rotation au tour d'un axe



Axe du mouvement

Diamètre transversale  
(droite - gauche)

Diamètre antéro-postérieur



Analogie du seau et de son anse

# Le sternum

3 parties :

- ◇ manubrium
- ◇ corps
- ◇ processus xiphoïde

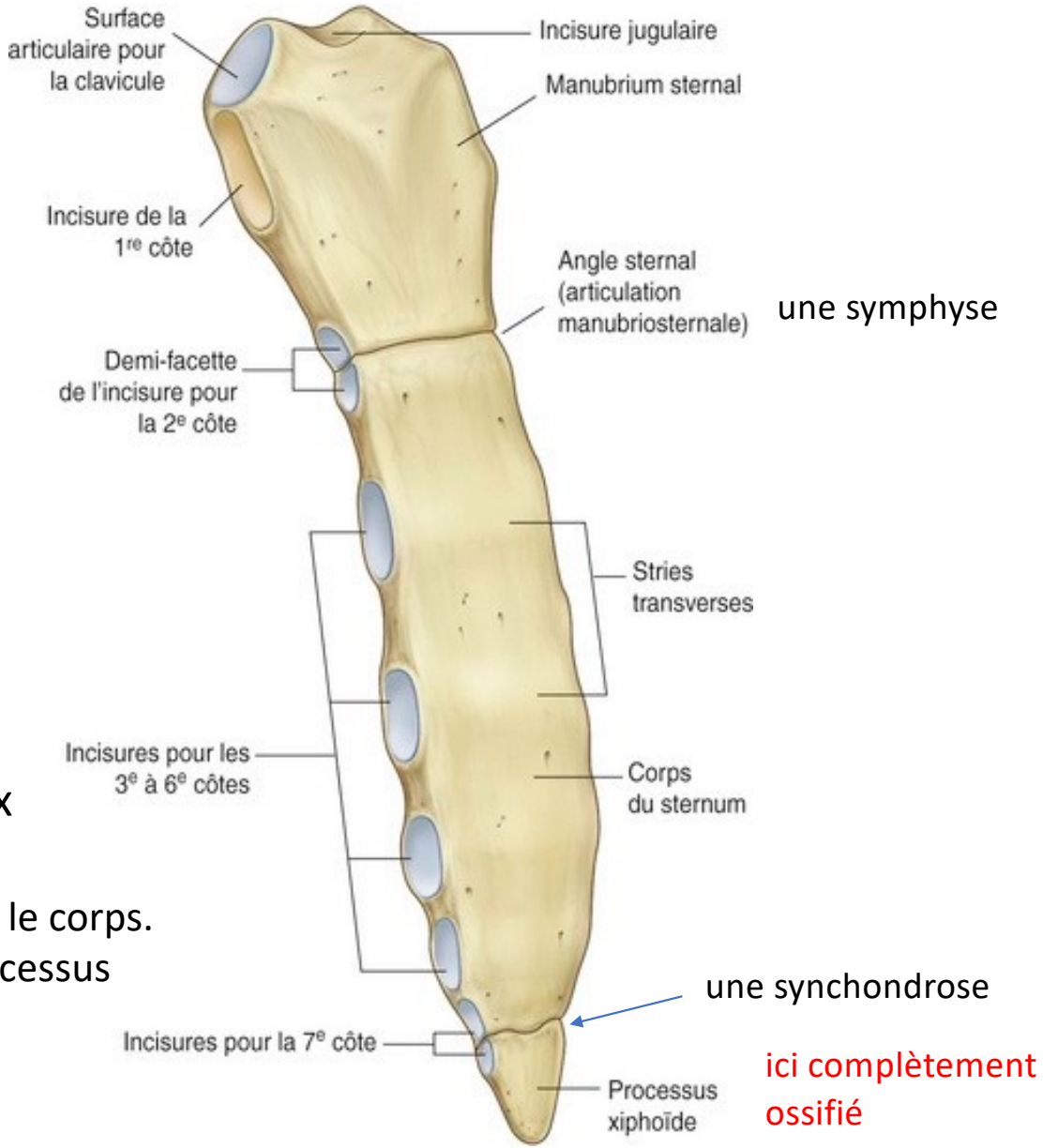
2 articulations :

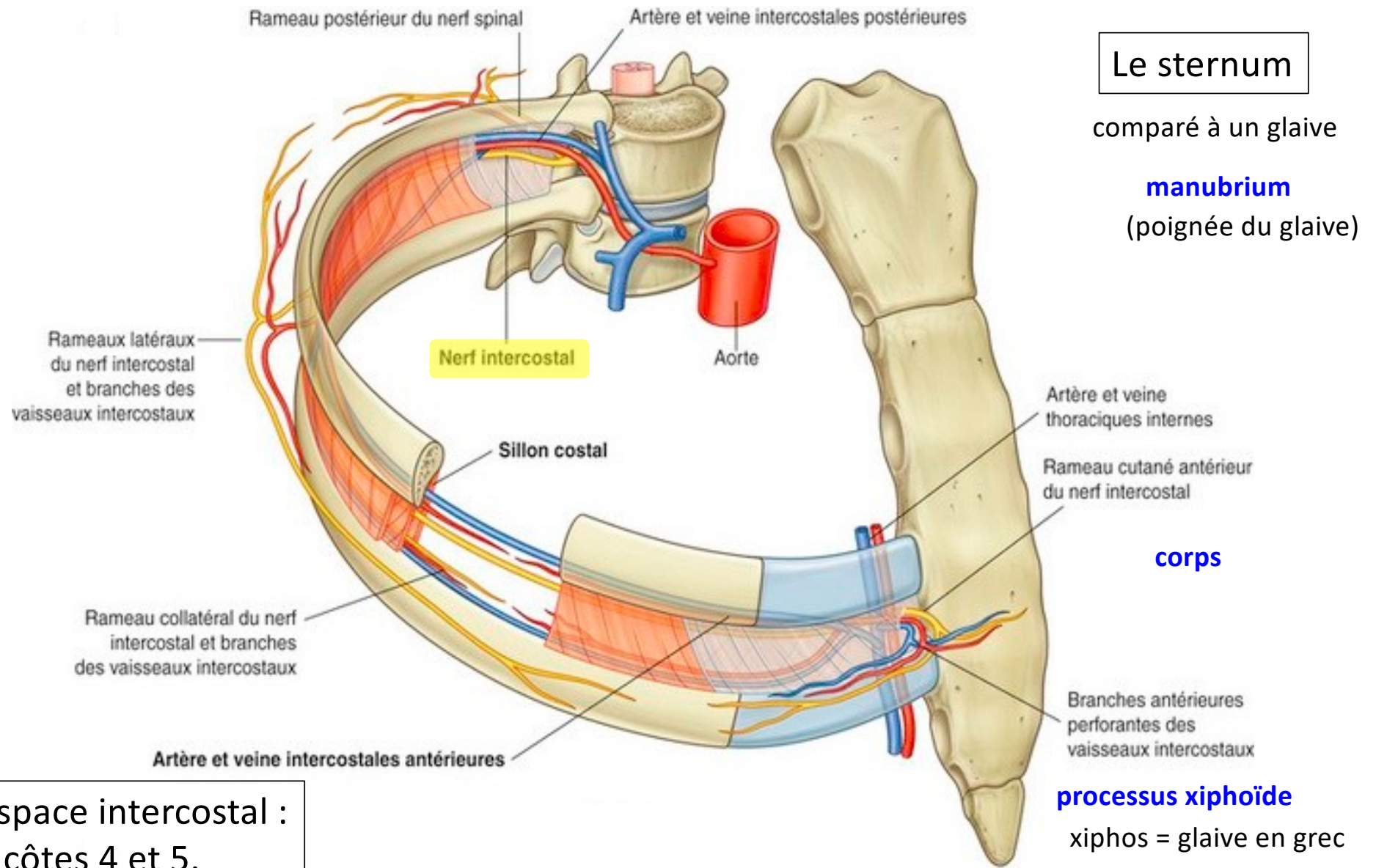
- manubriosternale
- xyphosternale

Les 7 premiers cartilages costaux contactent le sternum.

La 2<sup>ème</sup> côte contacte le manubrium et le corps.

La 7<sup>ème</sup> côte contacte le corps et le processus xiphoïde





Le sternum

comparé à un glaiive

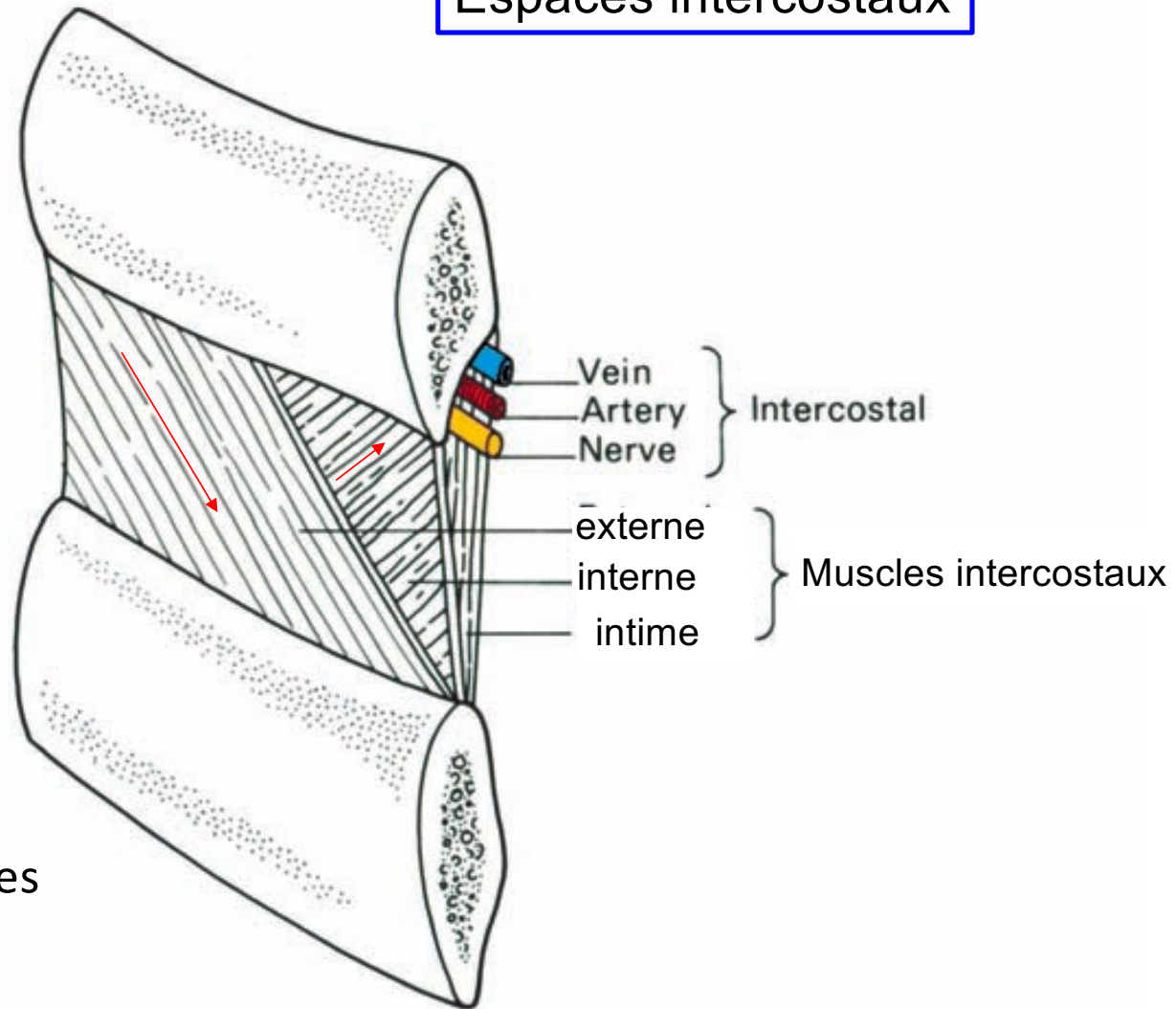
**manubrium**  
(poignée du glaiive)

**corps**

**processus xiphoïde**  
xiphos = glaiive en grec

Le 4<sup>ème</sup> espace intercostal :  
entre les côtes 4 et 5.

## Espaces intercostaux



Notez l'orientation des fibres musculaires.

## Espace intercostal

3 muscles intercostaux ;  
muscles respiratoires accessoires

### Muscle intercostal **e**xterne

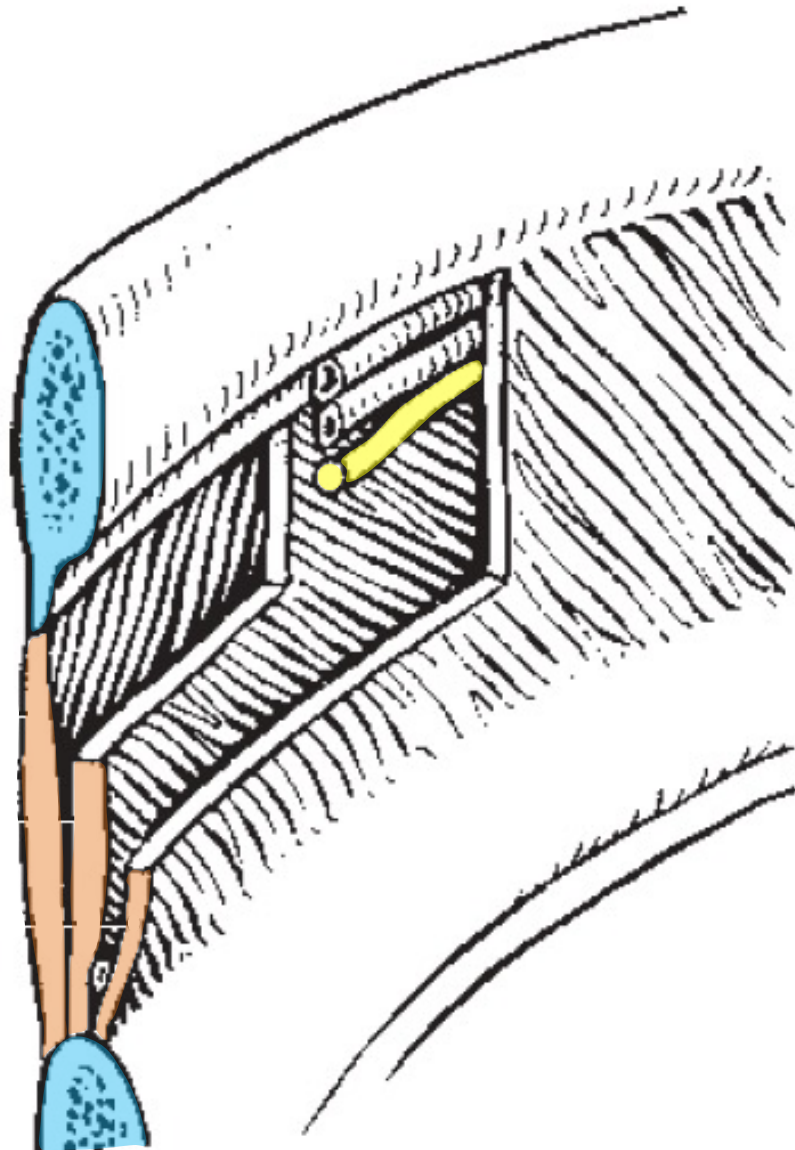
muscle **i**nspiratoire

#### **O**rigine :

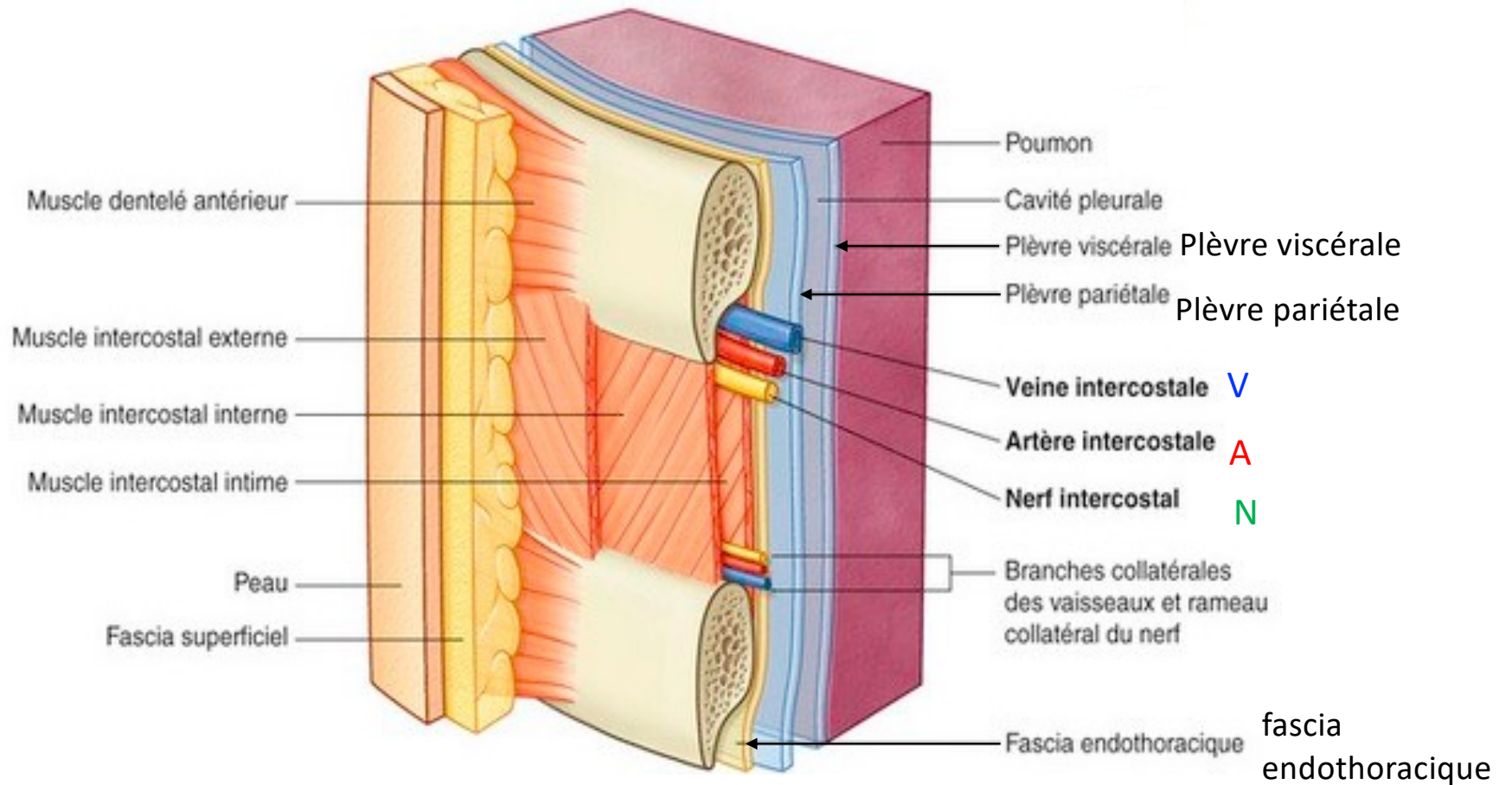
bord inférieur de la côte sus-jacente

#### **I**nsertion

bord supérieur de la côte sous-jacente



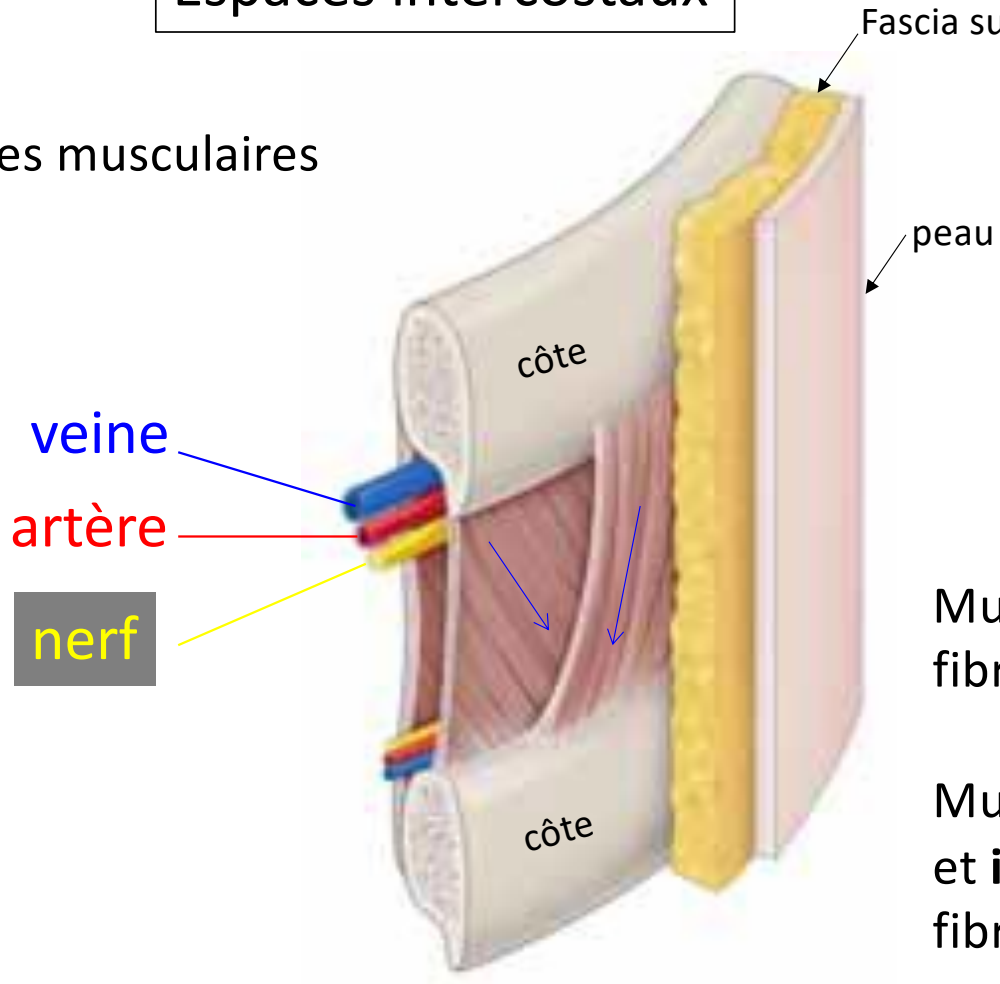
# Espaces intercostaux



Le fascia endothoracique et la plèvre pariétale sont accolés.

# Espaces intercostaux

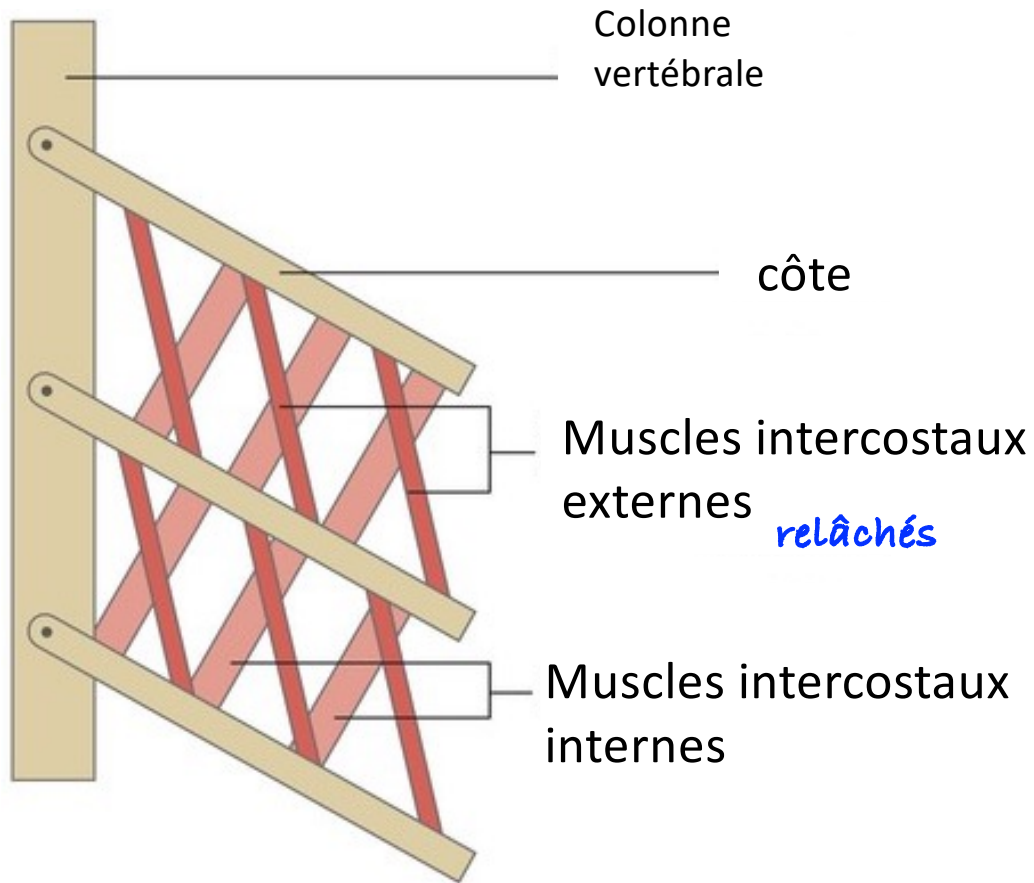
3 couches musculaires



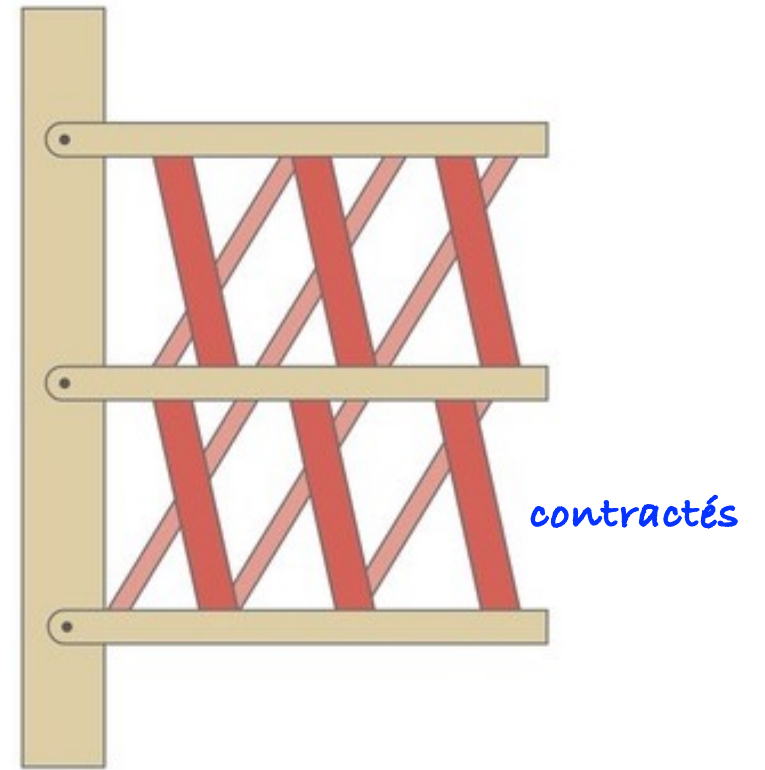
Muscle intercostal **externe** :  
fibres **obliques vers l'avant**.

Muscle intercostal **interne**  
et **intime** :  
fibres **obliques vers l'arrière**.

# Actions des muscles intercostaux



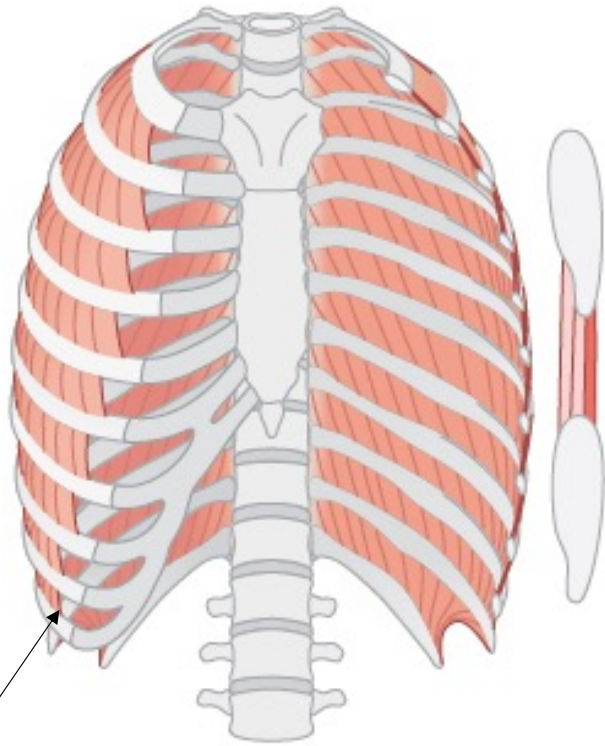
expiration



inspiration

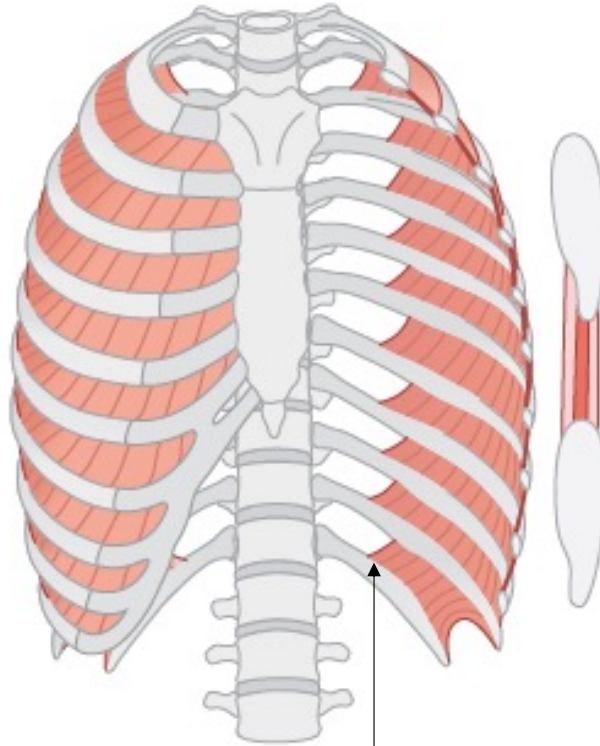
# Muscles intercostaux

externe



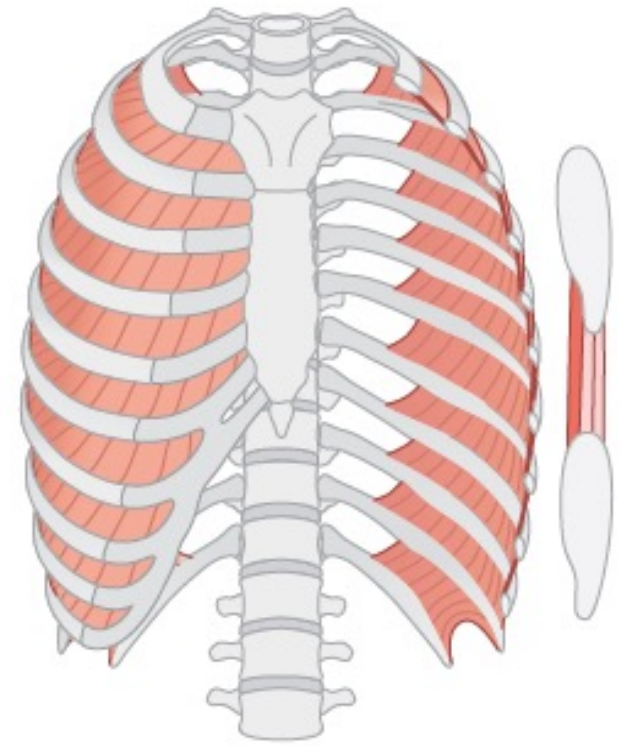
La partie charnue s'arrête ici !

interne



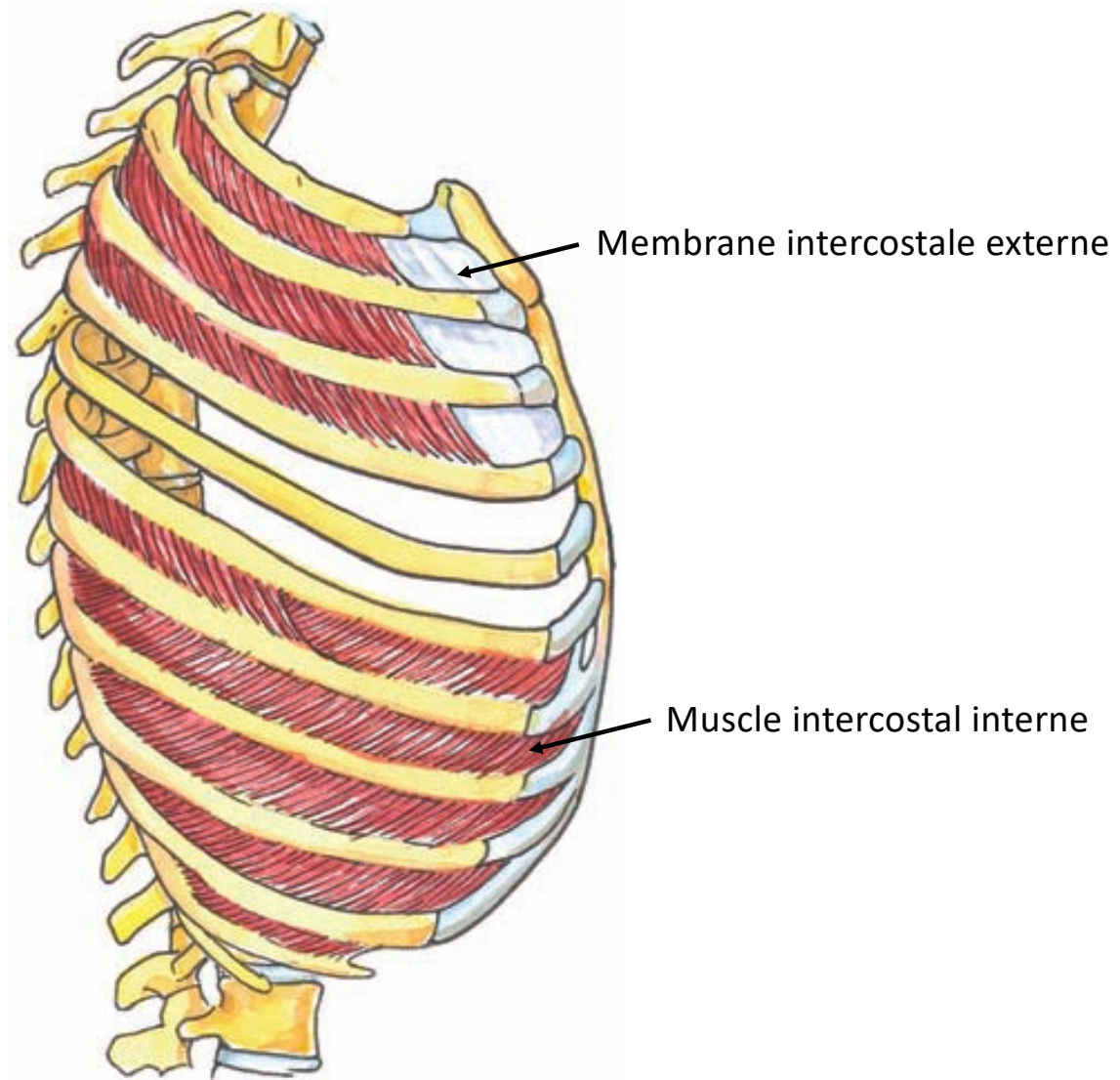
Commence ici !

intime

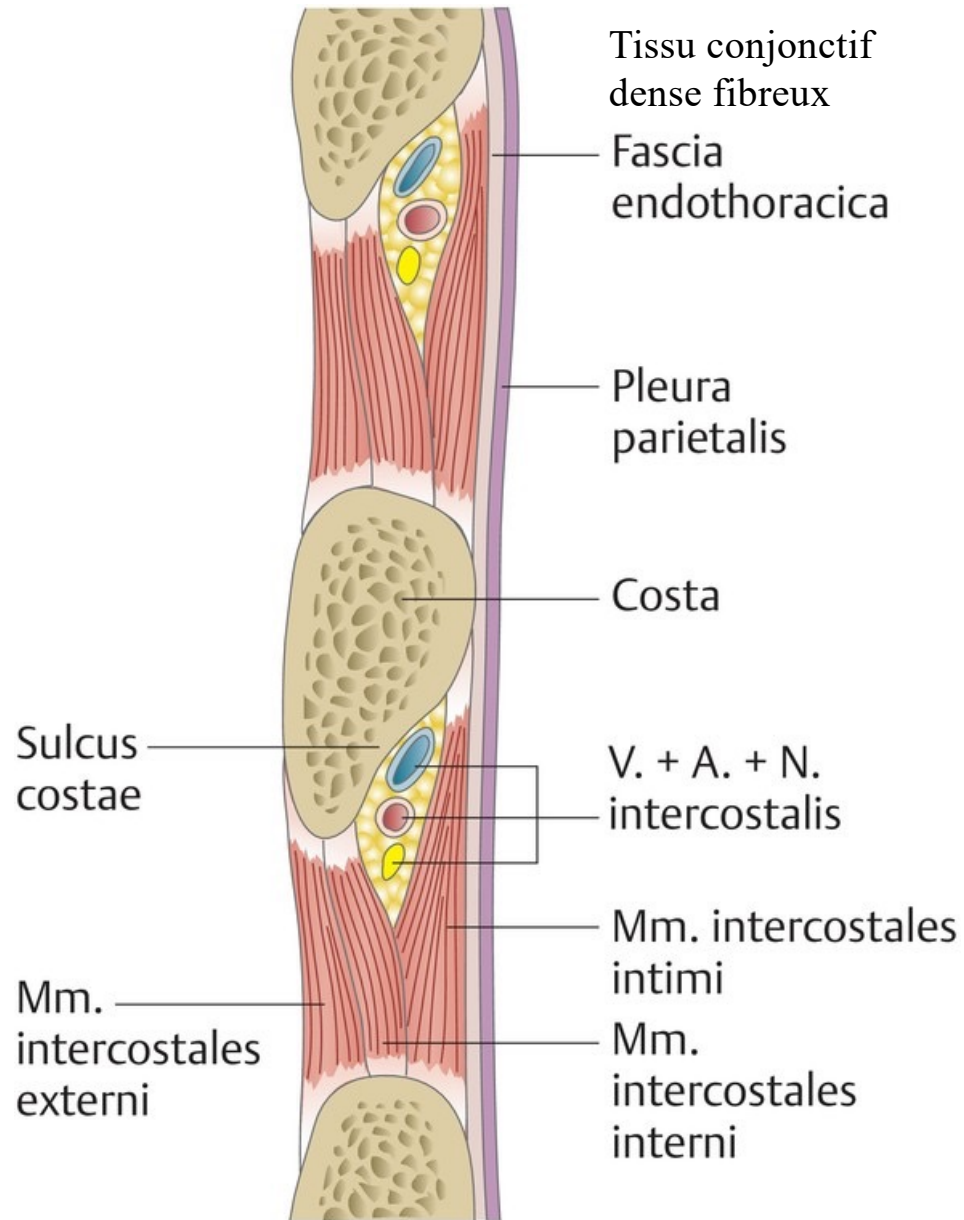


## Muscles intercostaux

Notez l'orientation des fibres musculaires.

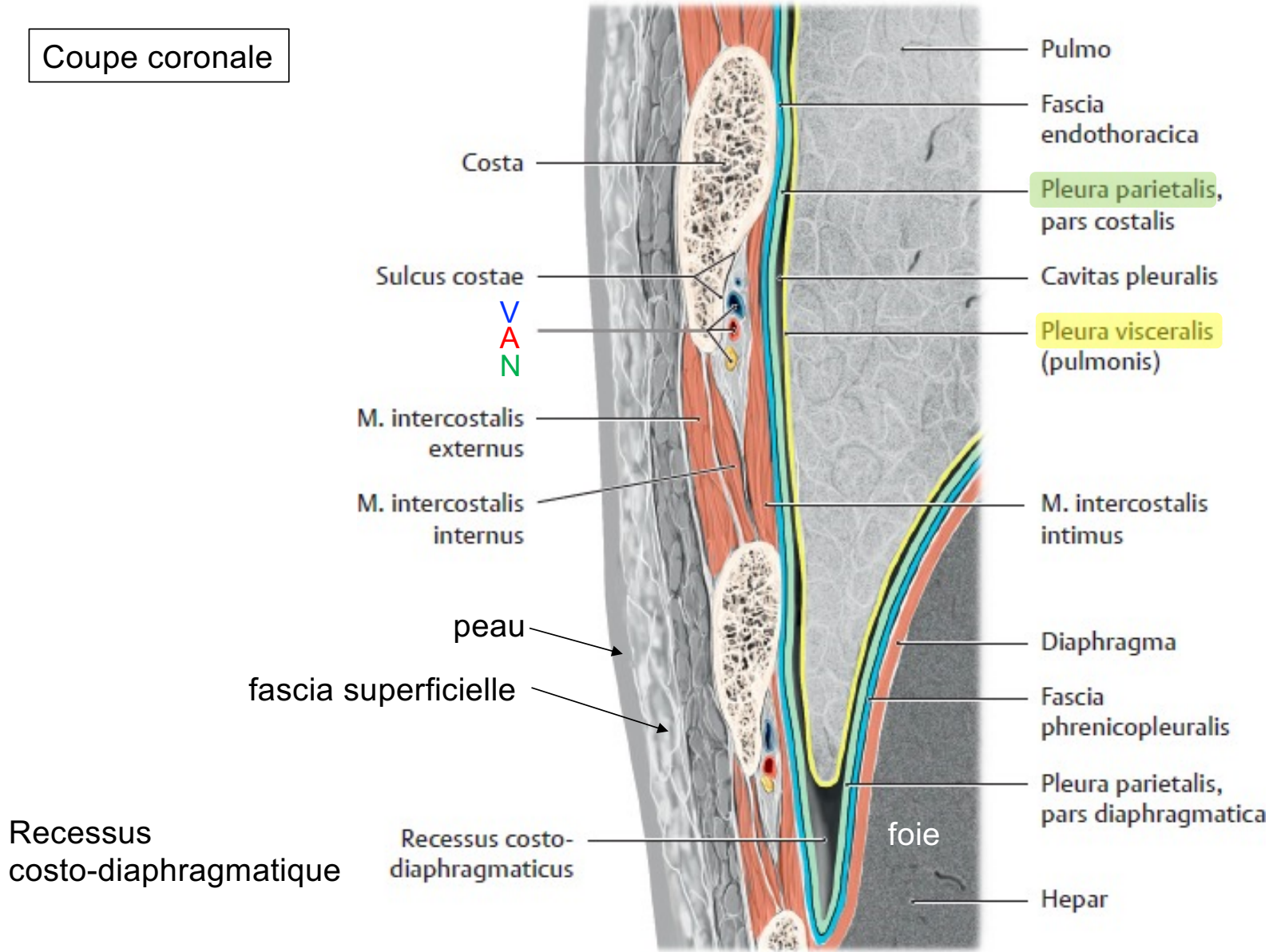


Sillon costal

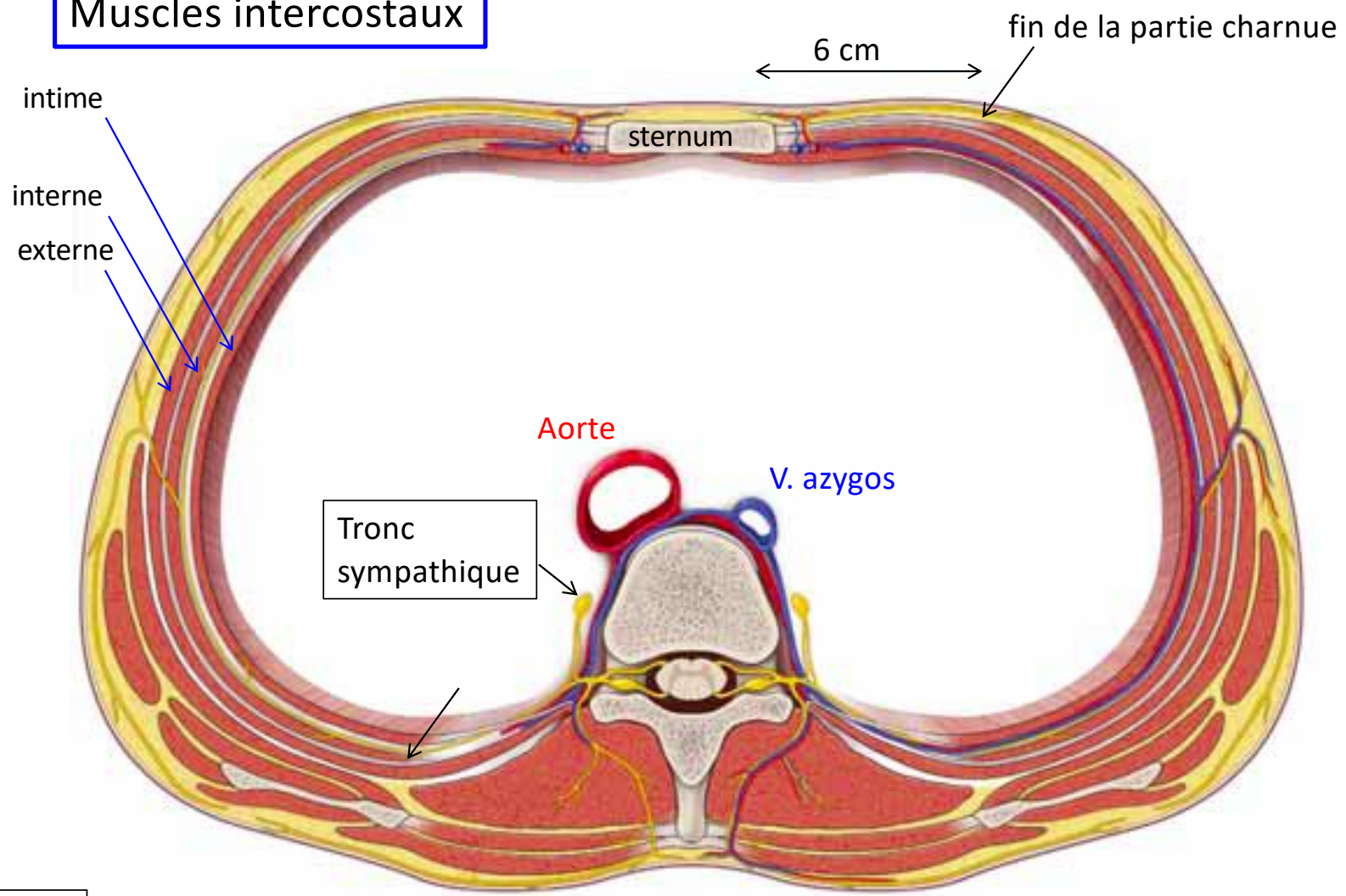


**Le fascia endothoracique et la plèvre pariétale sont accolés.**

Coupe coronale



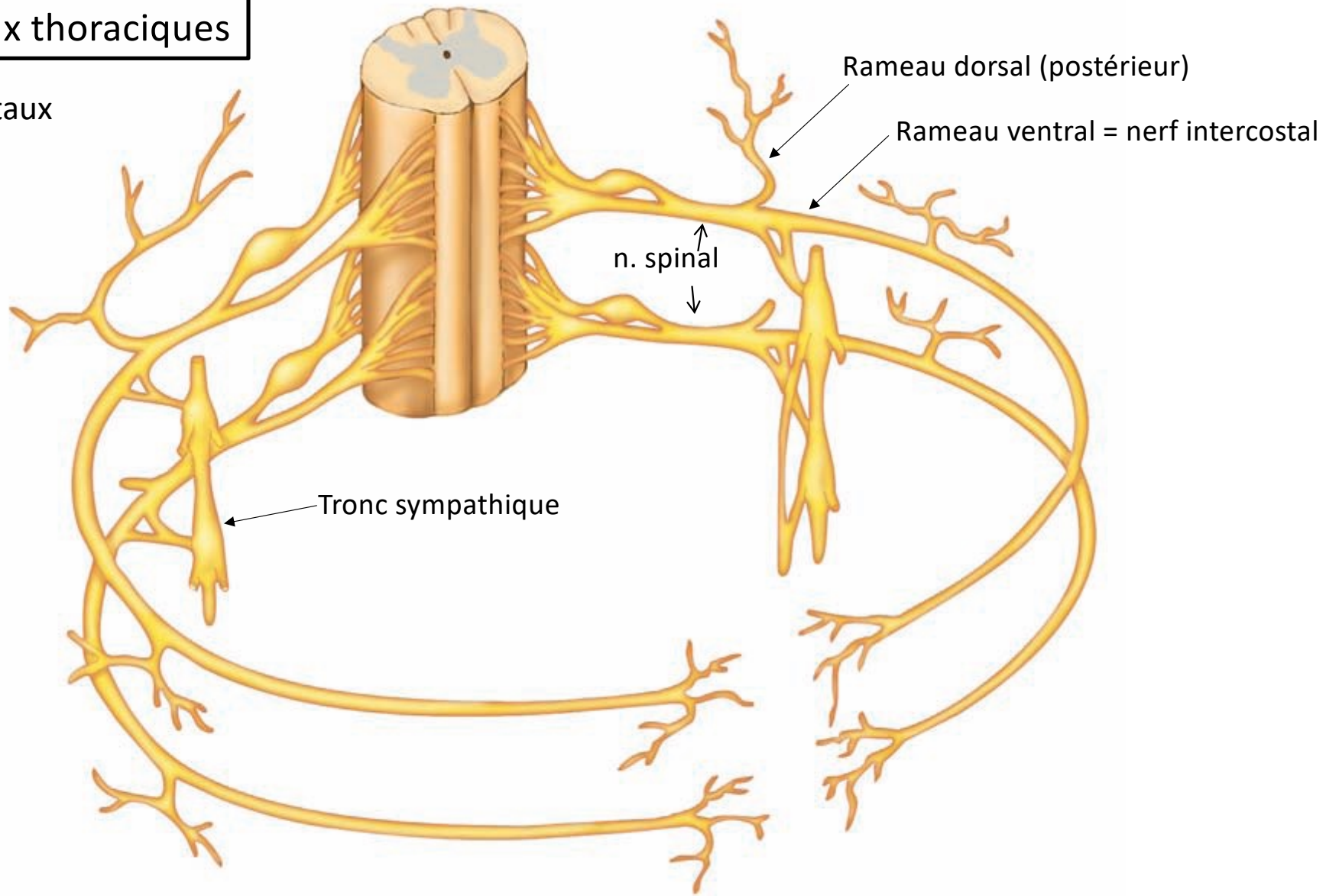
**Muscles intercostaux**



Coupe transverse

## 12 nerfs spinaux thoraciques

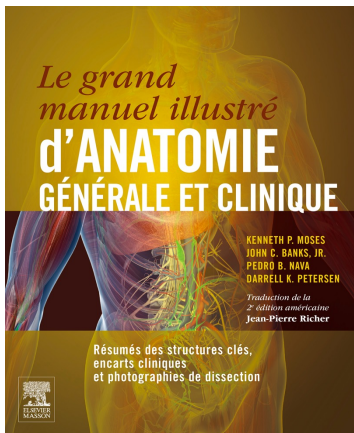
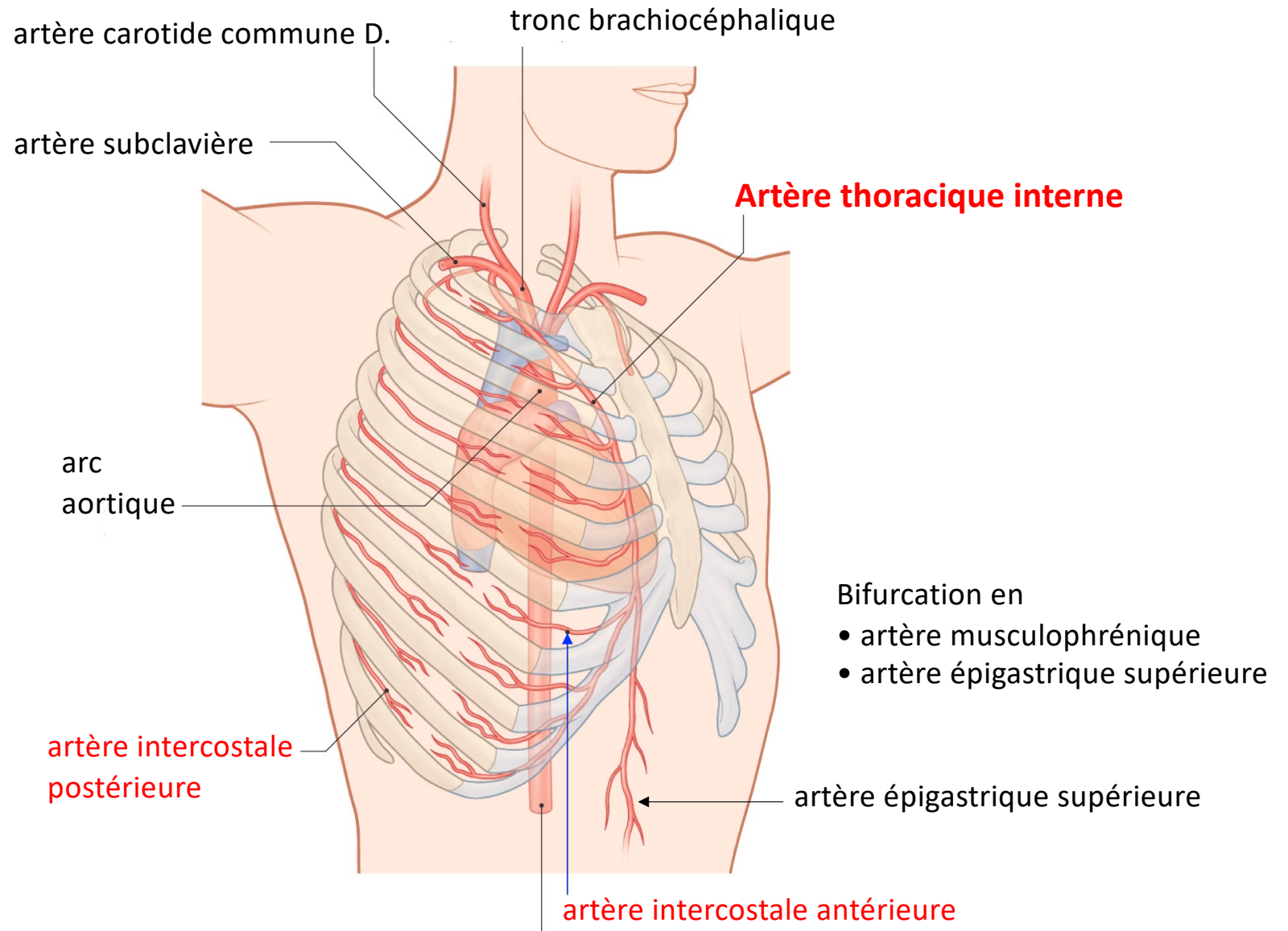
11 nerfs intercostaux  
1 nerf subcostal

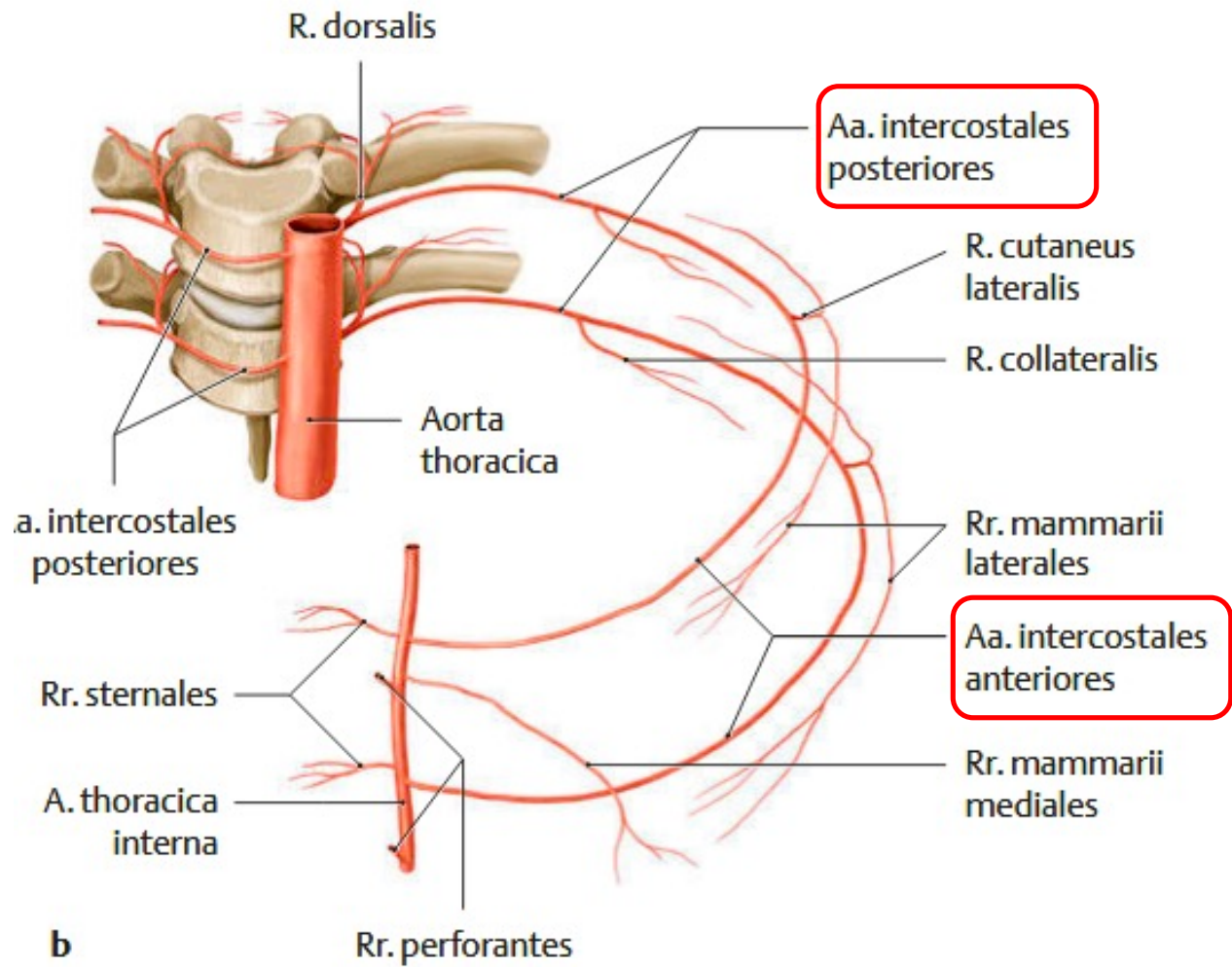


Espaces intercostaux :

**Artères intercostales**

- ◇ postérieures
- ◇ antérieures





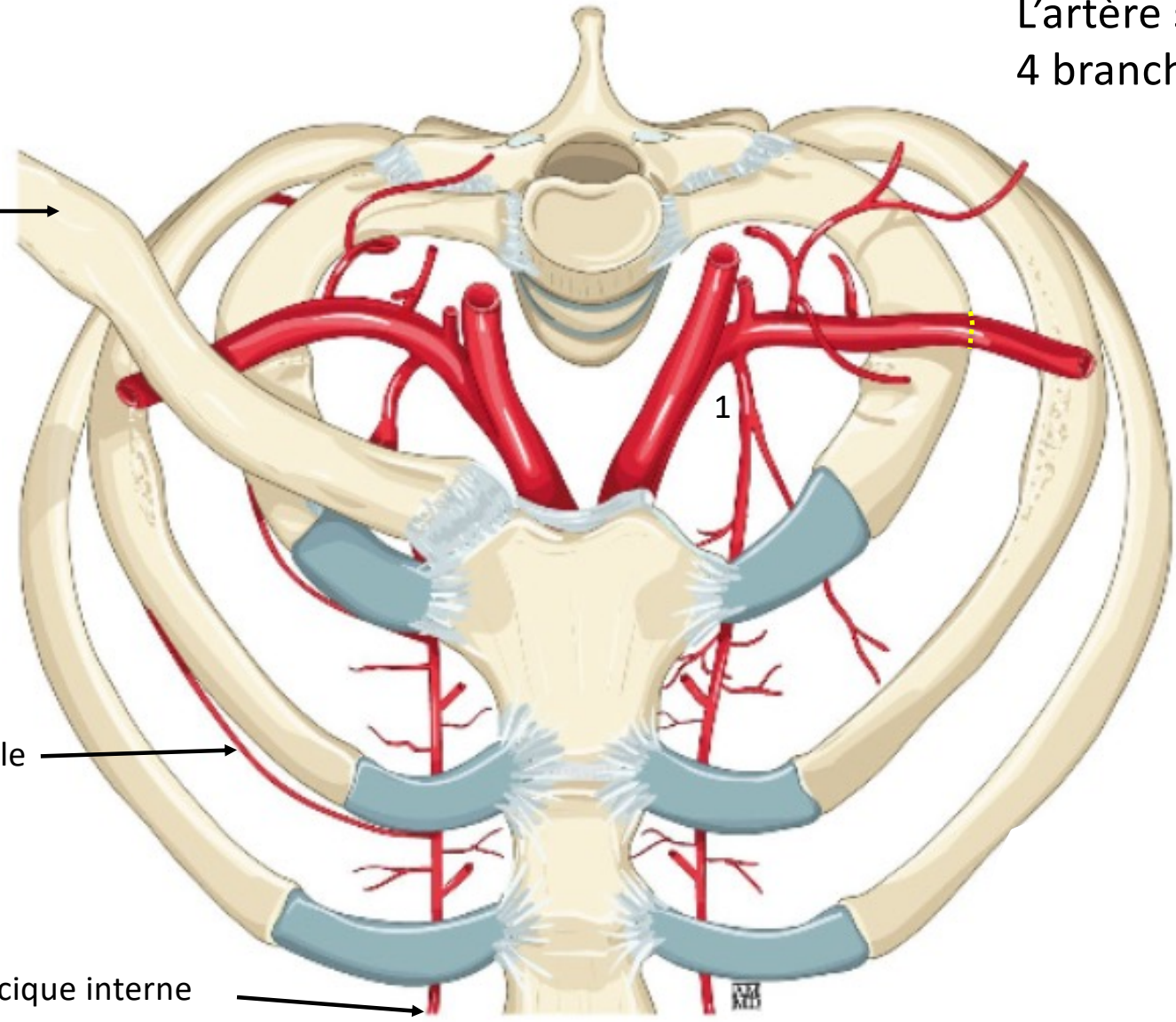
L'artère subclavière donne  
4 branches collatérales :

Clavicule droite →

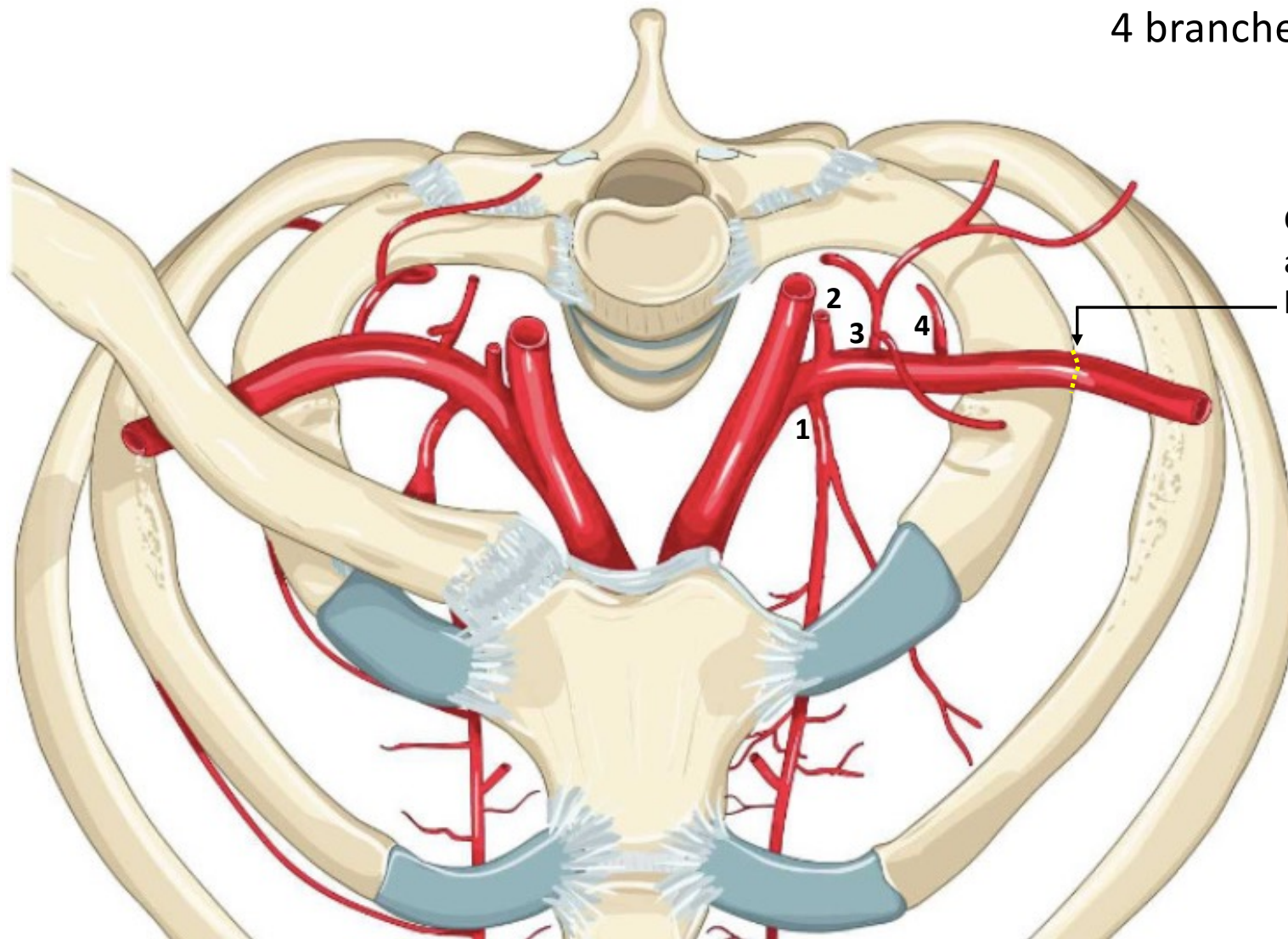
1

Artère intercostale  
antérieure →

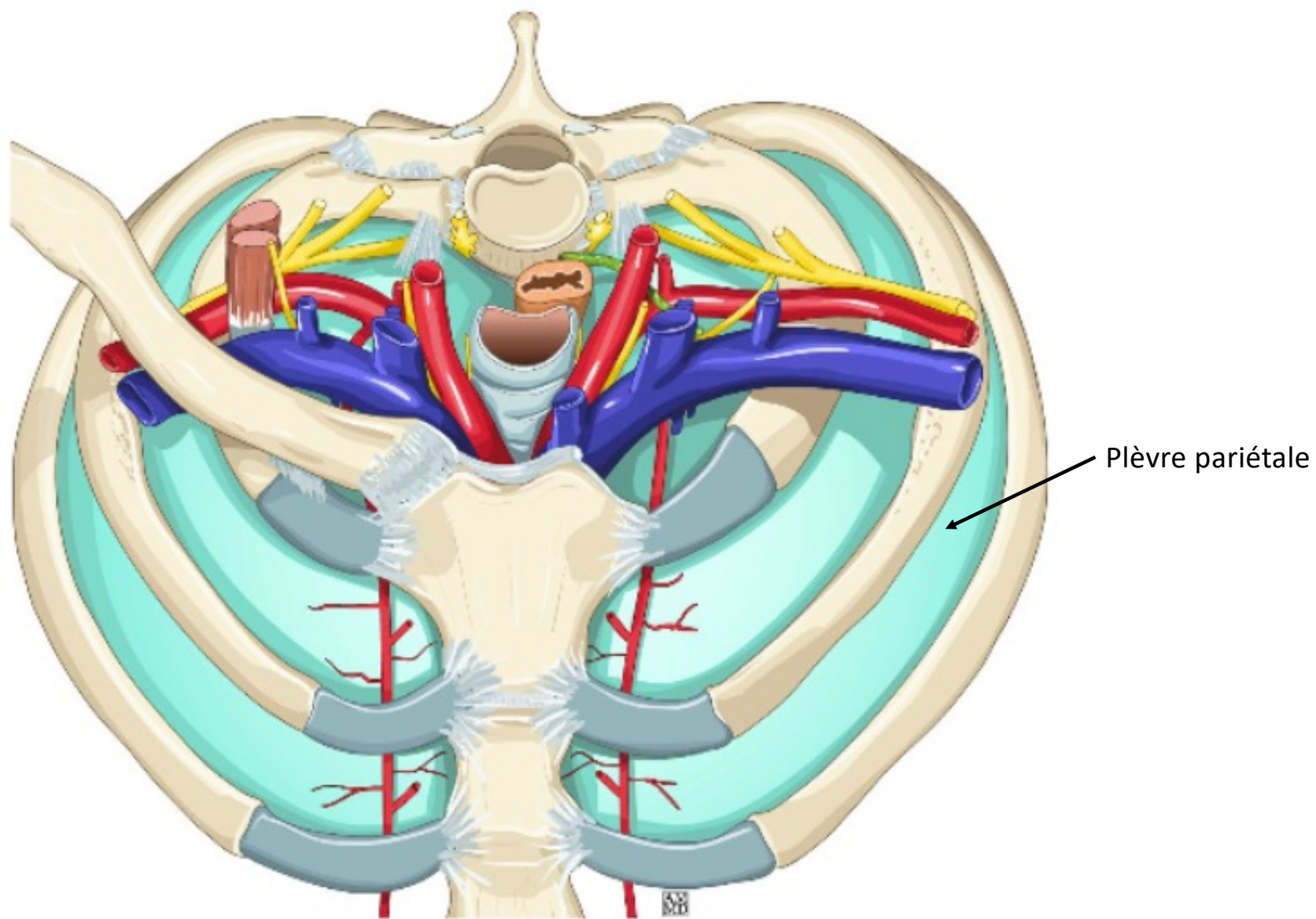
① Artère thoracique interne →



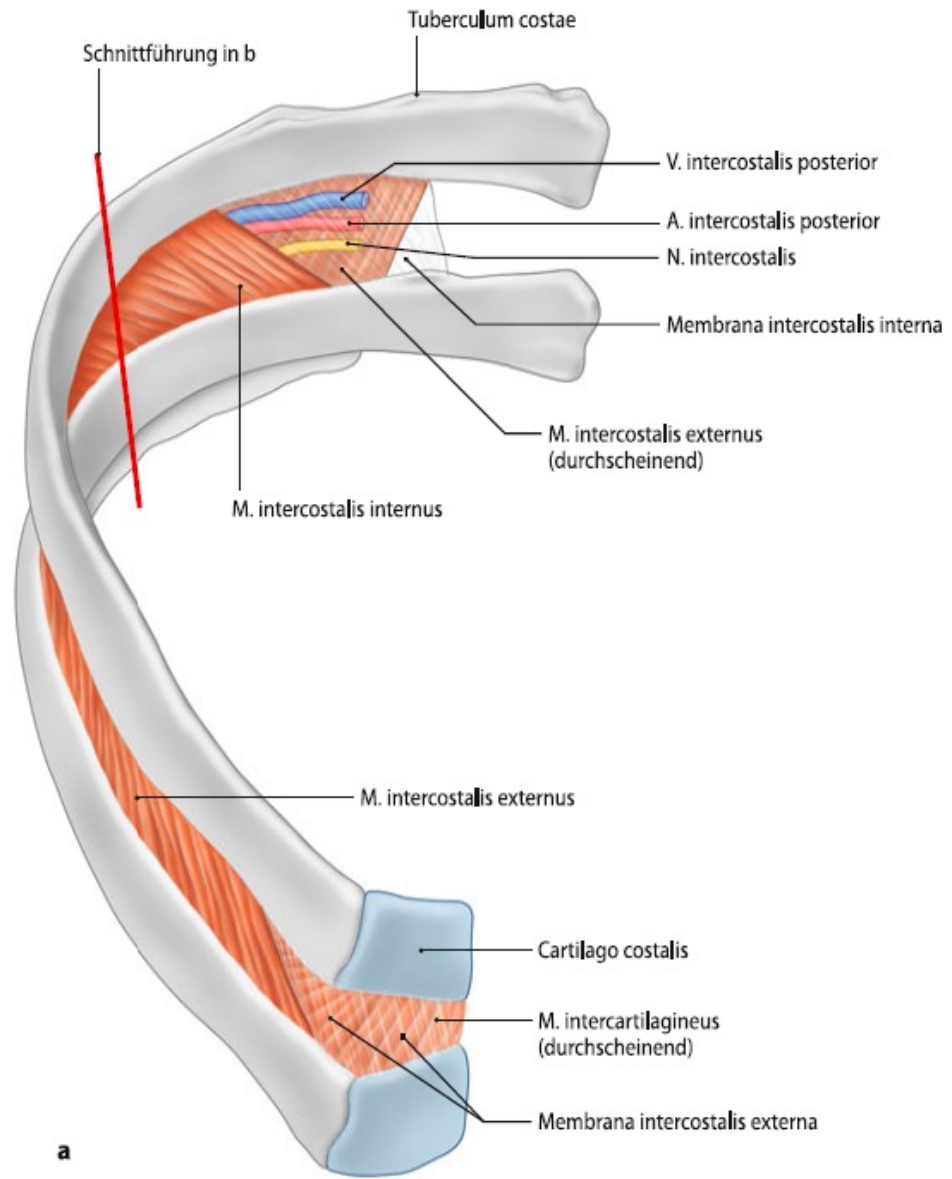
L'artère subclavière donne  
4 branches collatérales :



Changement de nom  
au bord latéral de  
la côte I



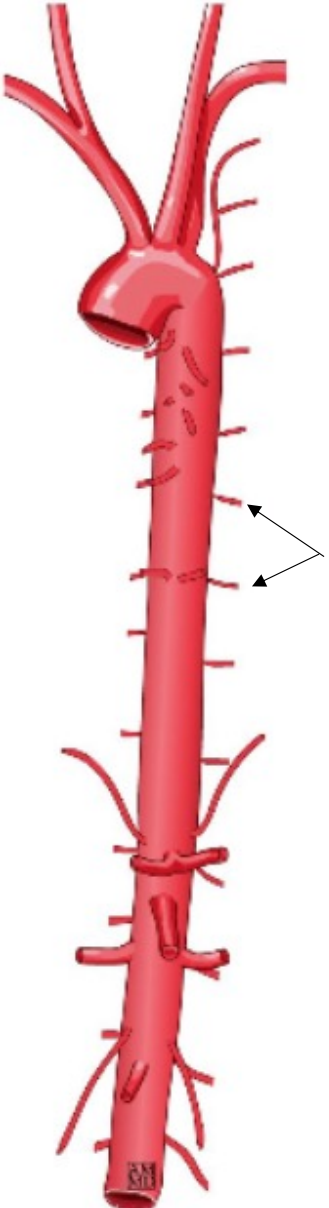
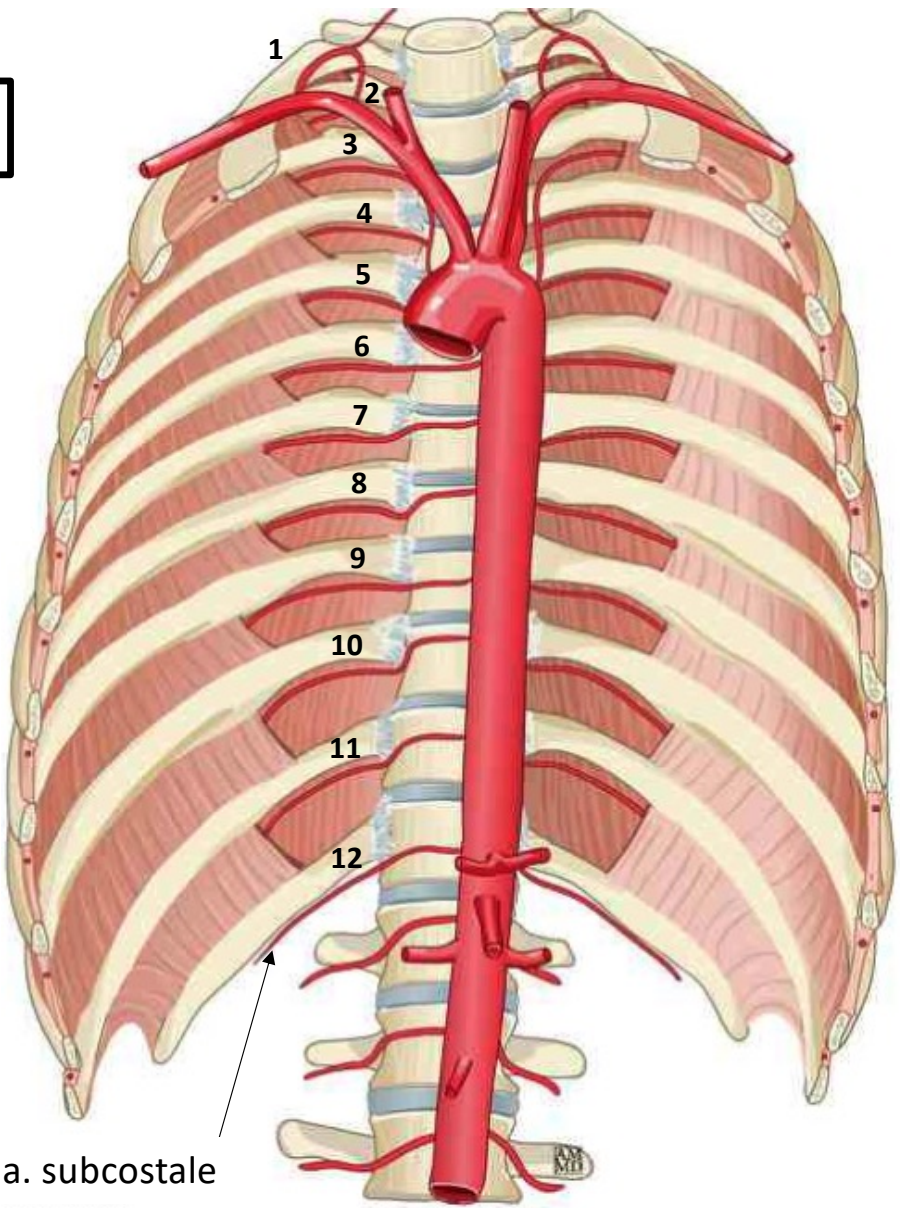
Plèvre pariétale



Membrane intercostale interne

a

L'aorte



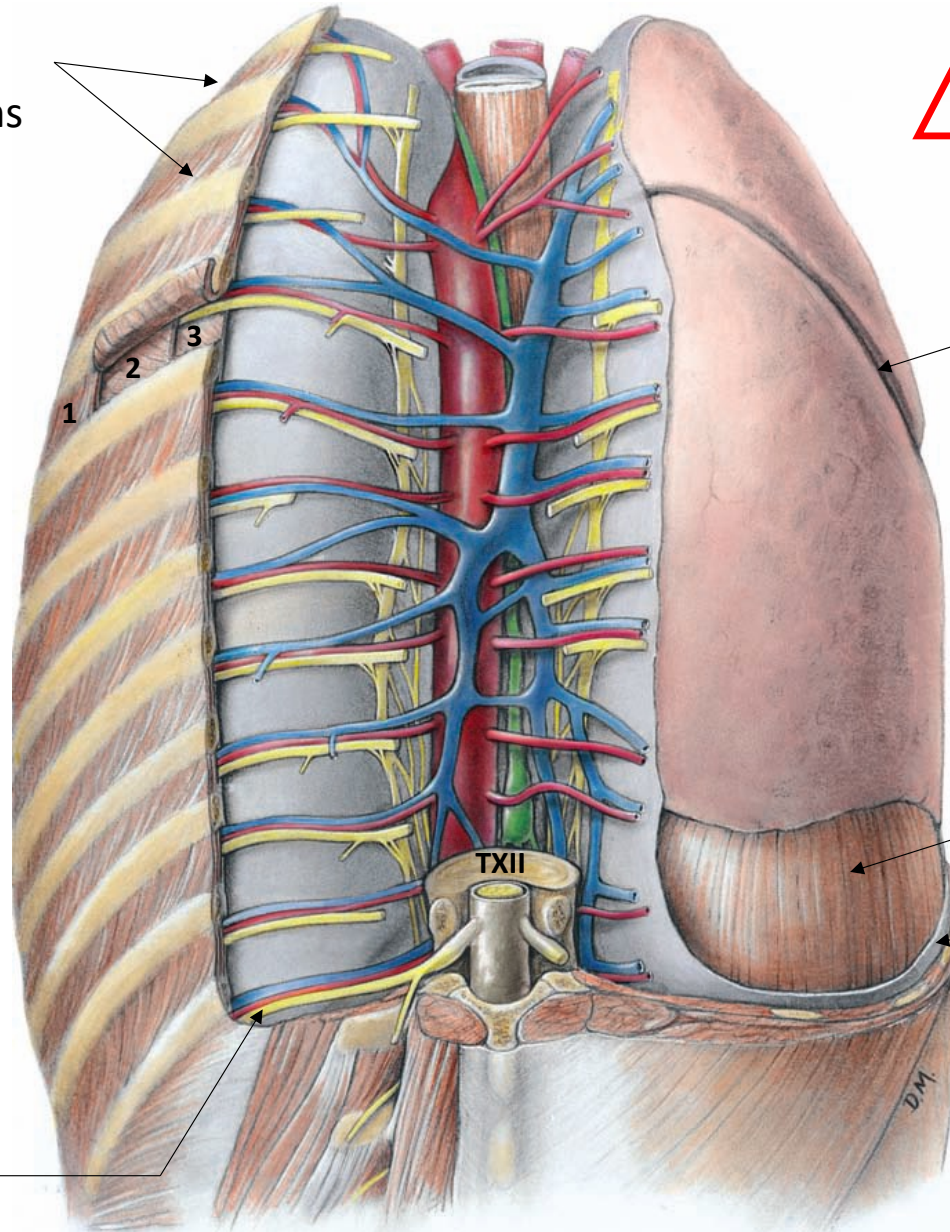
Les **artères intercostales postérieures** sont des branches de **l'aorte thoracique descendante**.

Les 2 premiers espaces intercostaux font exceptions

3 couches musculaires

Les **artères intercostales postérieures** sont des branches de **l'aorte thoracique descendante**.

Nerf subcostal



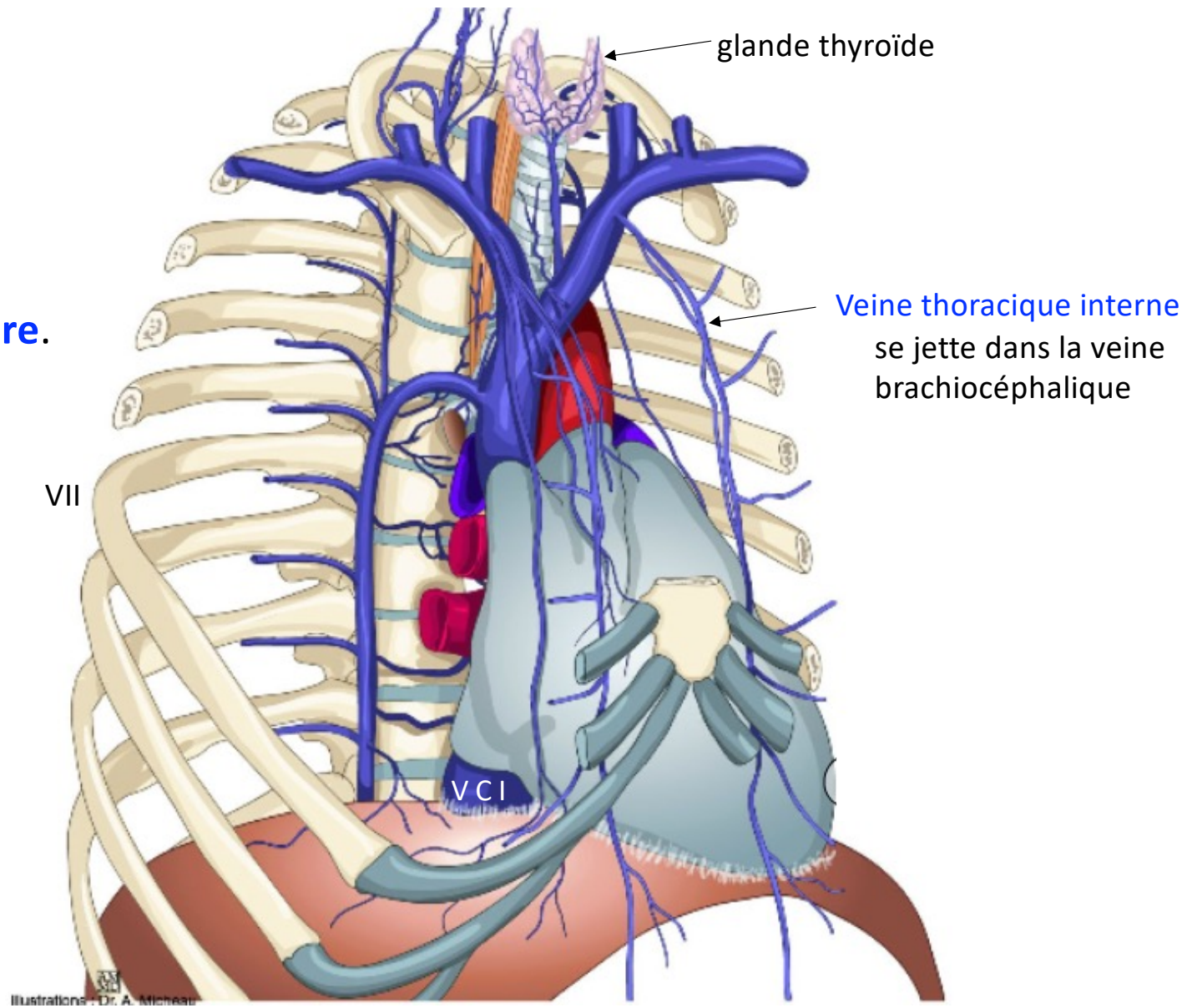
Fissure oblique

Diaphragme

Plèvre pariétale

Vue postérieure

La **veine azygos** collecte le sang des **veines intercostales postérieures**, puis se jette dans la **veine cave supérieure**.

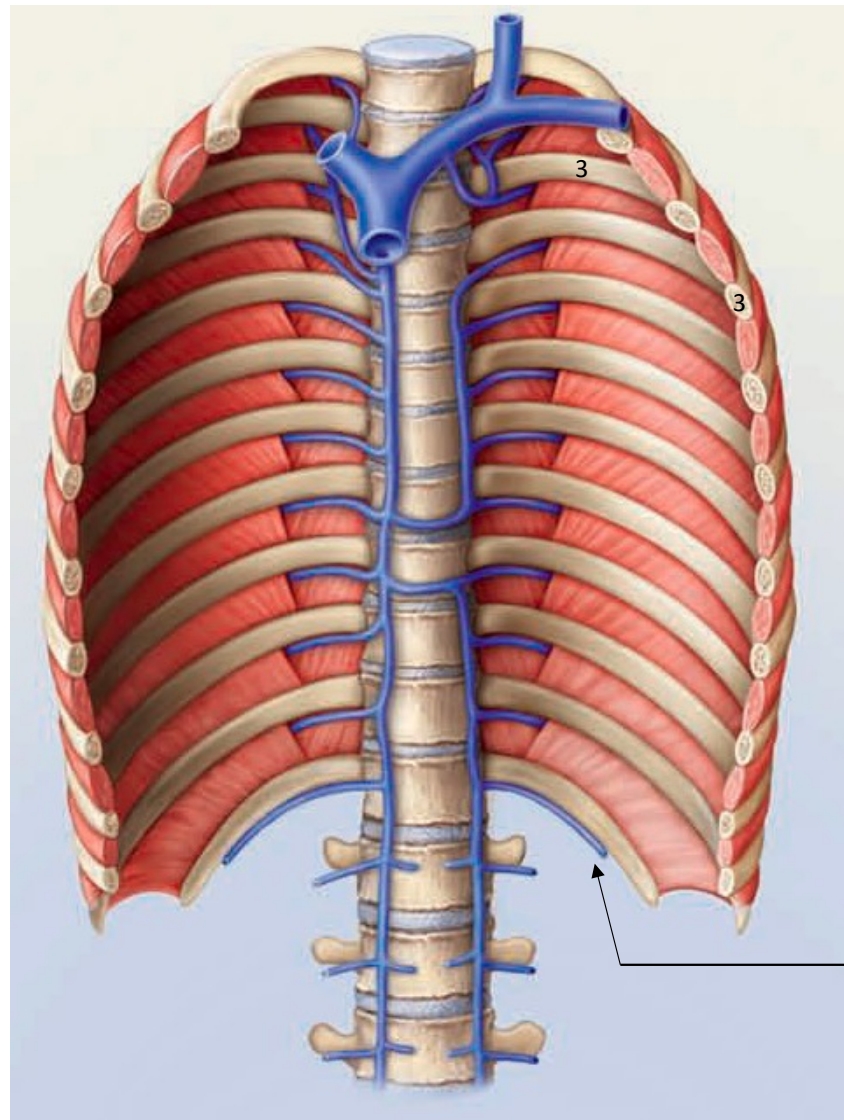


Veines intercostales  
postérieures

Côté droit :

Veine azygos

une veine impaire  
(seulement é droite)

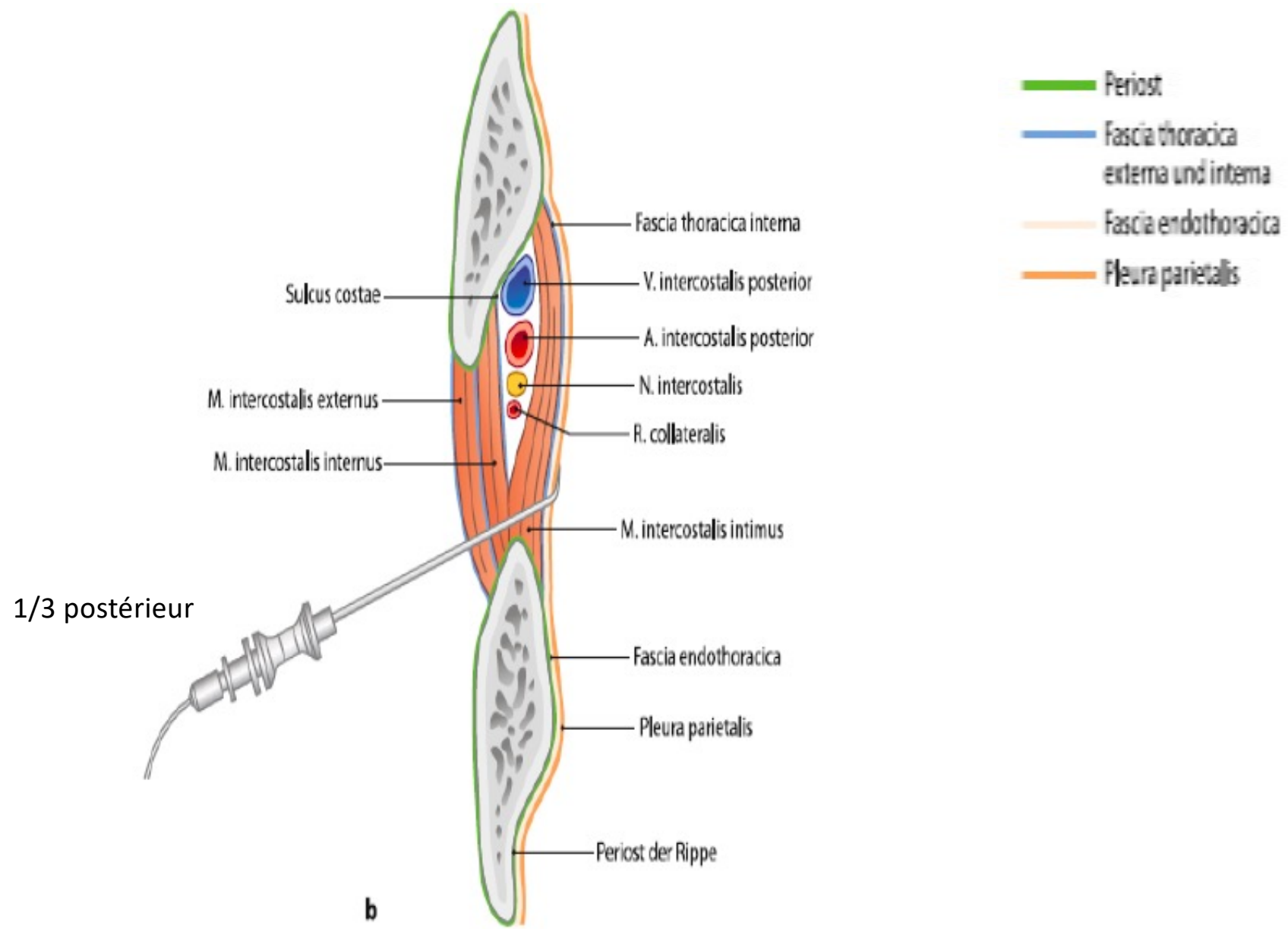


Côté gauche :

Veine hémiazygos accessoire

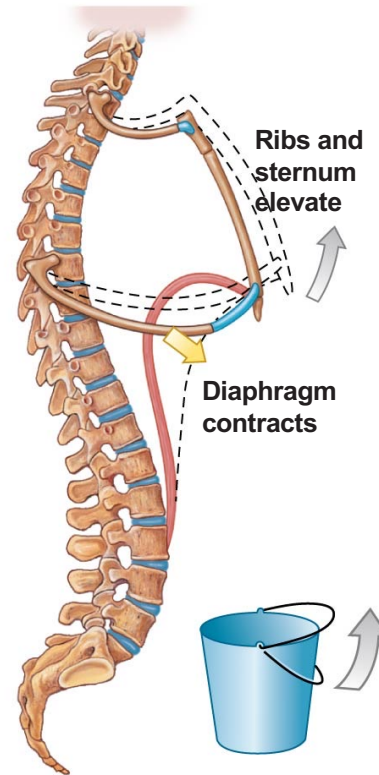
Veine hémiazygos

Veine subcostale



# La mécanique de la ventilation

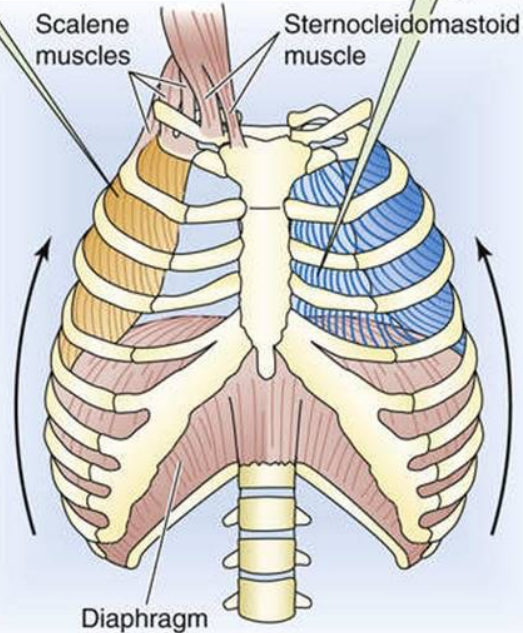
## 2 The Mechanics of Breathing



# La mécanique de la ventilation

## A INSPIRATION

The most rostral and dorsal subsets of the **external** intercostal muscles (gold)—as well as the parasternal subset of the **internal** intercostal muscles (blue)—have an *inspiratory* mechanical advantage.

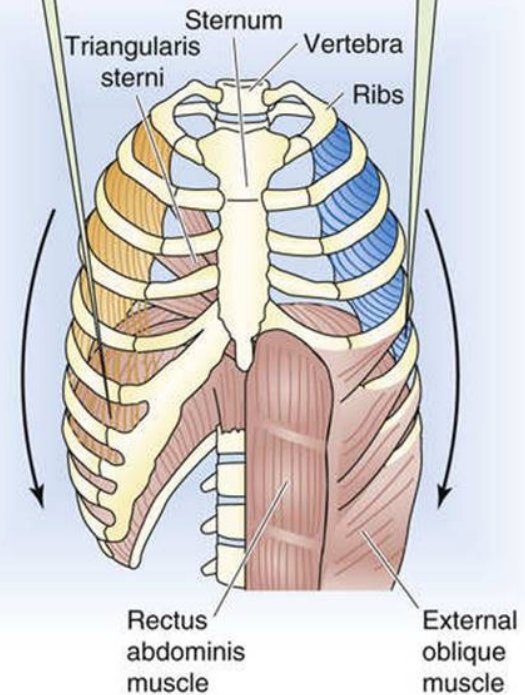


## B BUCKET-HANDLE AND WATER PUMP-HANDLE EFFECTS

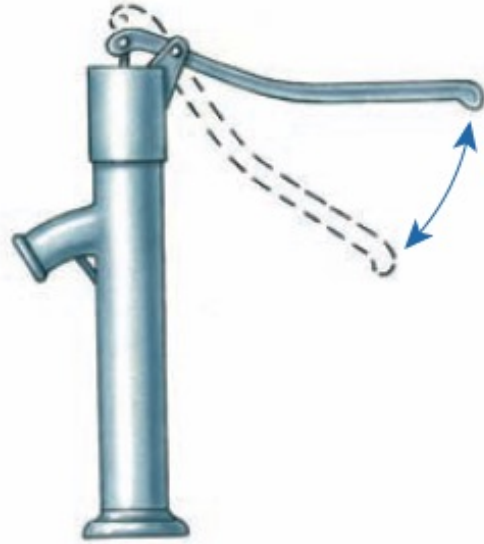


## C EXPIRATION

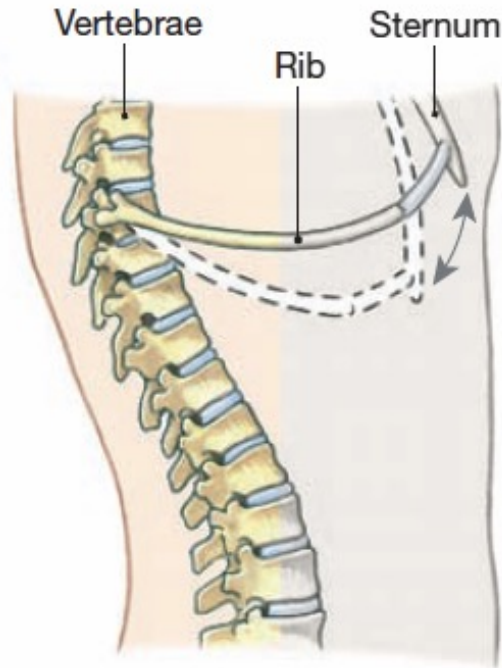
The most caudal subset of the **internal** intercostal muscles (blue)—as well as the caudal-ventral subset of the **external** intercostal muscles (gold) and the triangularis sterni muscle (transversus thoracis)—have an *expiratory* mechanical advantage.



Levier de la pompe



Side view:

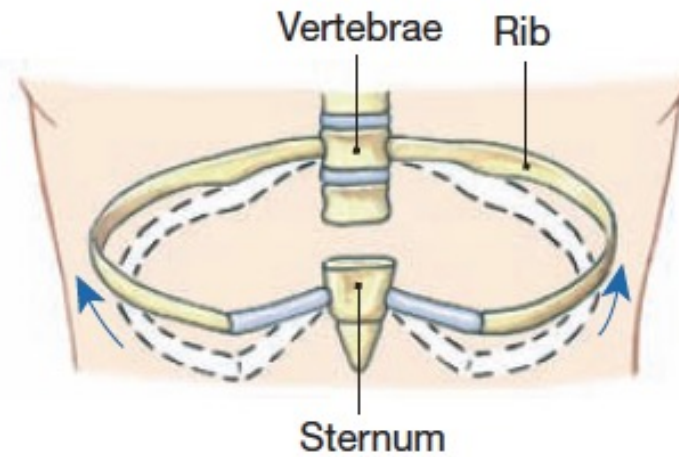


La profondeur du thorax augmente

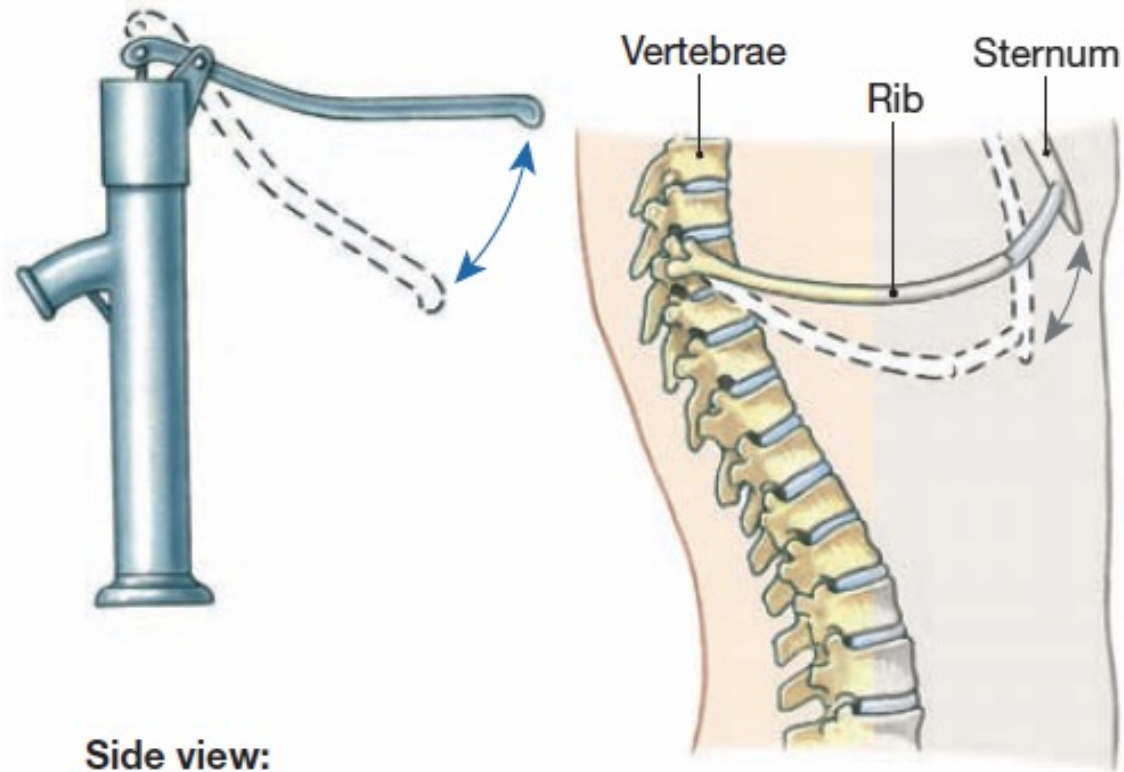
Anse du sceau



Front view:

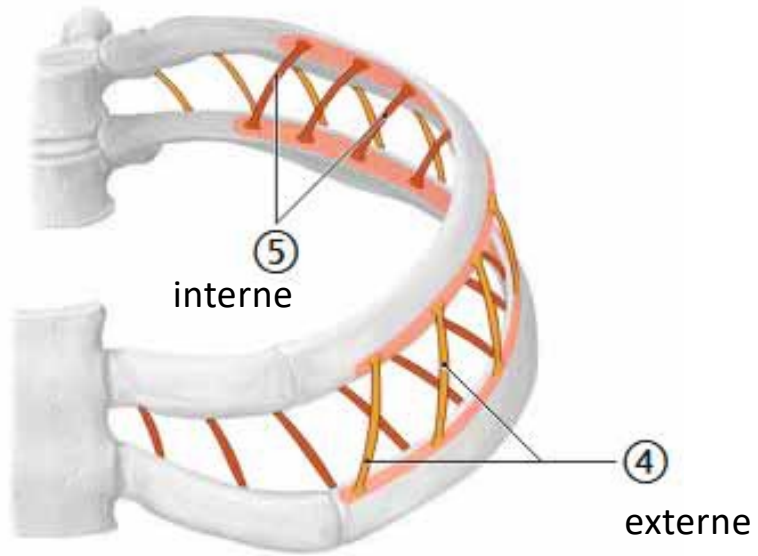


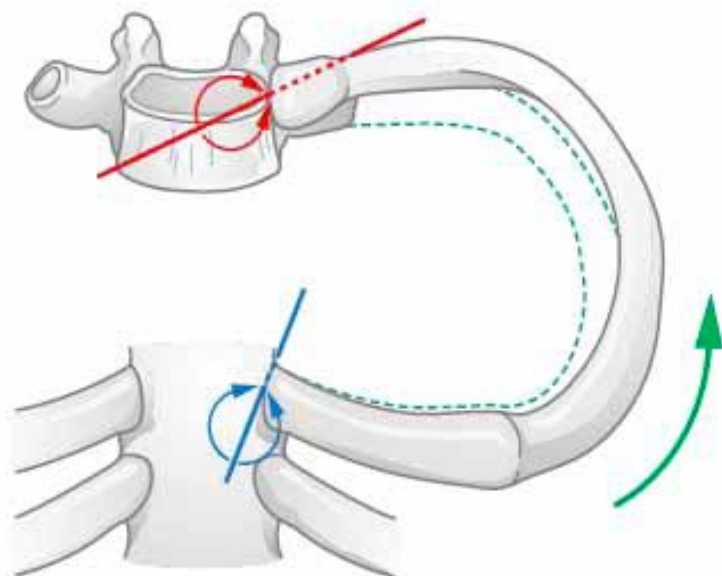
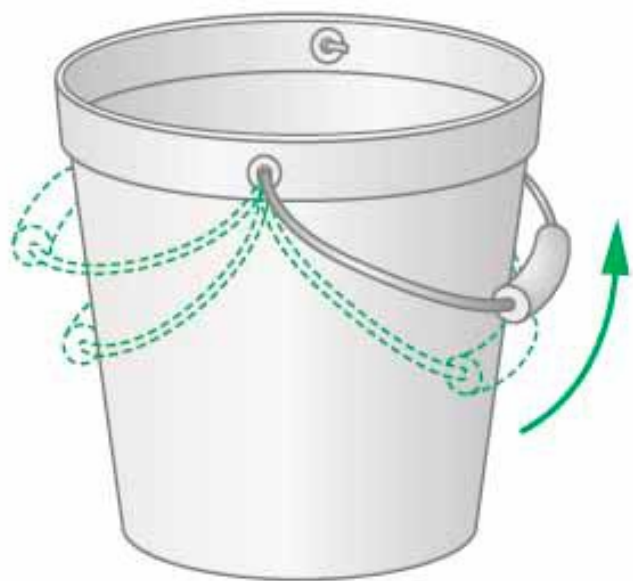
La largeur du thorax augmente



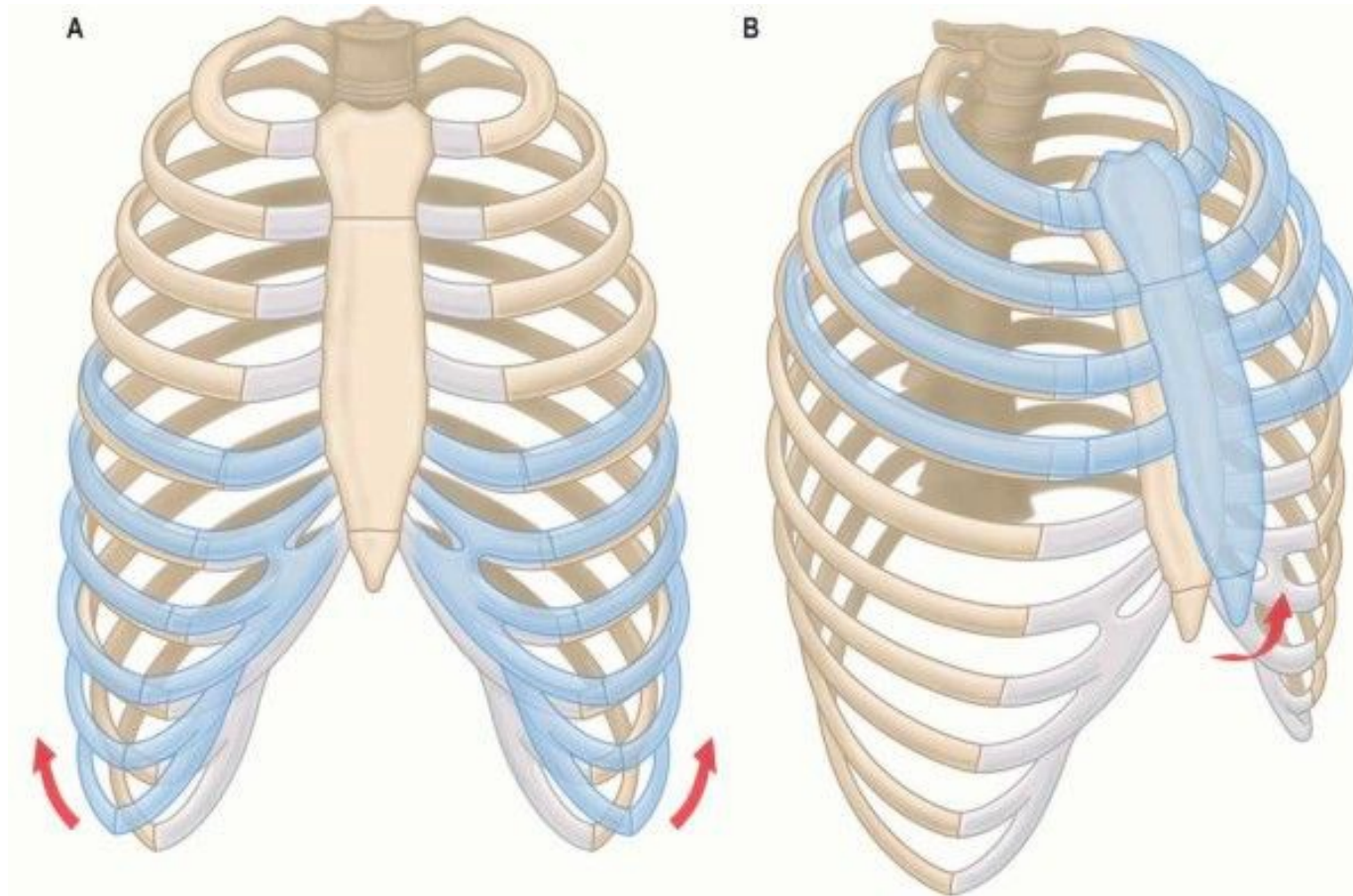
**Side view:**

“Pump handle” motion increases **anterior-posterior dimension** of rib cage. Movement of the handle on a hand pump is analogous to the lifting of the sternum and ribs.





# Inspiration



INSPIRATION

ACTIVE EXPIRATION

> 500 mL

Accessory muscles  
Muscles accessoires

2 m. intercostaux **externes**

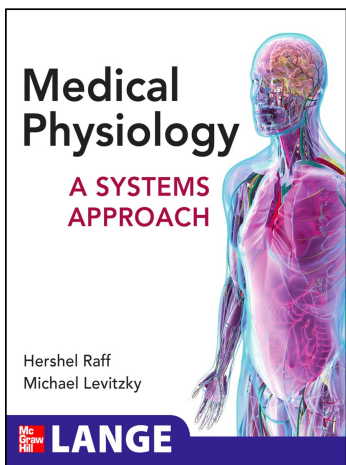
m. intercostaux **internes**

1 Diaphragm

muscles abdominaux

Posterior

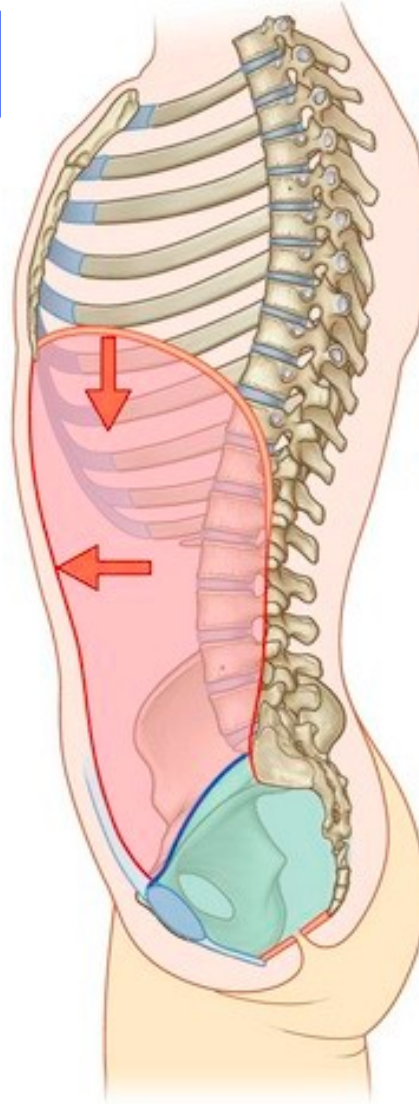
Anterior



# Mécanique ventilatoire

Contraction  
du diaphragme

Relaxation  
des muscles  
abdominaux

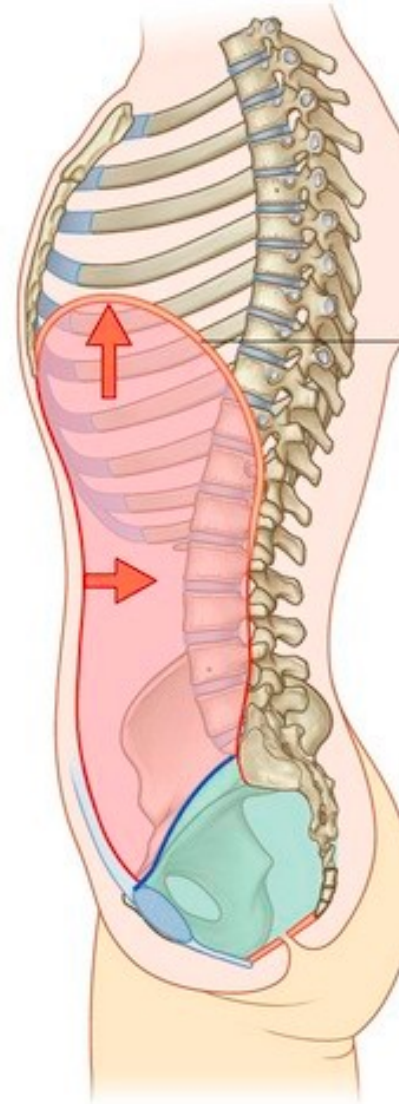


Inspiration

Diaphragme

Relaxation  
du diaphragme

Contraction  
des muscles  
abdominaux



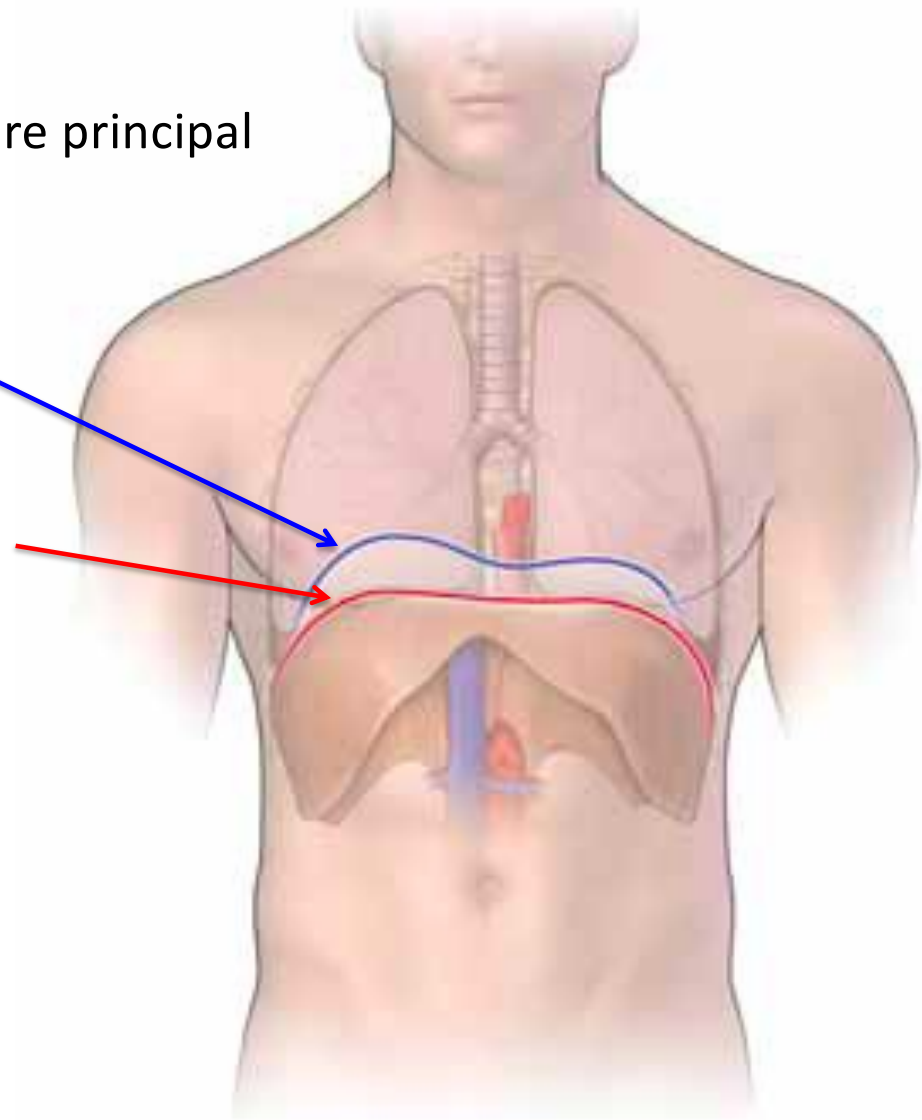
Expiration

L'abdomen participe à la respiration.

**Diaphragme :**  
muscle respiratoire principal

relâché  
expiration

contracté  
inspiration



Amplitude :

au repos

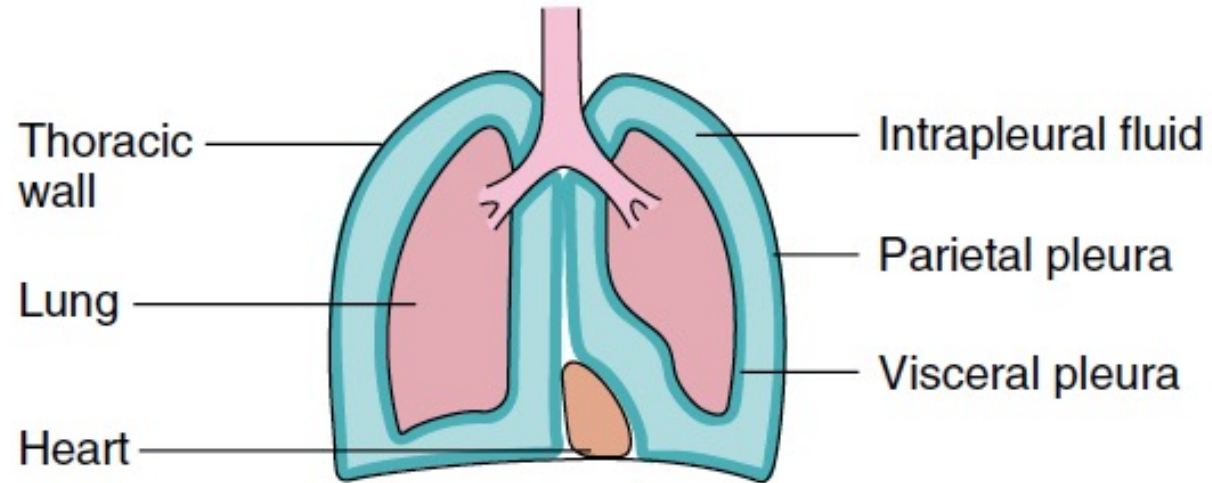
à l'effort



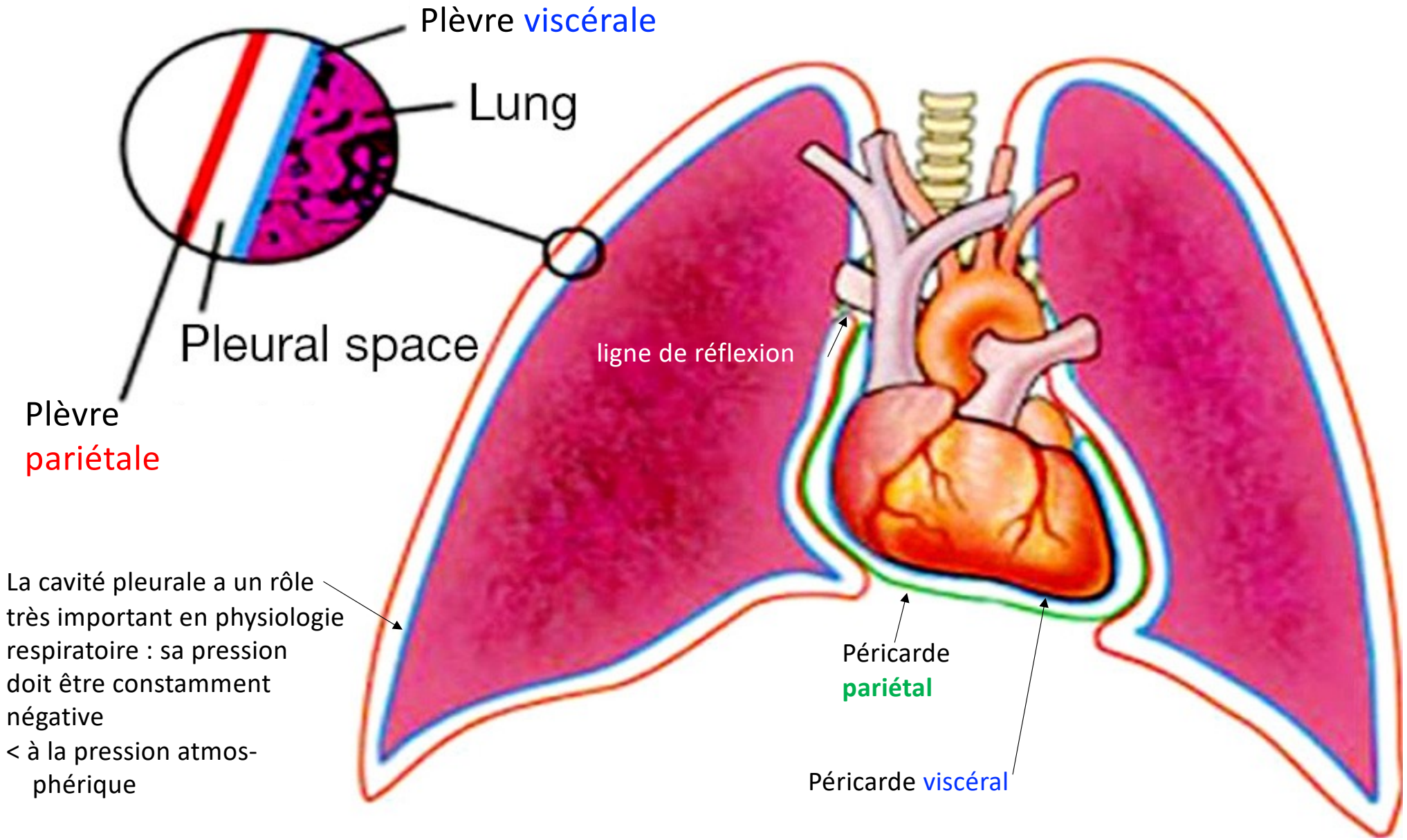
2 cm

10 cm

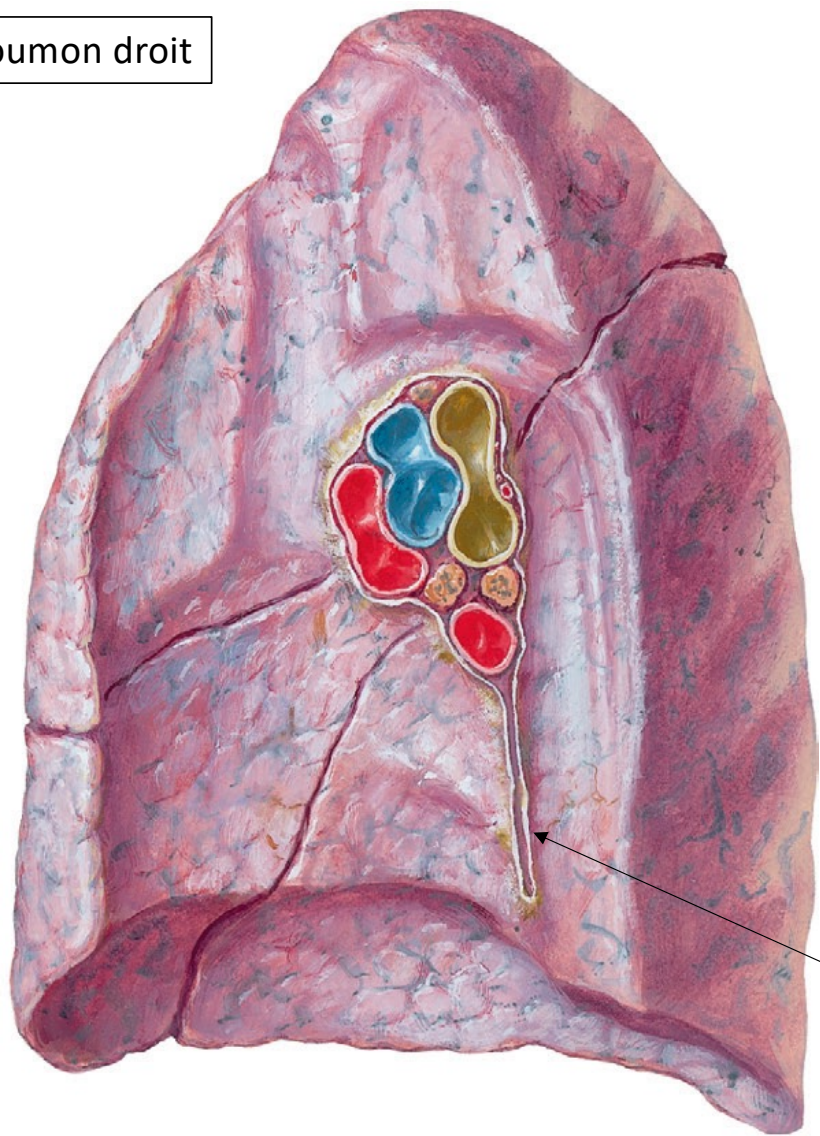
# La plèvre



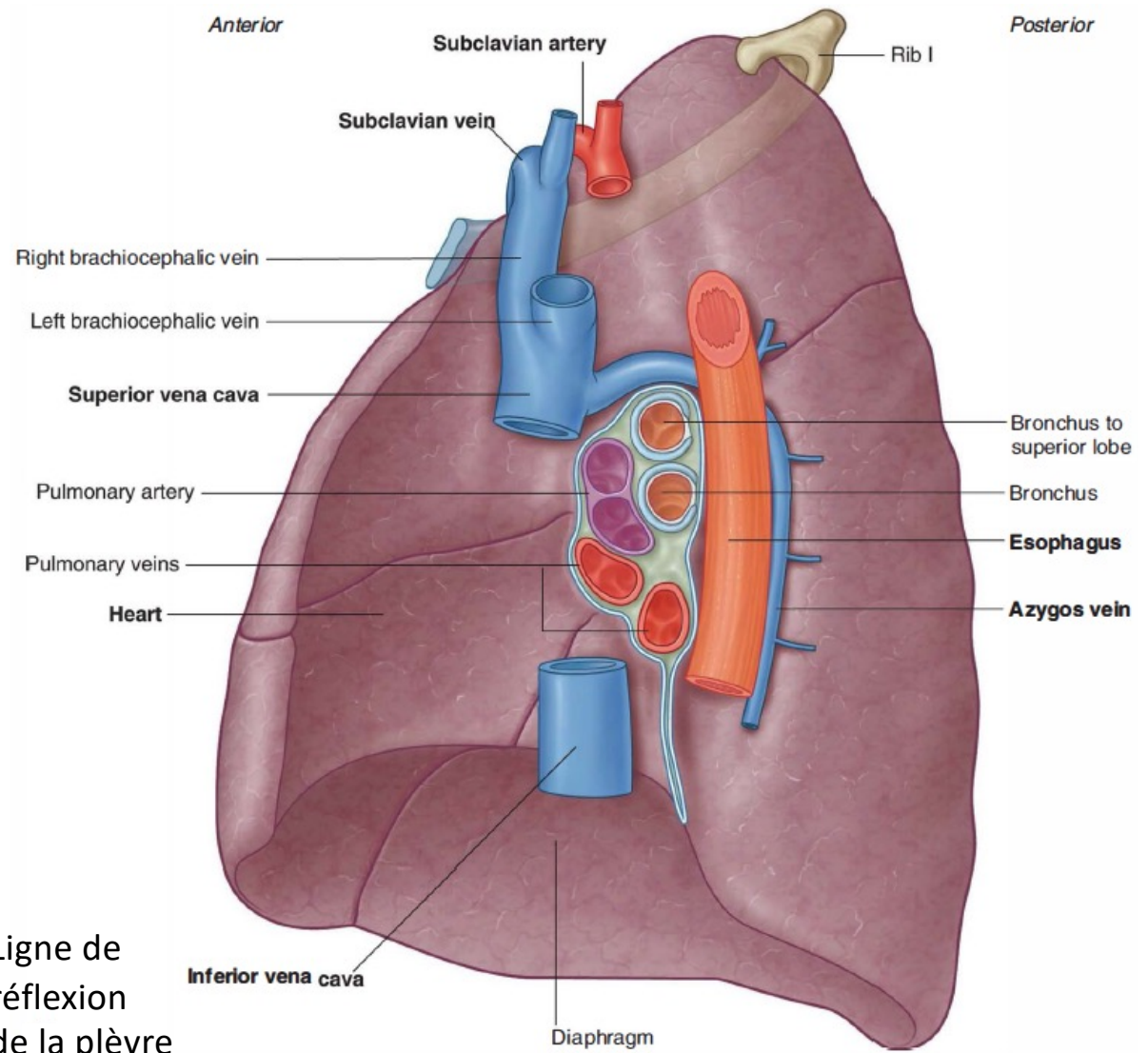
For purposes of illustration in this figure, the volume of intrapleural fluid is greatly exaggerated.



Poumon droit



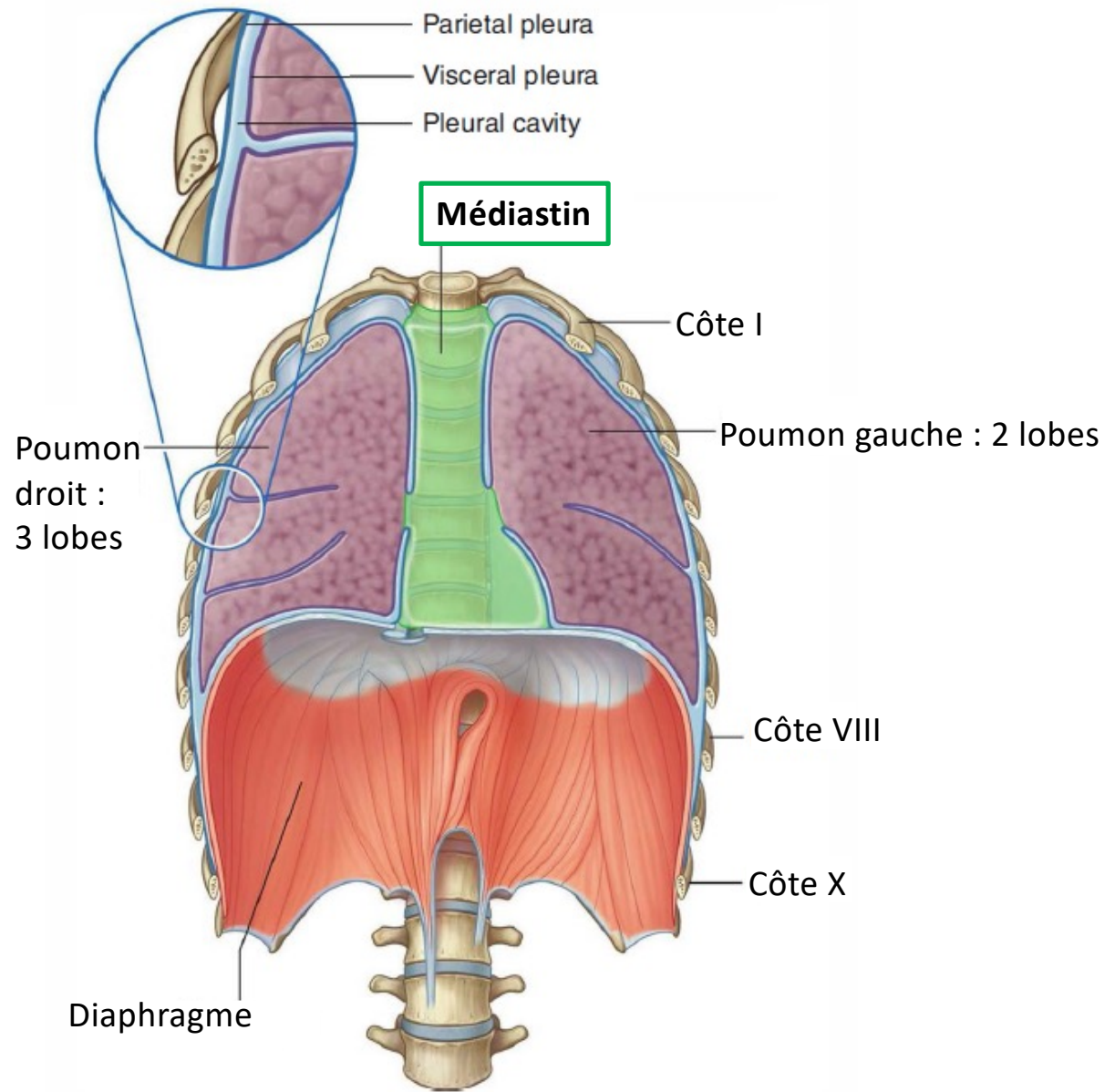
Ligne de réflexion de la plèvre viscérale



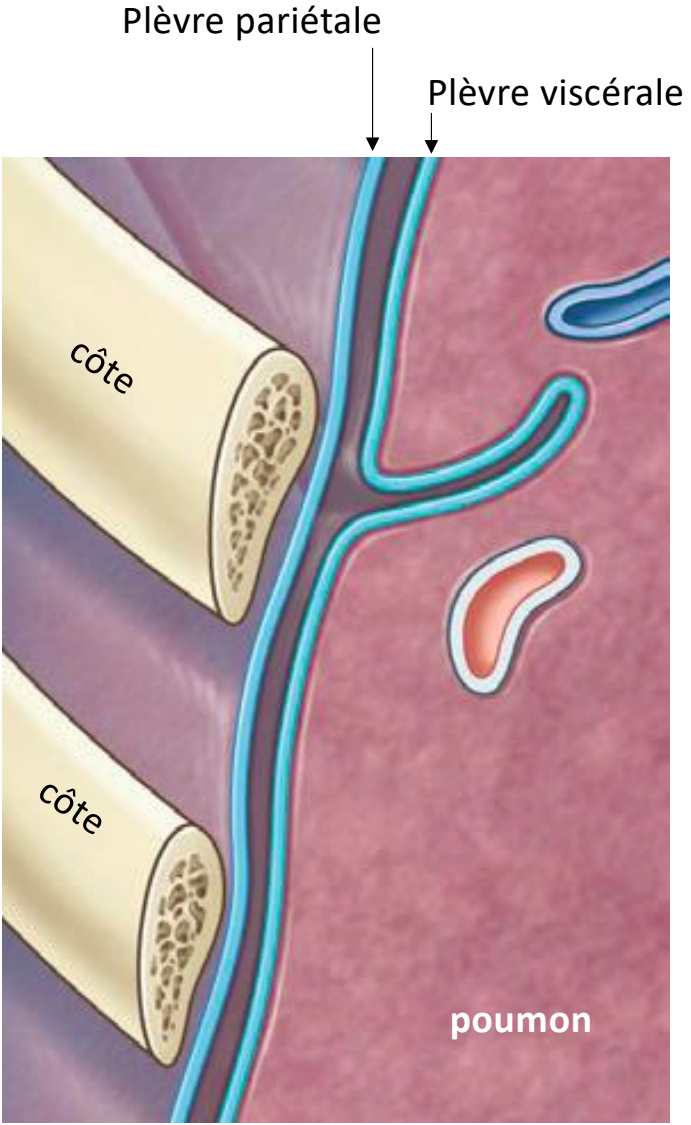
# La plèvre

- ◇ plèvre pariétale
- ◇ plèvre viscérale

Cavité pleurale



# La plèvre



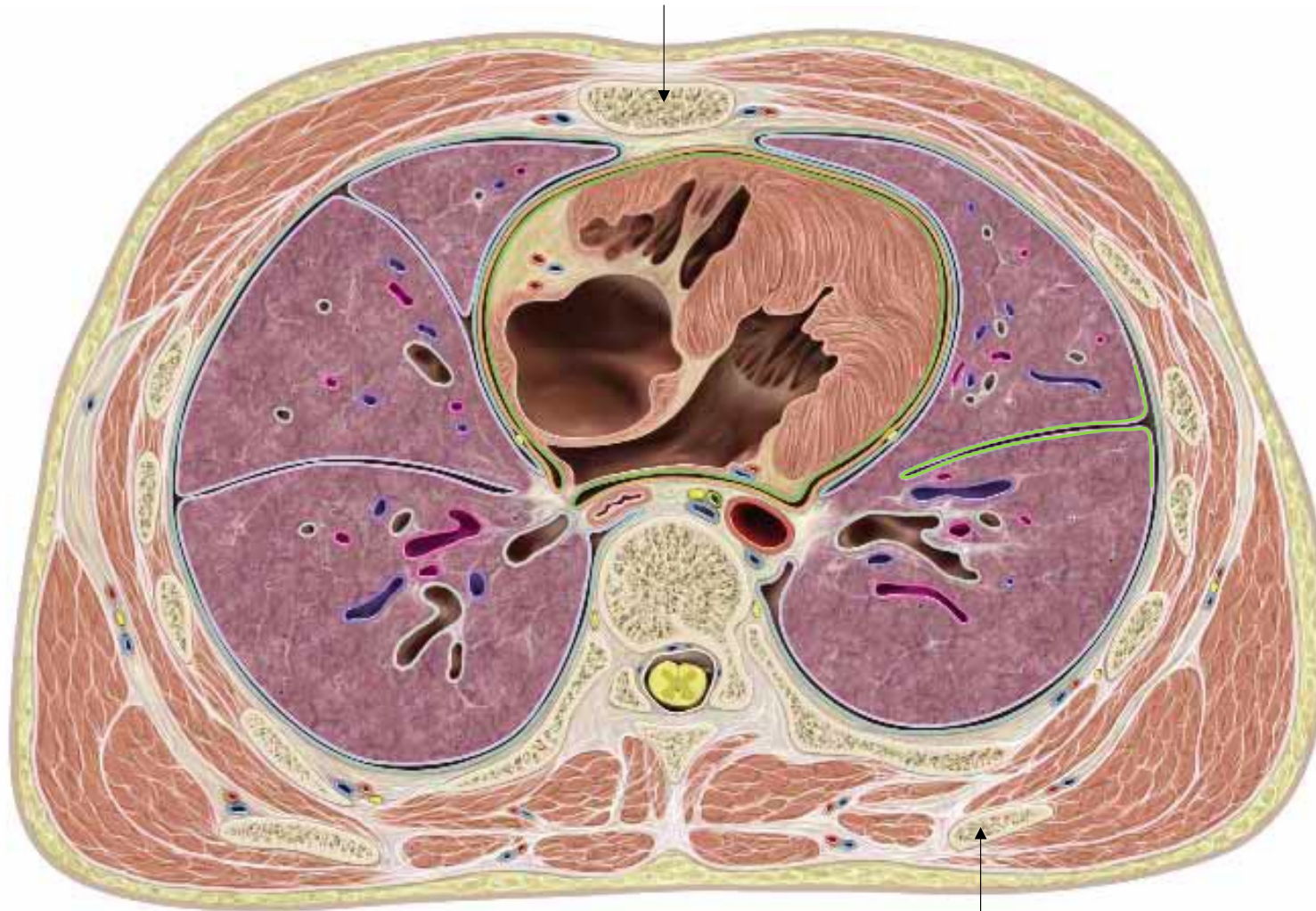
La plèvre viscérale entre dans les fissures entre les lobes.

Le plèvre pariétale passe droit.

Coupe coronale

Cavité pleurale

sternum



Le plèvre pariétale  
passe droit.

La plèvre viscérale  
entre dans les  
fissures entre  
les lobes.

Coupe transversale

scapula

# Poumons

divisés en lobes  
par des **fissures**.

Pulmo dexter,  
lobus superior

A. and v.  
thoracica interna

Pulmo dexter,  
lobus medius

Pulmo dexter,  
lobus inferior

Plevre pariétale

Pleura parietalis,  
pars mediastinalis

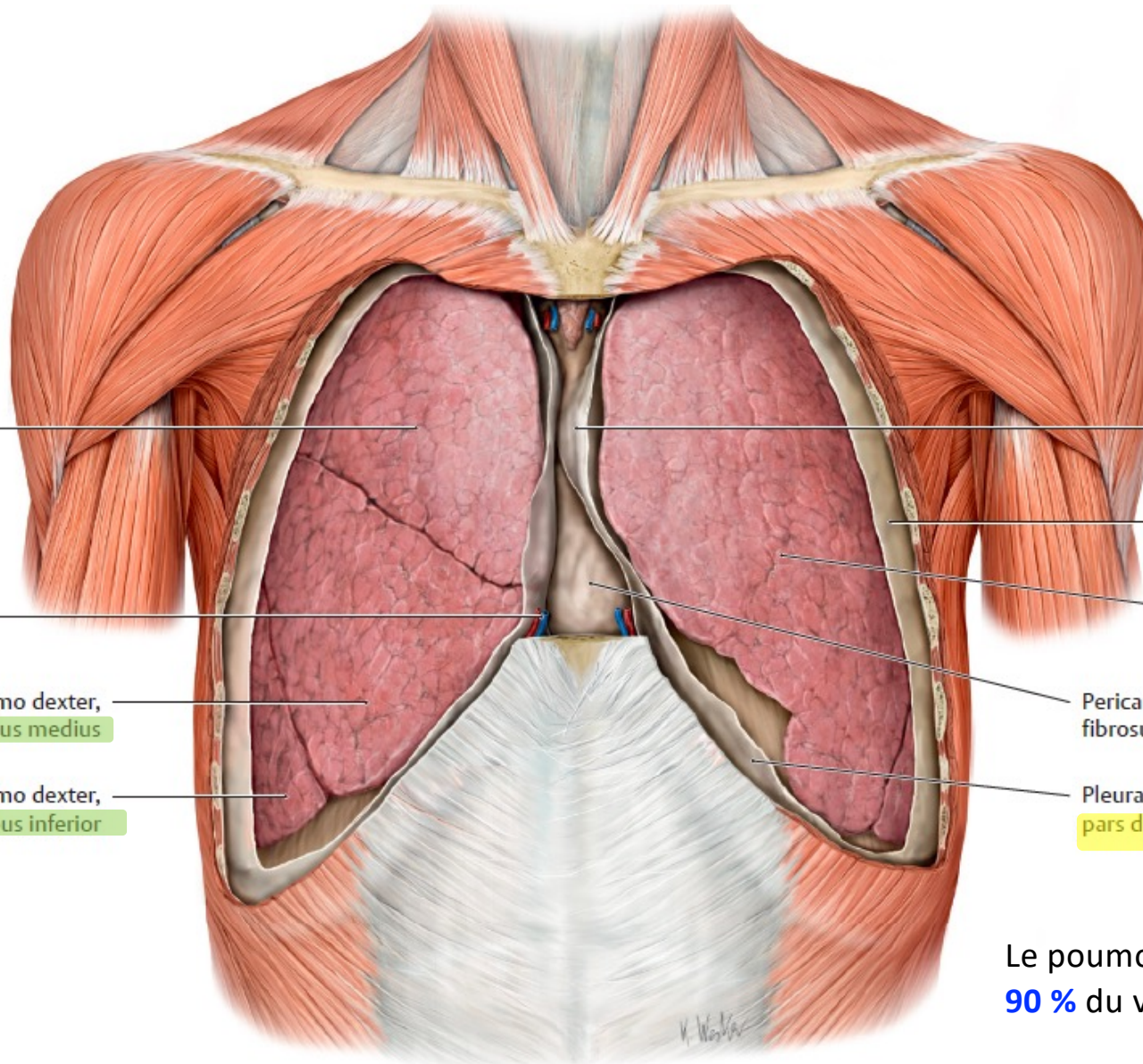
Pleura parietalis,  
pars costalis

Pulmo with  
pleura visceralis

Pericardium  
fibrosum

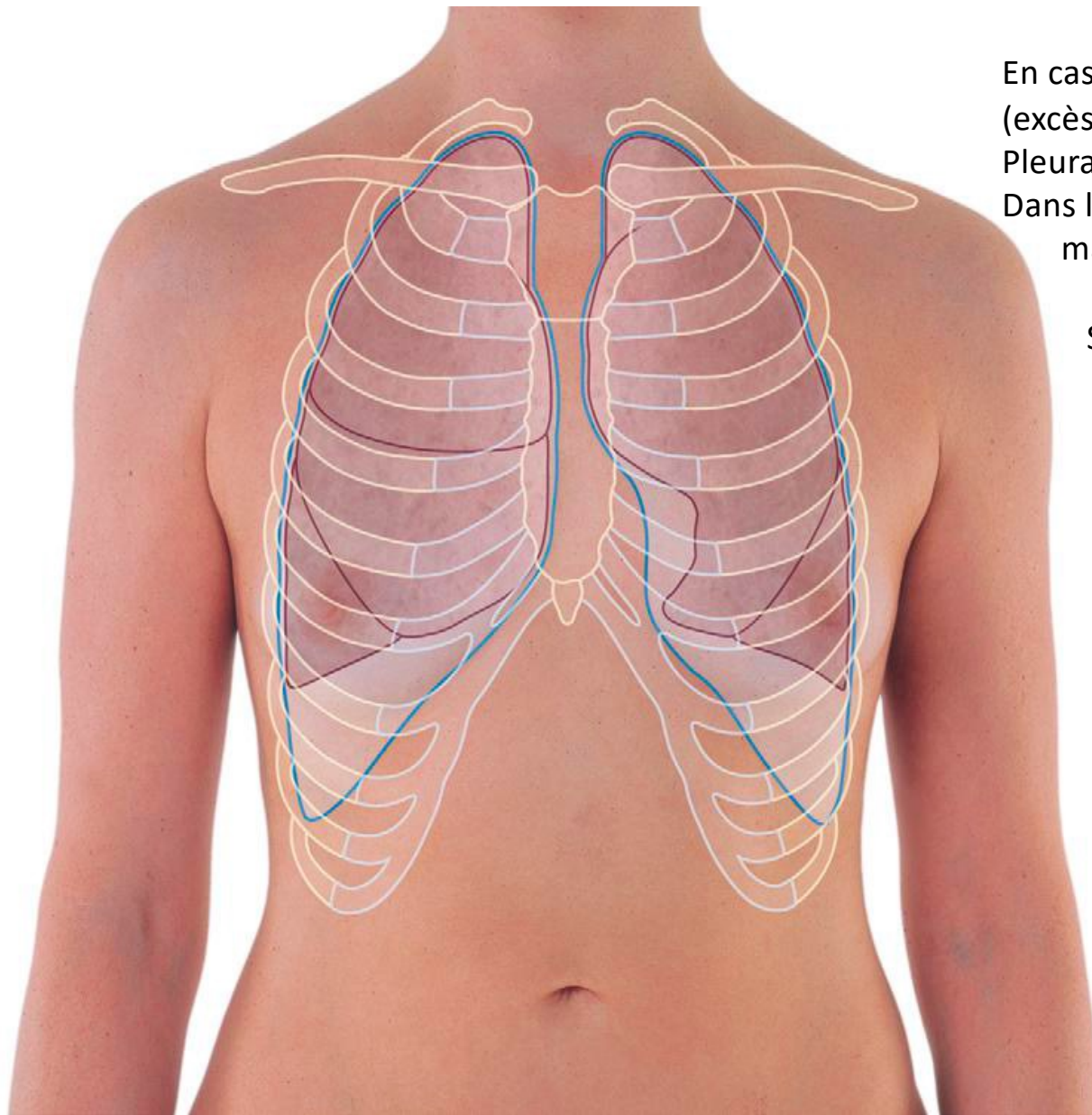
Pleura parietalis,  
pars diaphragmatica

Le poumon gauche est plus petit :  
**90 %** du volume du poumon droit.



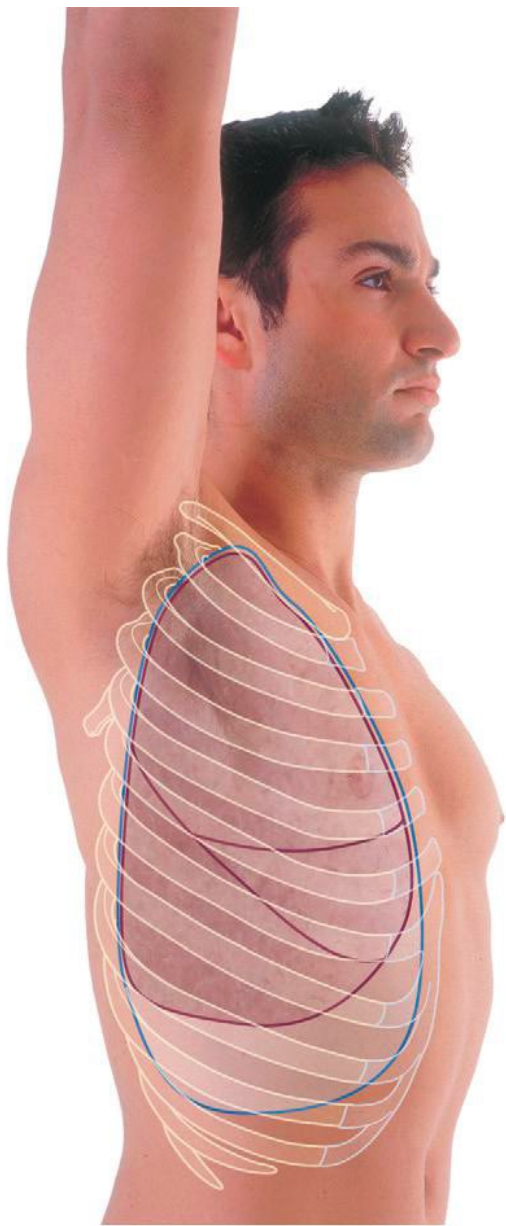
La **plèvre pariétale**  
descend plus bas  
que la plèvre viscérale :  
**récessus**  
**costo-diaphragmatique**

Vue antérieure

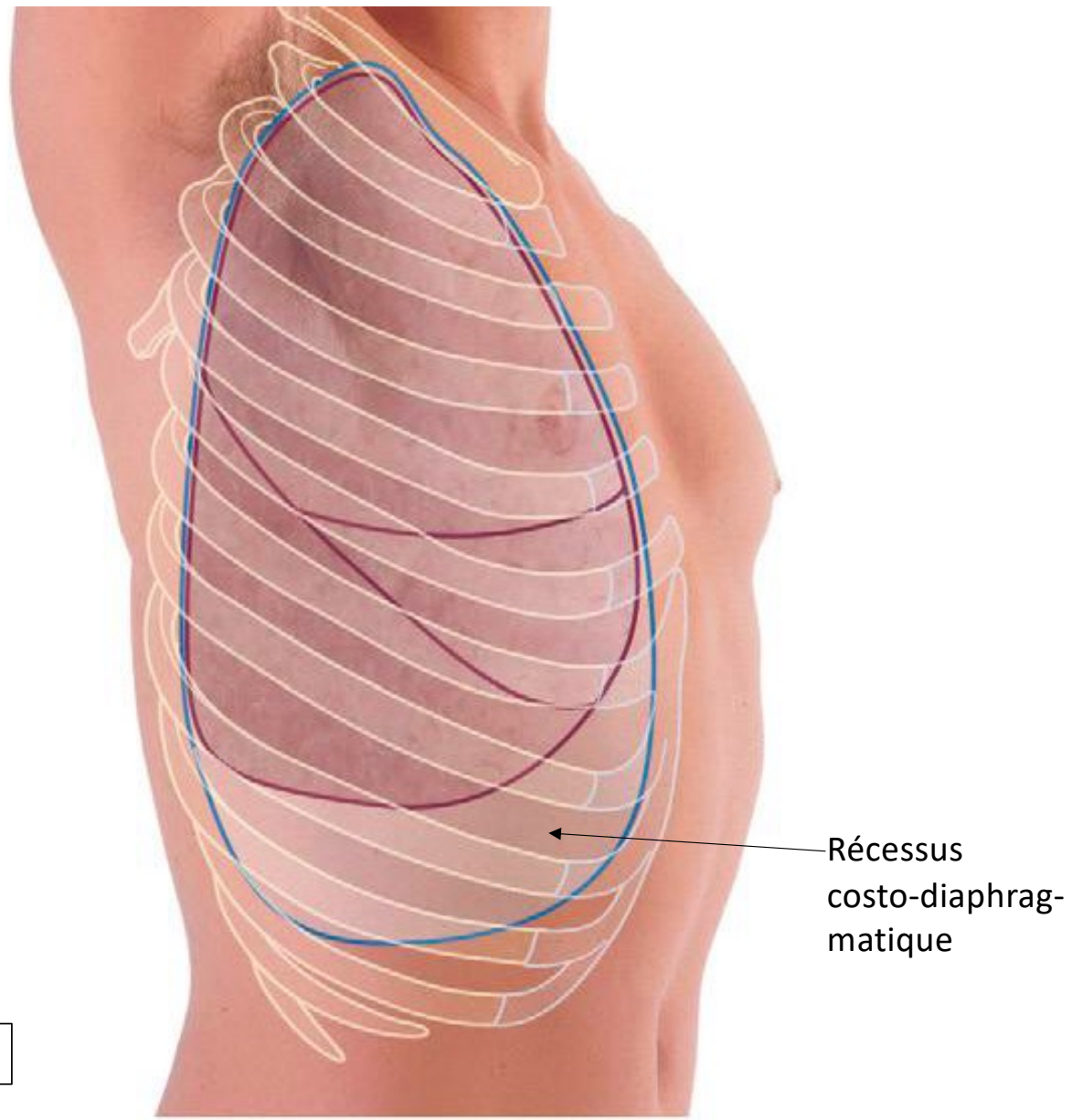


En cas d'épanchement pleural  
(excès de liquide dans la cavité  
Pleurale), le liquide s'accumule  
Dans le récessus costo-diaphrag-  
matique par gravité.

Si la personne est debout.

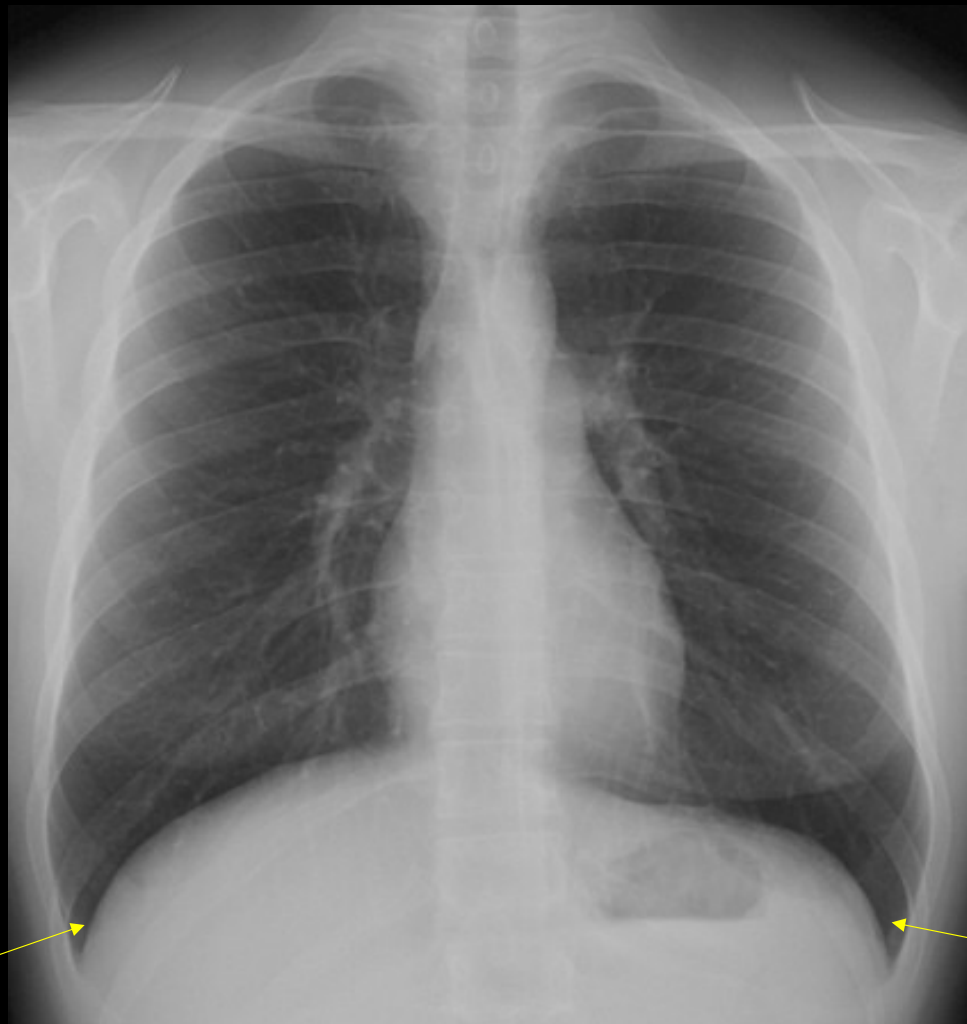


Vue latérale droite



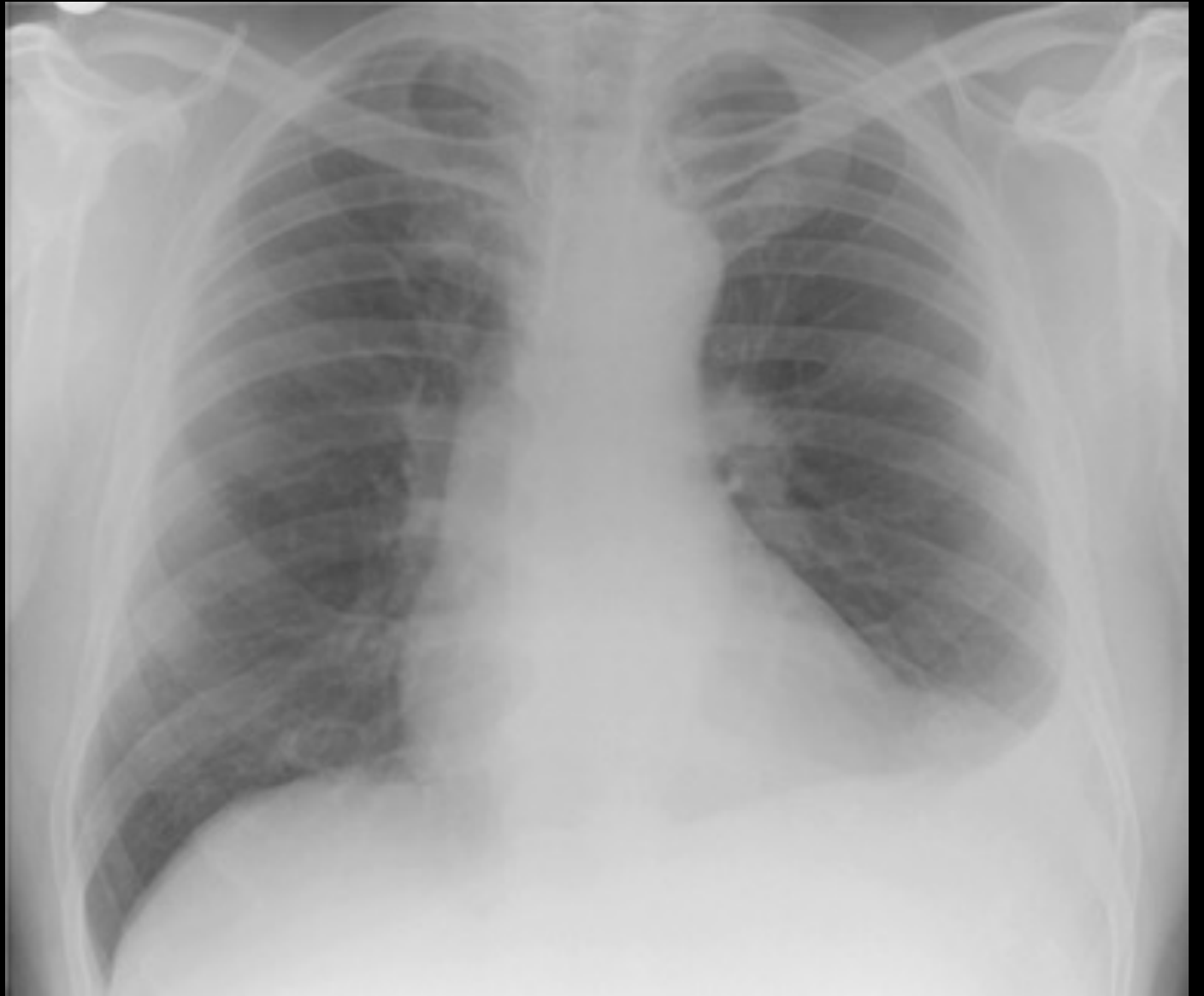
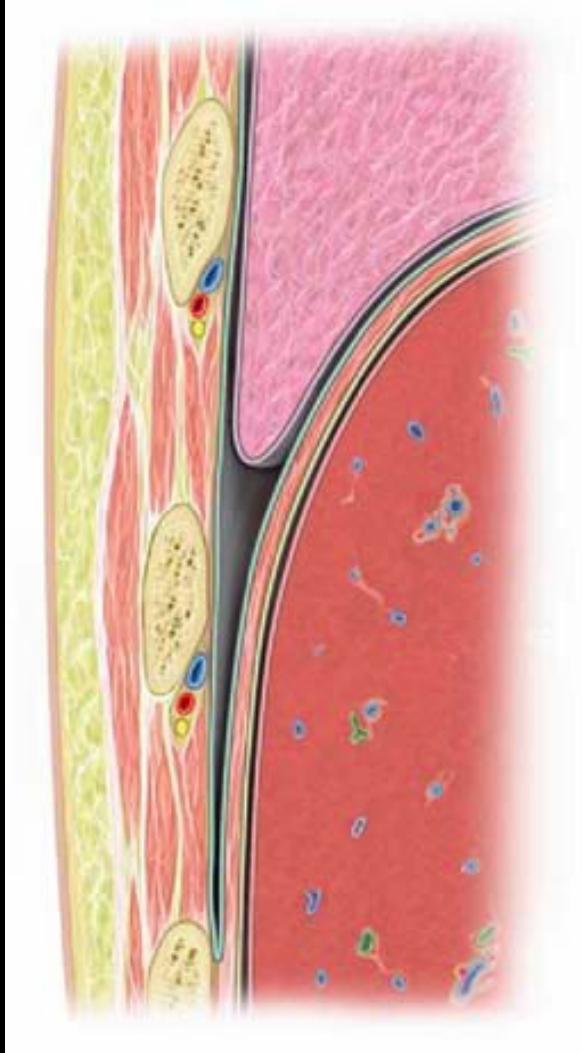
Récessus  
costo-diaphrag-  
matique

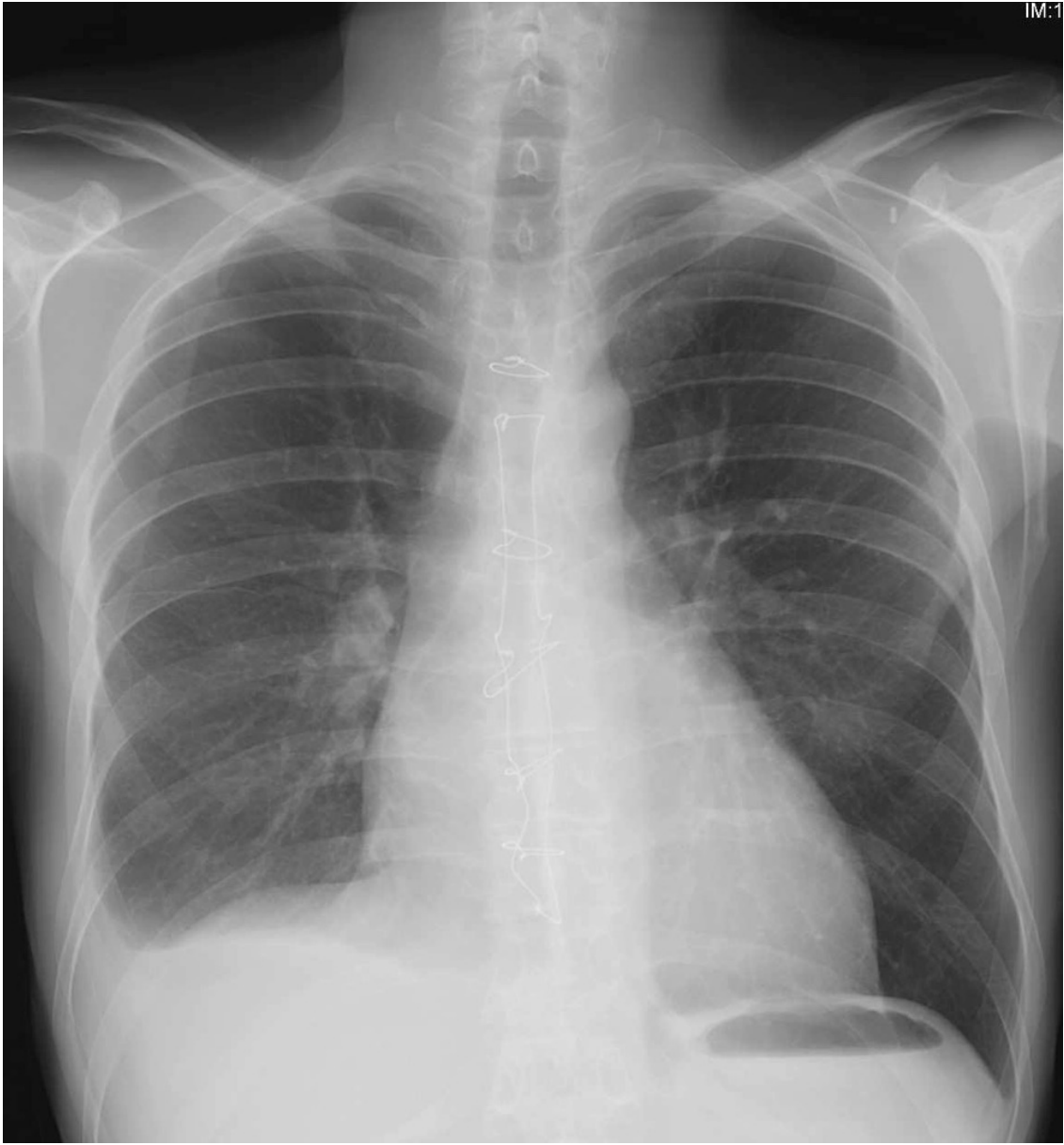
Radio normale,  
pas d'épanchement pleural



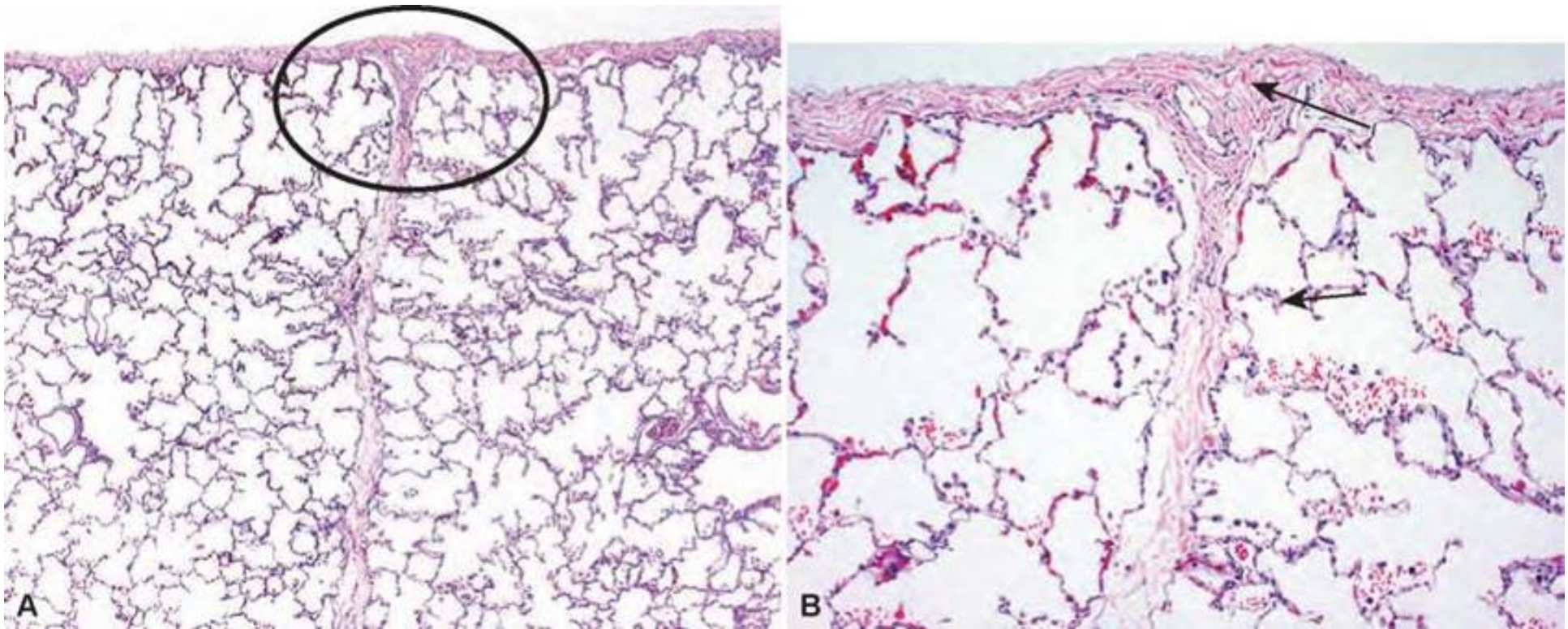
Angle costo-phrénique

Angle costo-phrénique

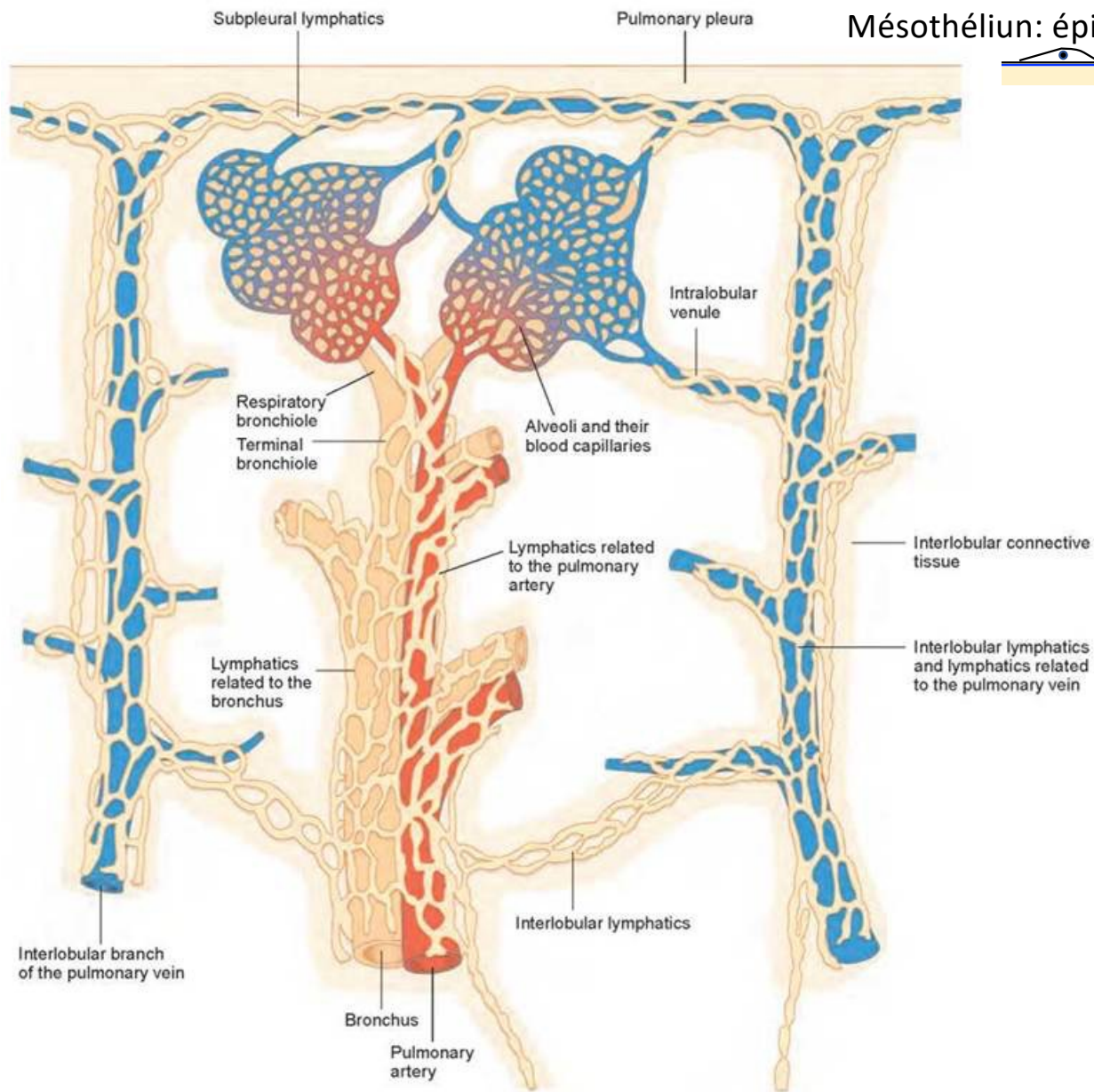




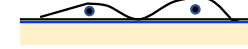
La plèvre viscérale est microscopique.



Comparez le diamètre moyen des alvéoles avec l'épaisseur de la plèvre viscérale.



Mésothélium: épithélium simple pavimenteux

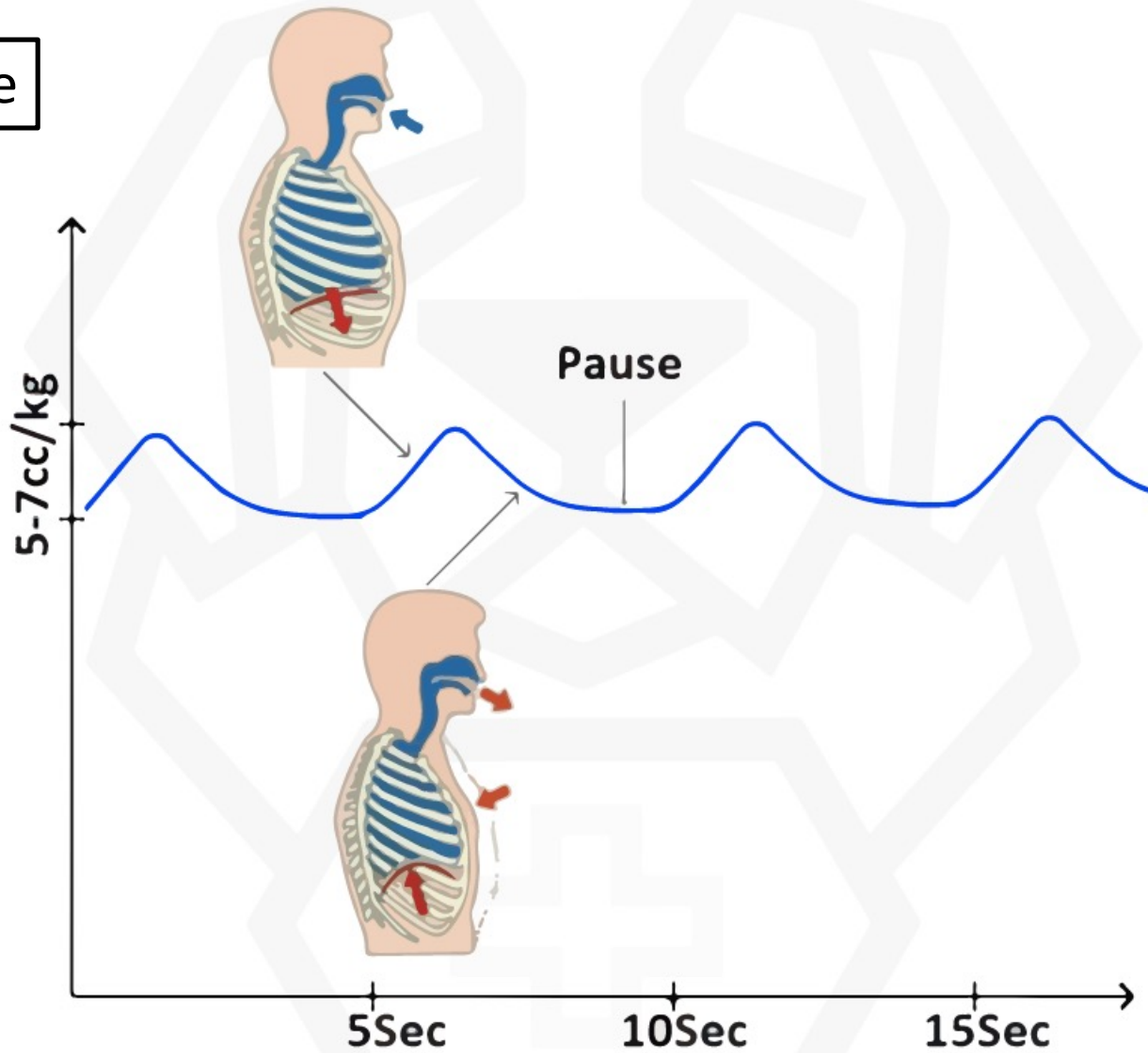


← membrane basale

# Cycle respiratoire

au repos

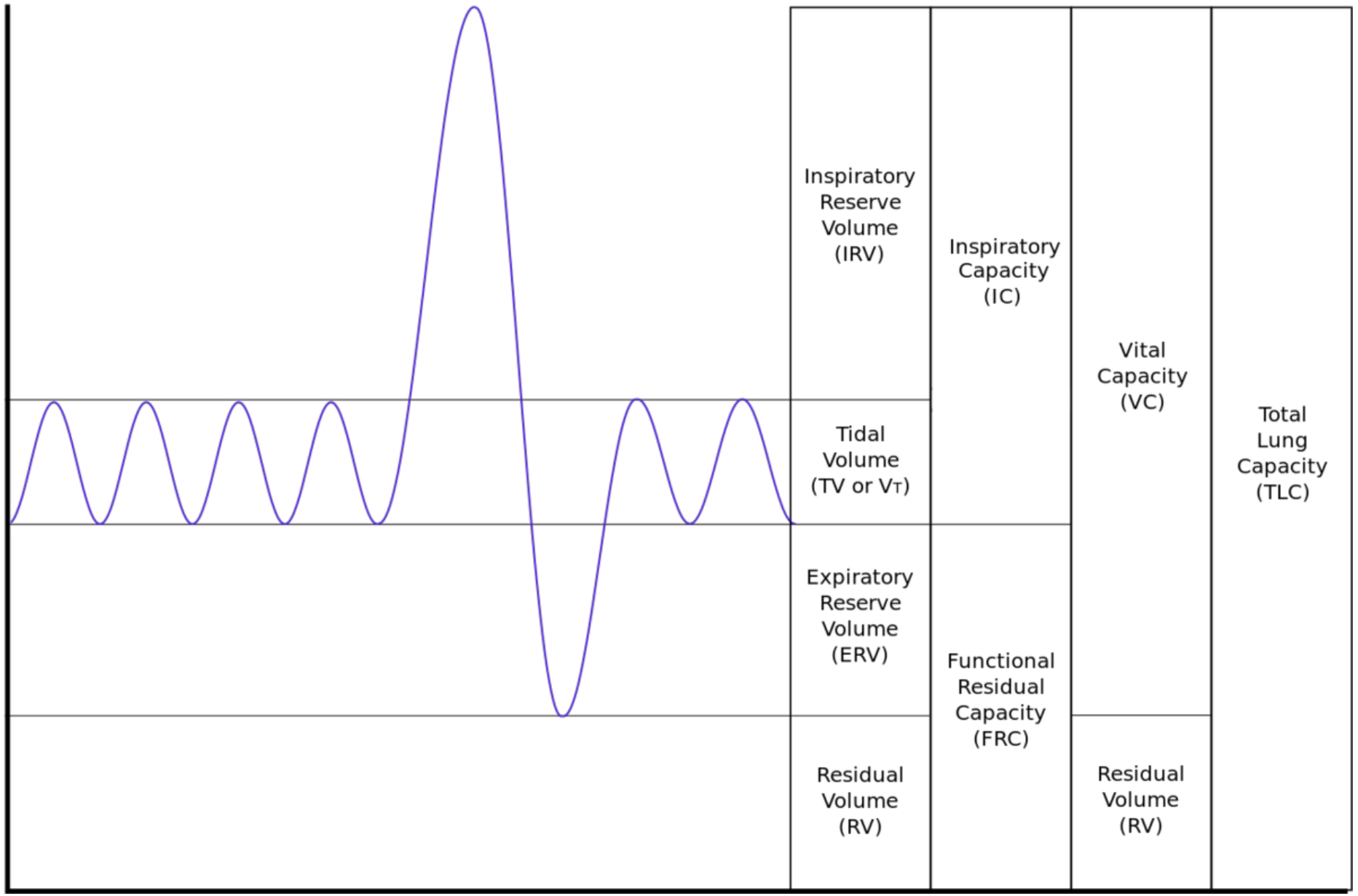
Pour une personne  
de 70 kg :  
 $7 \text{ mL} \times 70 = 490 \text{ mL}$



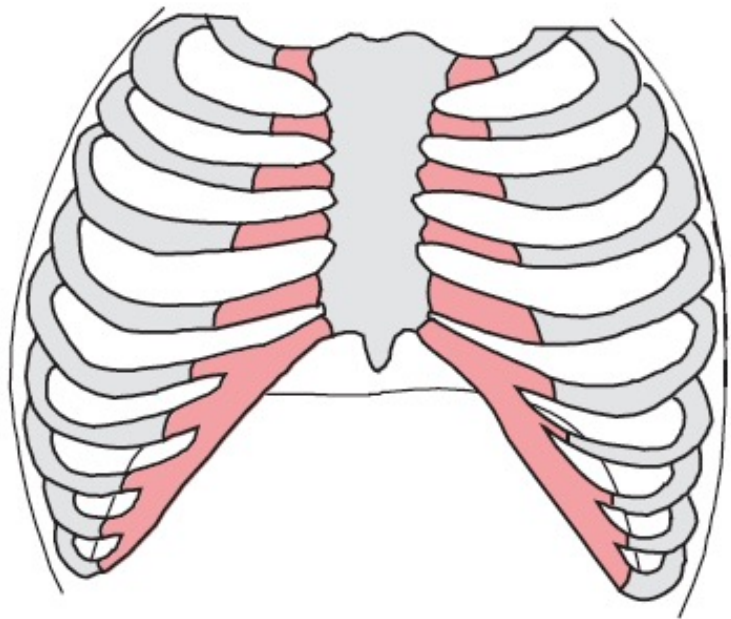
80 x 70  
= 5.6 litres

**Volume (ml/kg)**

80  
37  
30  
15  
0

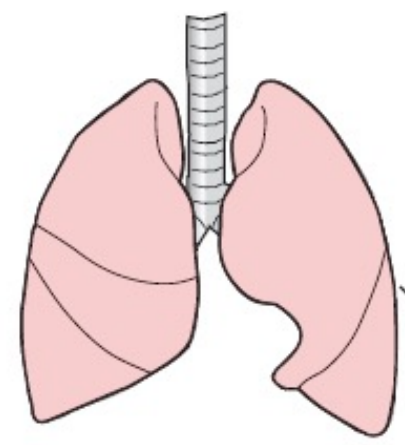


Chest wall



Chest wall equilibrium position

Lung



Lung equilibrium position

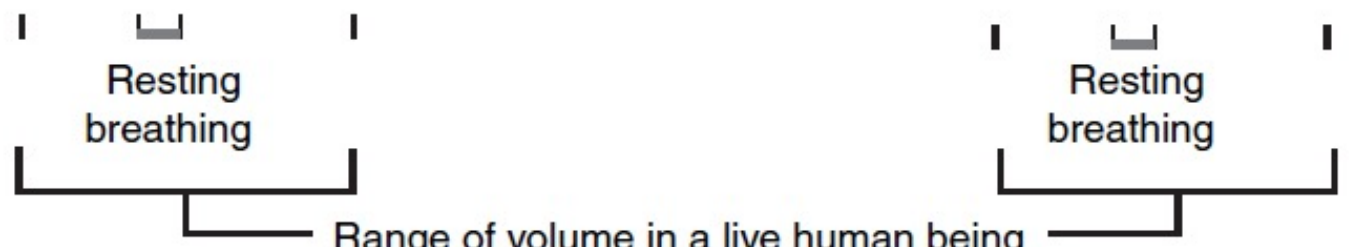


Resting breathing

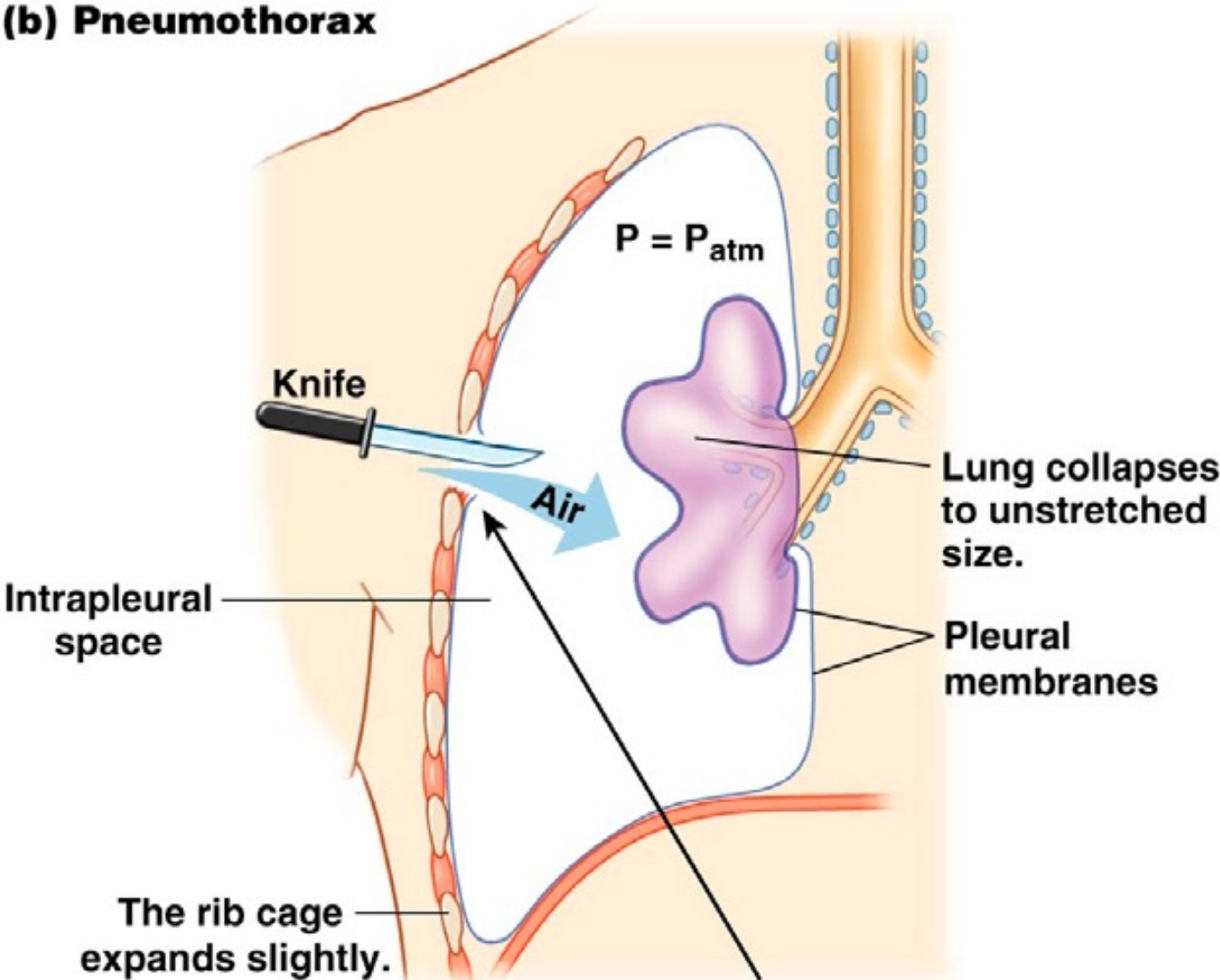


Resting breathing

Range of volume in a live human being

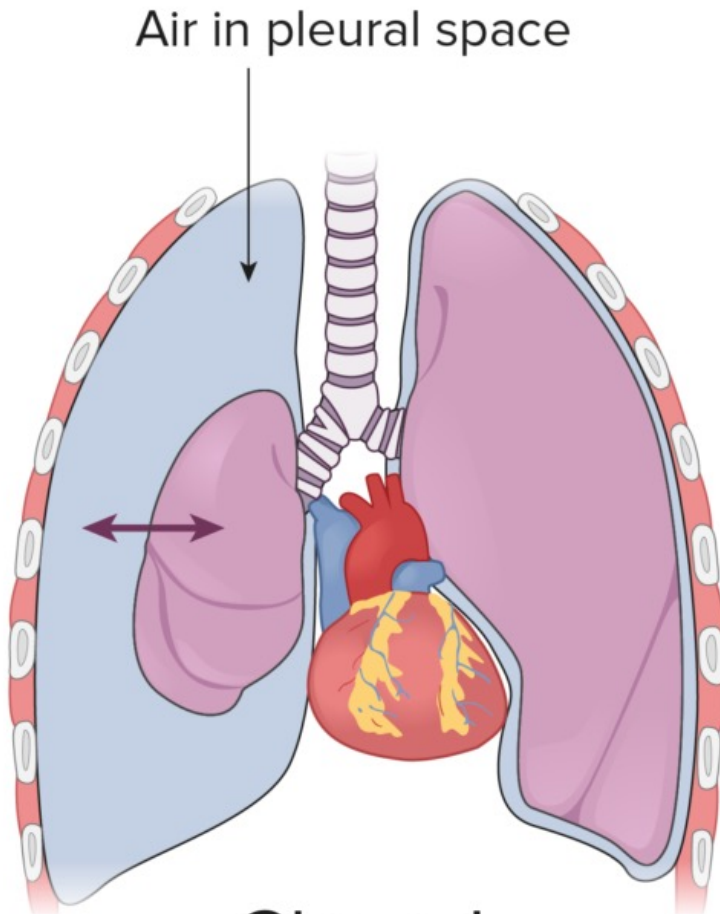


**(b) Pneumothorax**

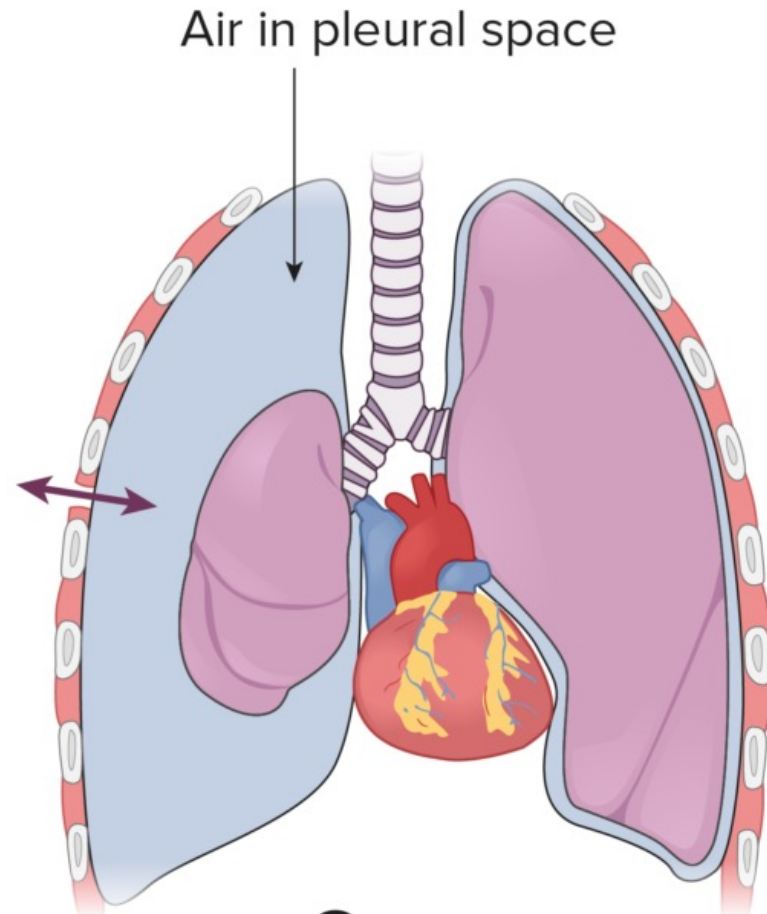


If the sealed pleural cavity is opened to the atmosphere, air flows in.





Closed  
pneumothorax



Open  
pneumothorax